



# Bicester West Health Route

Follow the blue line around a circular 5km route, in the Bure Park neighbourhood of Bicester. Does 5km feel to far? Try 1km first?

**Distance** 5 kilometers / 3.1 miles

**Duration** 1 hour and 10 minutes



Wildlife



Wheel friendly



Public transport



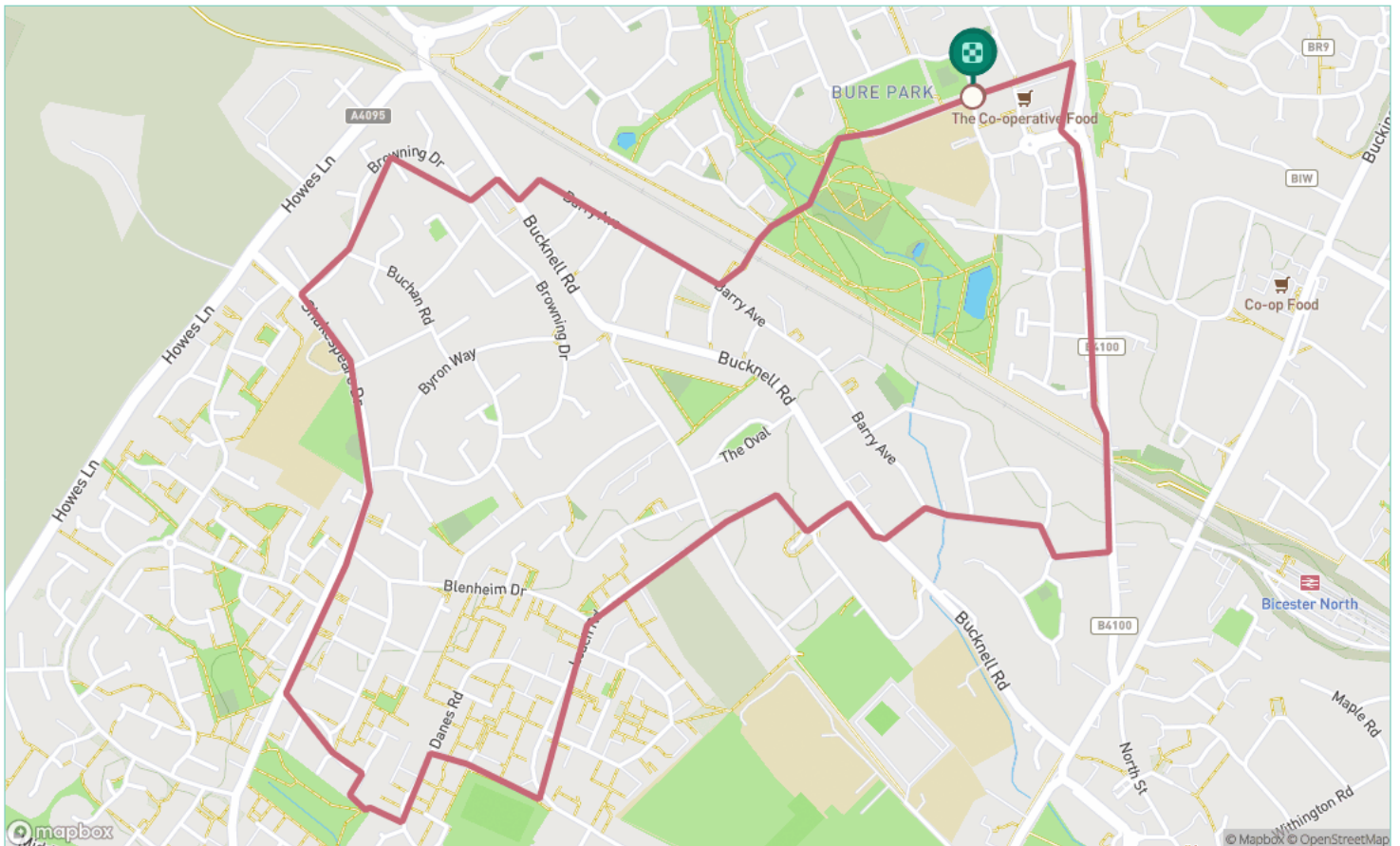
Picnic spot



Dog friendly

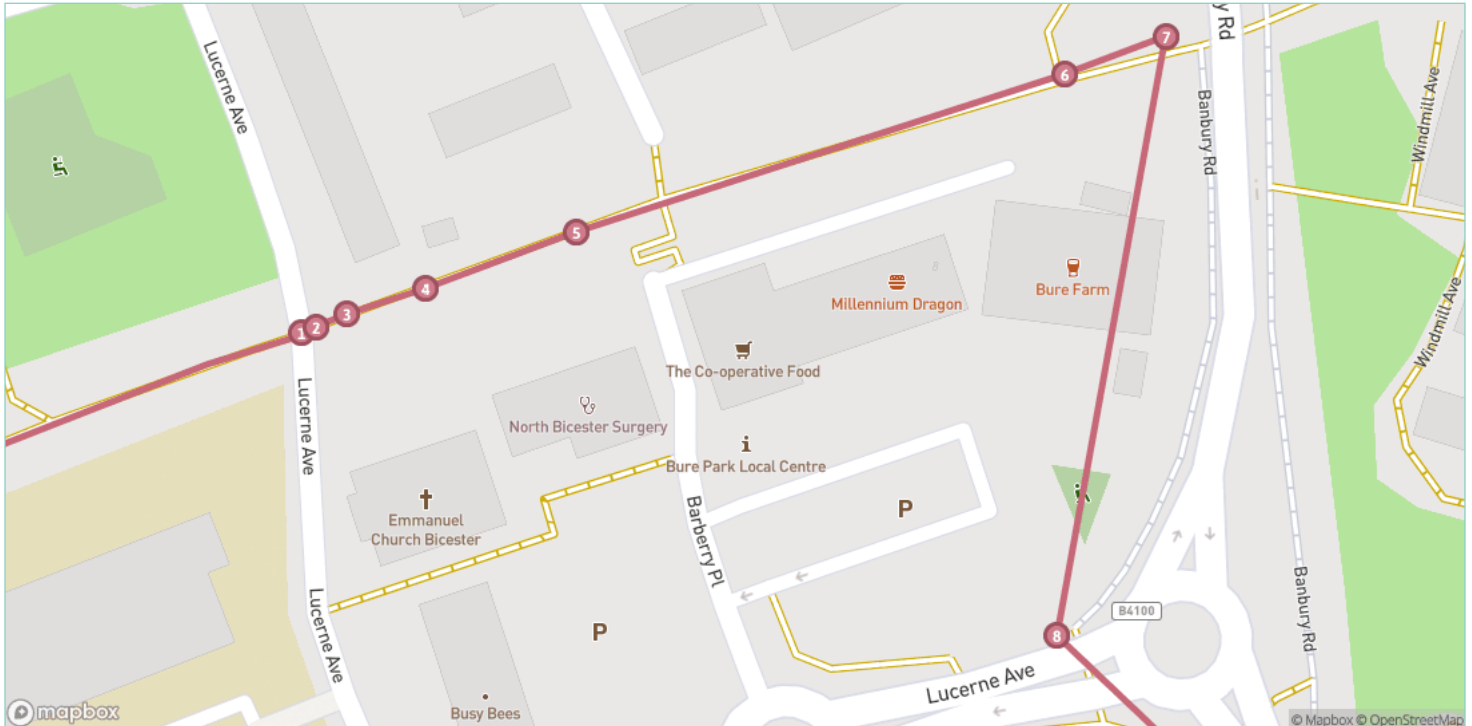


Child friendly



Disclaimer: Directions are provided as guidance only. Weather, construction, closures or other factors may affect routes. Please take care when crossing roads and avoid private land. Always follow local signage and use common sense.

Created by Go Jauntly Ltd © 2023. Last Updated: 27 October 2023.



**Step 1:** This walk was created in partnership with Cherwell District Council. Enjoy over 30 walks across North Oxfordshire and experience the sights and sounds of nature as you go.

**Step 2:** This walk starts off Lucerne Avenue behind the Emmanuel Church in Barbary Place (OX26 3HA). Look for the 'Start' sign on the floor.

**Step 3:** To make it easier, we will be following the blue line around this circular route. Complete the full loop and you will have undertaken approx. 7,000 steps – a good way towards the recommended daily exercise! If 5k feels too far...

