



Rimrose Valley and Canal Walk

Explore the park, woodland and Leeds and Liverpool Canal towpath in this lovely Liverpool circular walk. Will you find the metal toadstool?

Distance 4.2 kilometers / 2.6 miles

Duration 1 hour and 15 minutes



Wildlife



Water feature



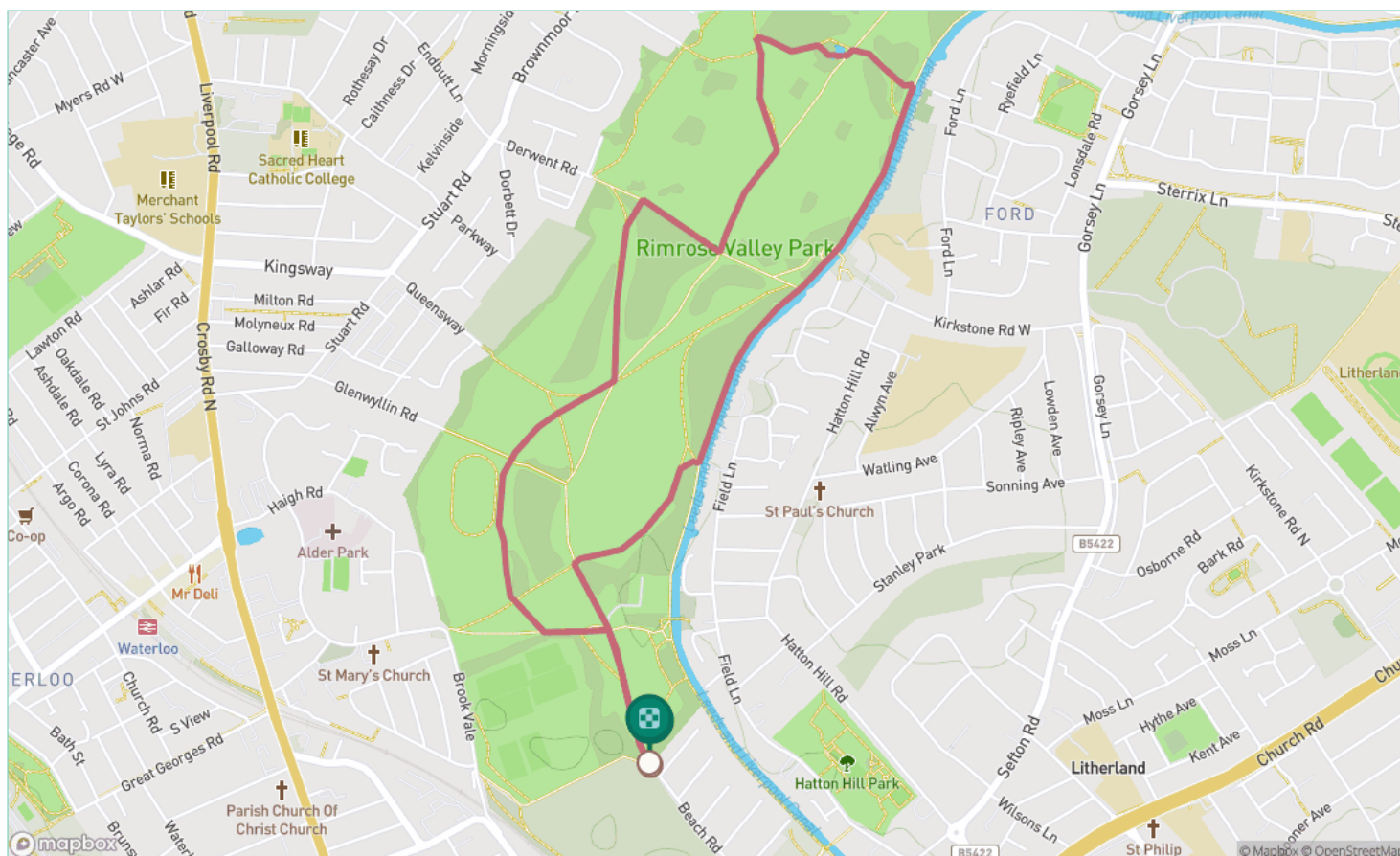
Great views



Dog friendly



Child friendly



Disclaimer: Directions are provided as guidance only. Weather, construction, closures or other factors may affect routes. Please take care when crossing roads and avoid private land. Always follow local signage and use common sense.