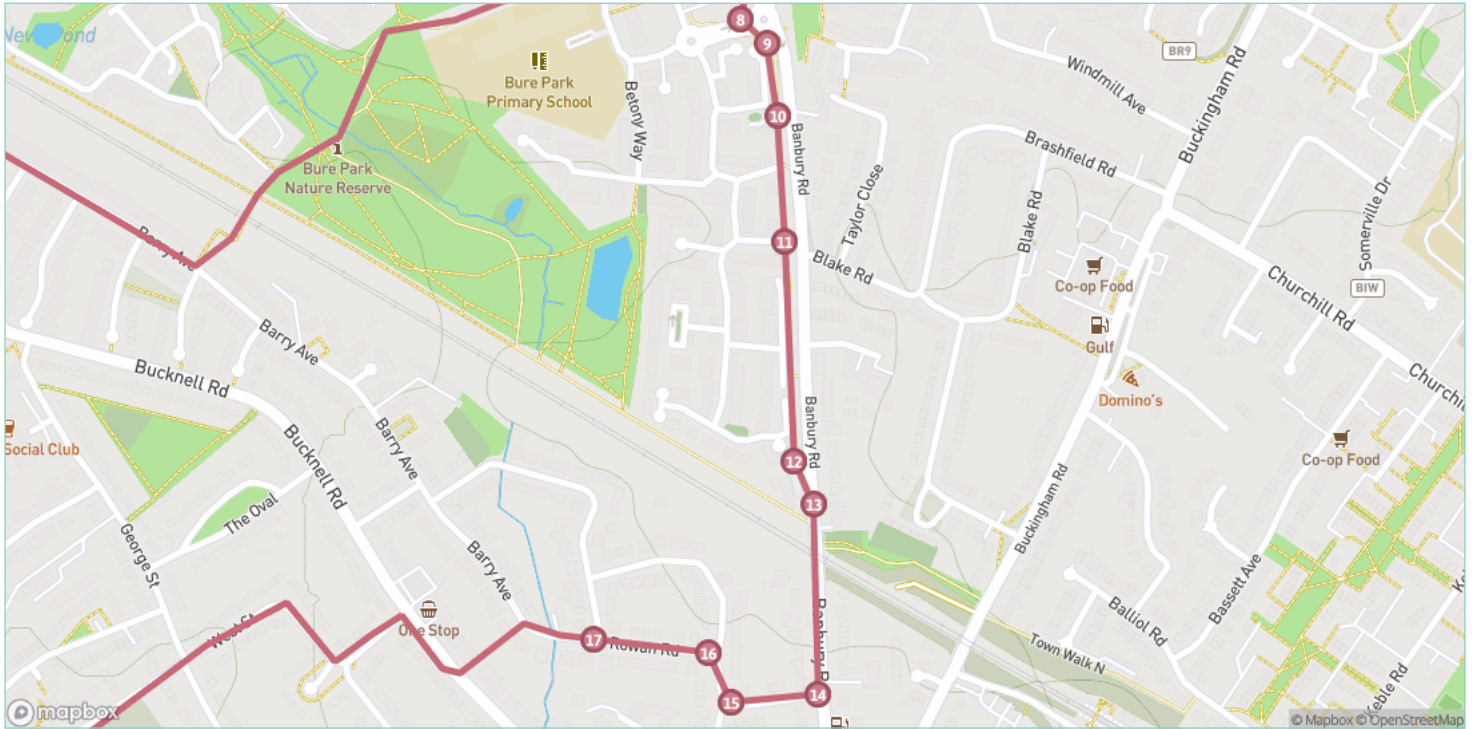
**Step 4:** ...start small and aim to walk 1k. Ten minutes of brisk walking can really help give you a boost. Ok so let's step to it. Continue ahead. You can use the blue line to keep you on track or follow on with the app.

**Step 5:** Why not have a go at the hopscotch and fun activities painted on the ground.

**Step 6:** At the end of the path, go through the metal barriers.

**Step 7:** Turn right along Banbury Road.

**Step 8:** Carefully cross the road at the round about.



**Step 9:** And continue along Banbury Road.

**Step 10:** The pavement splits away from the road onto its own dedicated path for a while.

**Step 11:** That is 0.5k done already, only another 4.5k to go!

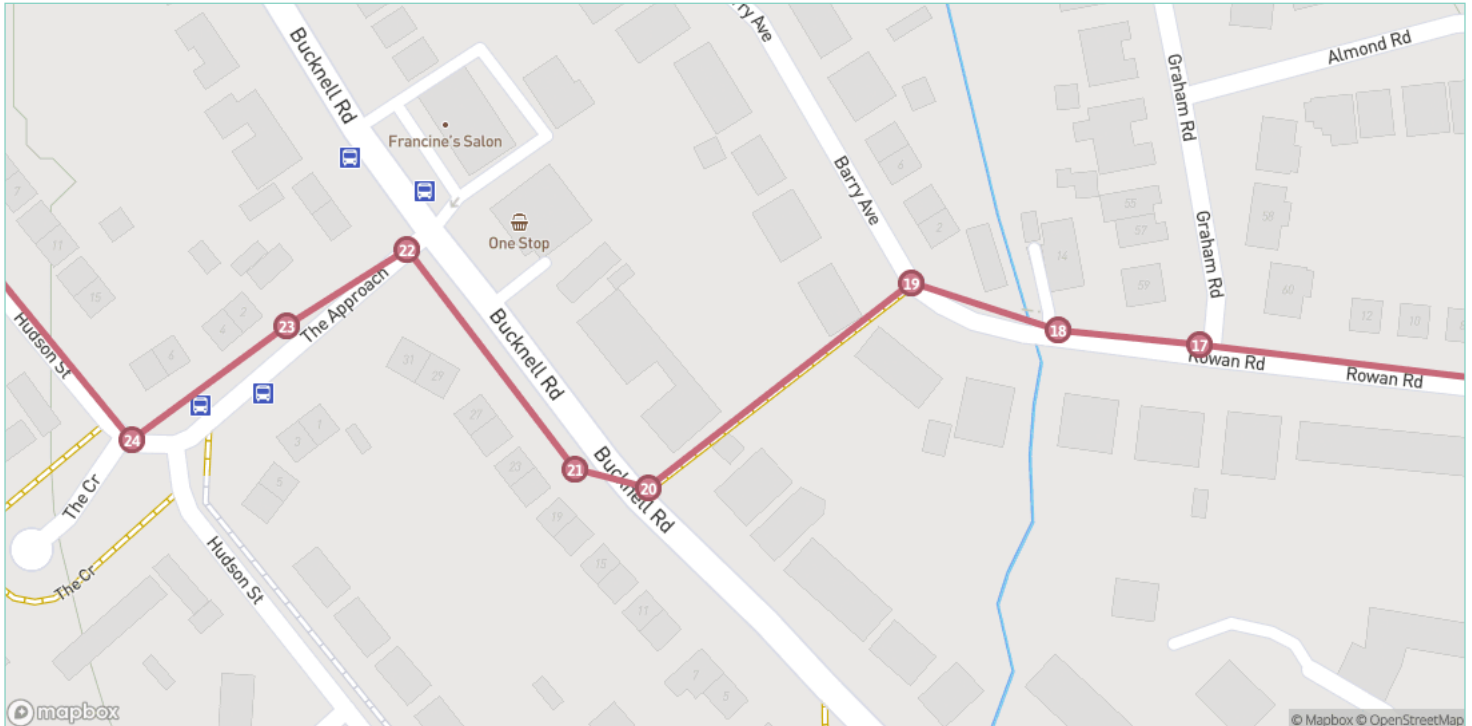
**Step 12:** The path joins back with the main road.

**Step 13:** We pass Bure Park Nature Reserve on the right. You will get the chance to see and explore some of this area towards the end of your walk.

**Step 14:** Turn right onto Rowan Road.

**Step 15:** 🎉 The first 1k is done, great work 🎉

**Step 16:** Cross Almond Road and continue along Rowan Road.



**Step 17:** Cross Graham Road and carry on along what is now Barry Avenue.

**Step 24:** As we follow the road around to the right onto Hudson Street and then West Street we pass the 1.5k marker. How are you feeling?

**Step 18:** Carefully cross Barry Avenue to the other side following the blue line. Enjoy the greenery in people's front gardens along the way.

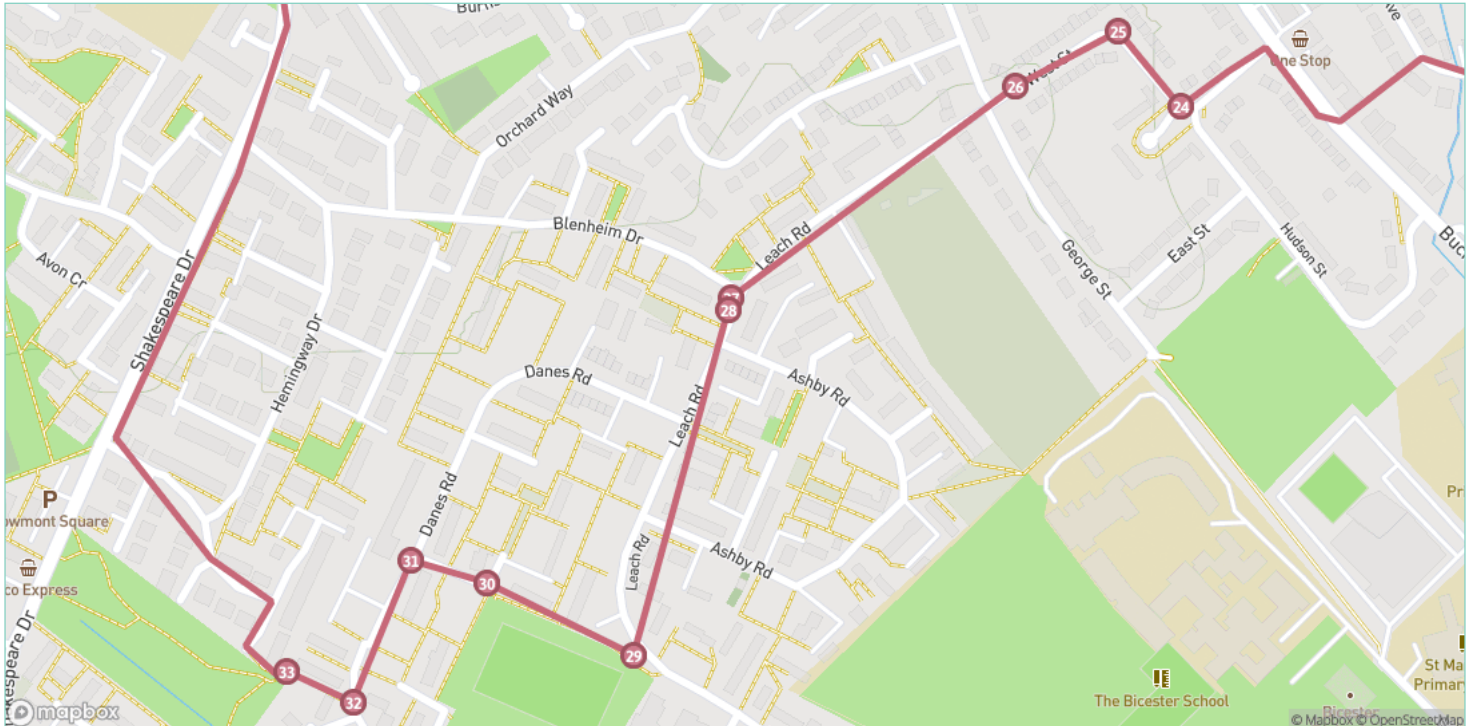
**Step 19:** Look for the alleyway on the left.

**Step 20:** At the end of the alleyway turn right onto Bucknell Road.

**Step 21:** Cross the road to the other side following the blue line.

**Step 22:** Turn left onto The Approach. The pavement is slightly narrow here. Cross the road to the other side following the blue line.

**Step 23:** Look up, as there may be Red Kites flying above the houses. Can you spot any?



**Step 25:** Follow the path as it curves to the left.

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**Step 26:** Cross over George Street, continue straight along Leach Road. Notice the allotments as you go.

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**Step 27:** 🦋 As we cross over Blenheim Drive we hit the 2k marker 🦋 Keep it up.

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**Step 28:** Look out for these markers on the lamp posts as you go around.

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**Step 29:** Cross Danes Road and as Leach Road bends to the left, turn right on to the path between the houses and the park.

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**Step 30:** At the end of the path continue along the residential Langford Gardens.

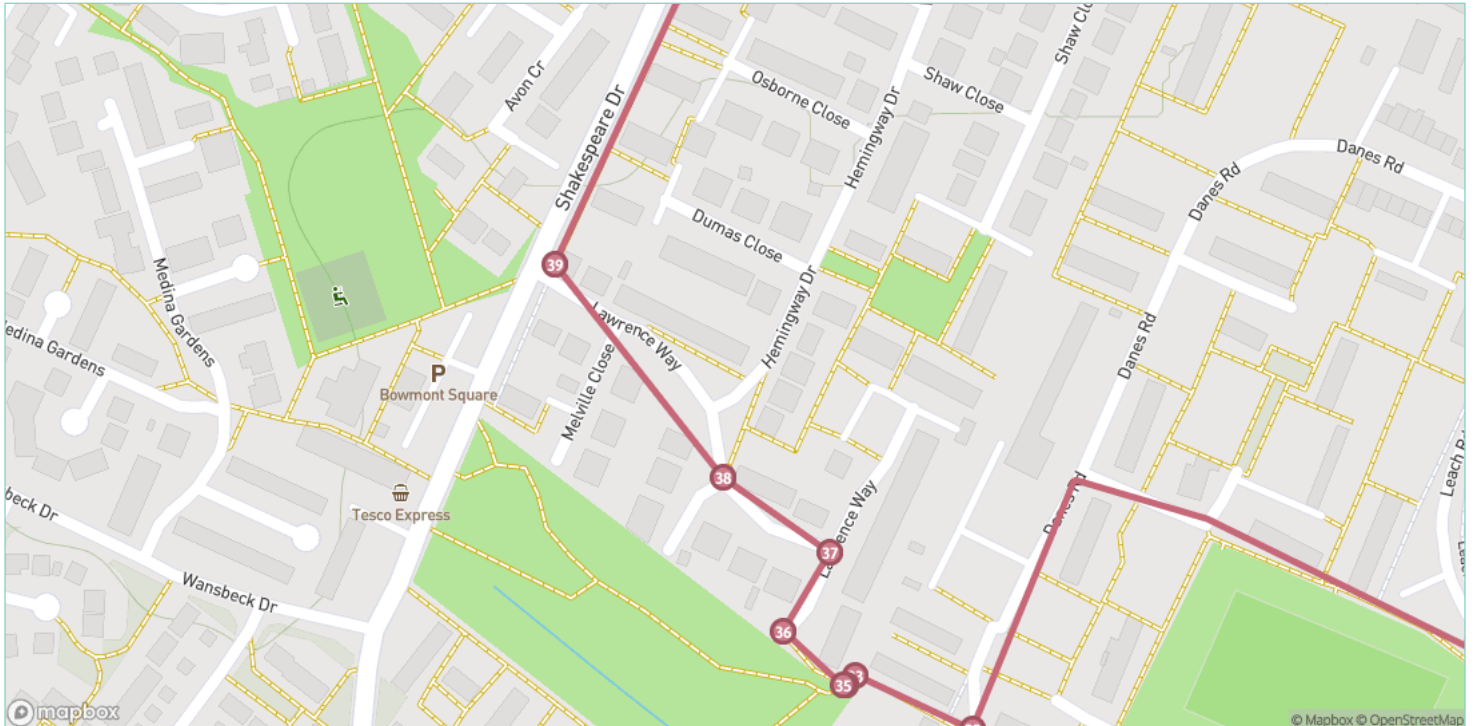
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**Step 31:** At the end of the road turn left onto Danes Road. Then cross the road to the other side following the blue line.

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**Step 32:** Look for the little alleyway between the houses to the right.

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**Step 33:** Turn left and see ahead of you a sign and entrance to a green area known locally as Dangerfield - much nicer than it sounds!

**Step 34:** You could take a short stroll around the meadow and woodland and spot the nature information posts before rejoining the route here.

**Step 35:** Continue along the path and you'll soon pass the 2.5k point, the half way mark.

**Step 36:** At the end of the alleyway turn right onto Lawrence Way.

**Step 37:** Take the first left.

**Step 38:** Continue along Lawrence Way. Cross the road to the other side following the blue line.

**Step 39:** Turn right onto the path alongside Shakespeare Drive.



**Step 40:** 🦿 Passing over the 3k marker 🦿

**Step 41:** The path opens up to join the main road, crossing over Blenheim Drive again.

**Step 42:** Followed by Burns Crescent and Brook Road.

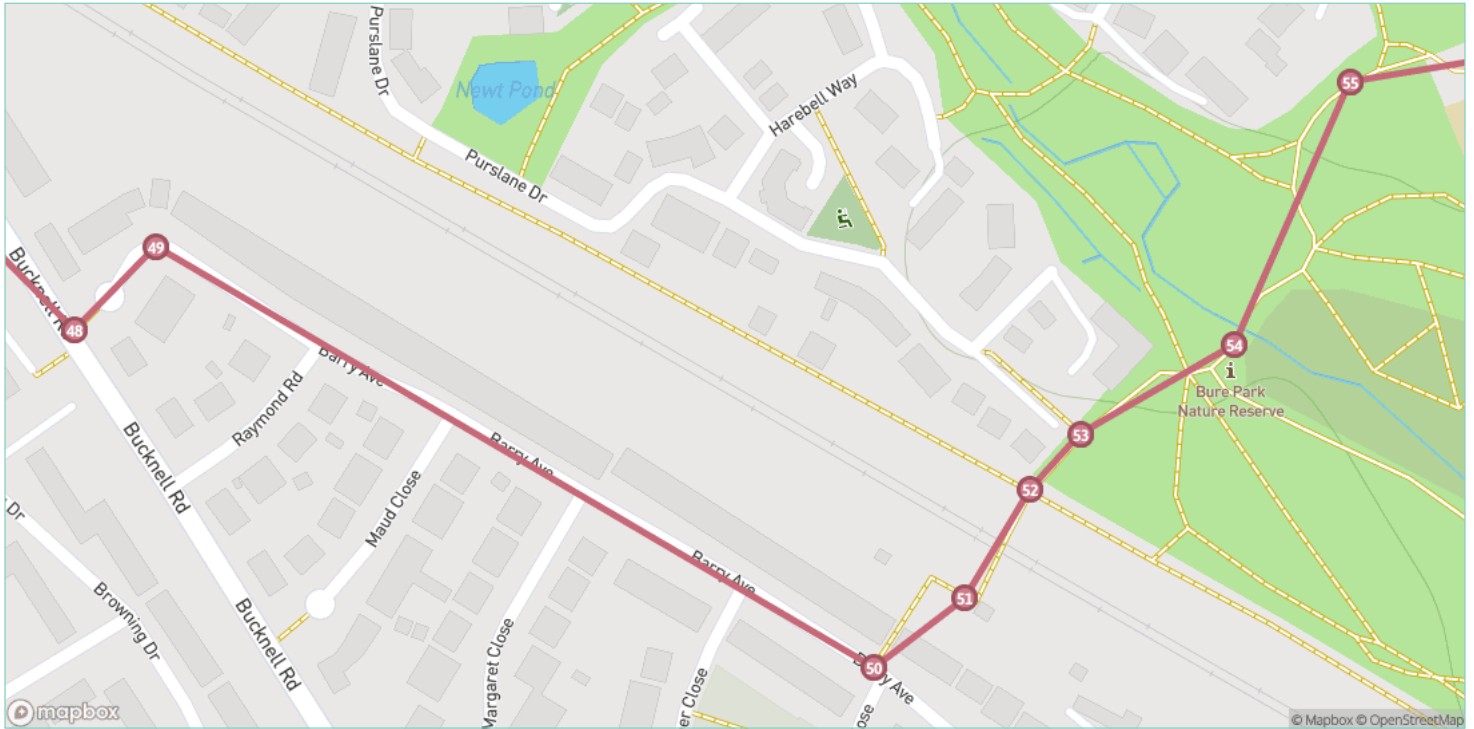
**Step 43:** Turn right onto Browning Drive, passing the 3.5k marker.

**Step 44:** Cross over Buchan Road and continue ahead.

**Step 45:** Continue along Browning Drive as it bends around to the right.

**Step 46:** Cross Browning Drive and turn left onto Kingsley Road.

**Step 47:** 🦿 Only 1k to go, we are on the final stretch now, keep going! 🦿



**Step 48:** Carefully cross Bucknell Road and find the small gap with a path taking you to Barry Avenue.

**Step 49:** Continue along Barry Avenue.

**Step 50:** Until you reach a path leading to Bure Park on your left.

**Step 51:** Follow this and go through the tunnel under the railway line.

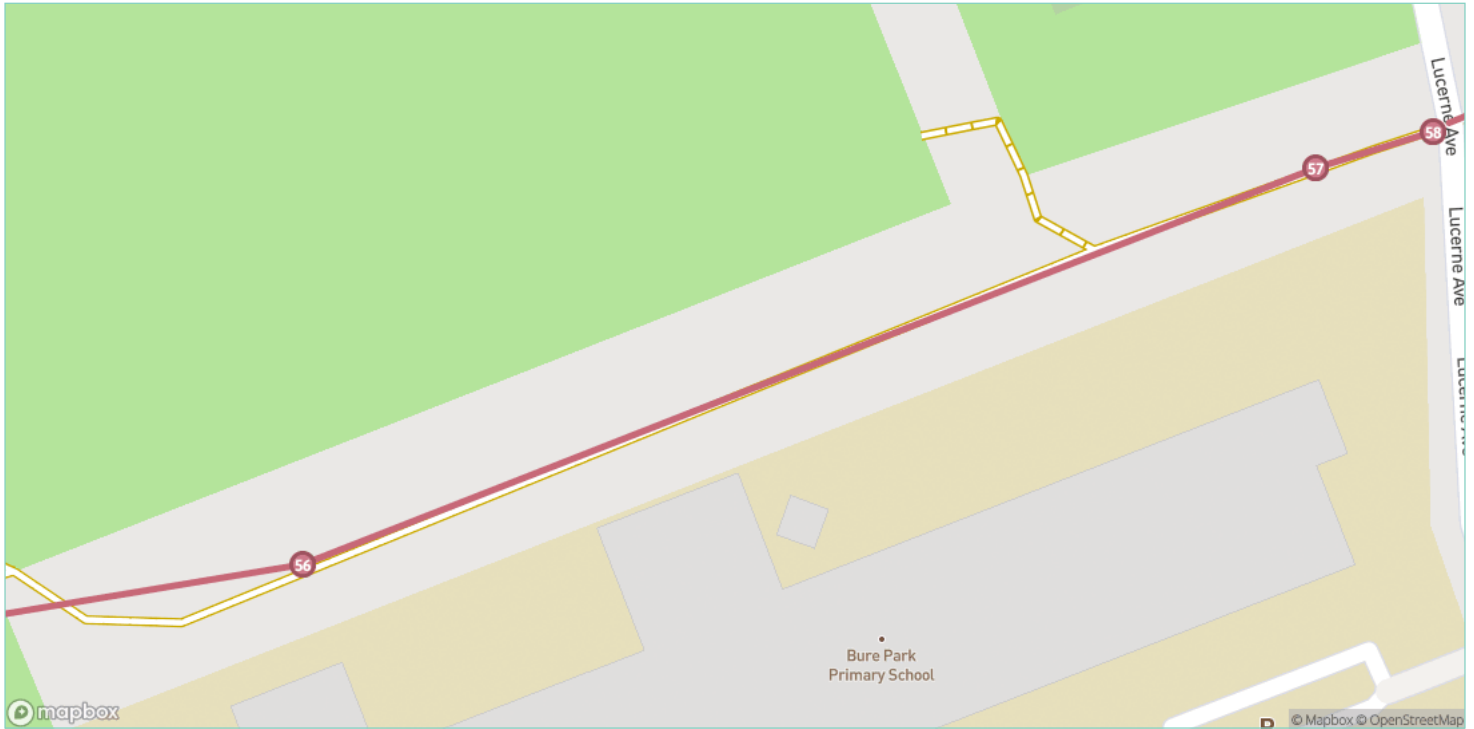
**Step 52:** Enter the beautiful Bure Park and follow the main path ahead.

**Step 53:** Passing the 4.5k marker, only half a kilometre to go!

**Step 54:** Cross the bridge over the stream with these great graphics on the path.

**Step 55:** Continue along the main path as it bends off to the right.





**Step 56:** This is the final stretch now, only a few more metres to go...

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**Step 57:** 🎉 Well done you have made it to the end and completed the 5k challenge. 🎉 Why not challenge yourself to another walk in the app next week?

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**Step 58:** Or why not come back another time and explore the lovely Bure Park Nature Reserve?

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