Created by Go Jauntly Ltd © 2026. Last Updated: 04 September 2026.



Step 1: Start at Beach Road, make your way through the blue railings to enter the park. Seaforth & Litherland is the nearest station.

Step 2: Exit on the other side and make your way towards the main path.

Step 3: Welcome to Rimrose Valley Country Park. It was historically a domestic refuse tip until 1978. The restoration began in 1993.

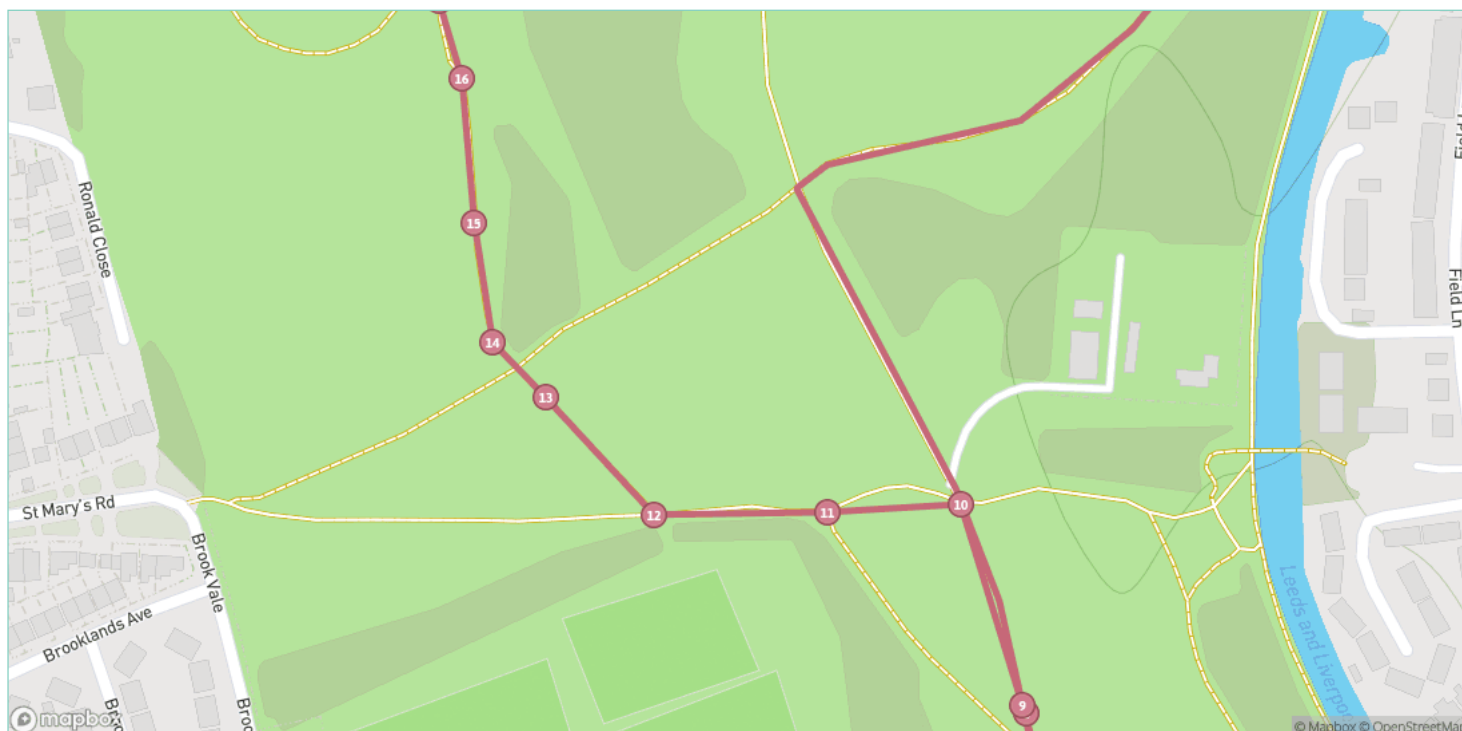
Step 4: You'll find lots of lovely plants and wildlife across the park. These deep purple berries are elderberries.

Step 5: Continue straight along the main path.

Step 6: Keep an eye out for the plants and flowers growing alongside the path. So many different shapes and textures.

Step 7: The park was officially opened to the public in 2001 and has become a favourite space for locals to walk, jog and socialise in the outdoors.

Step 8: These densely clumped flowers are from the wild carrot plant. The leaves had a mild scent of carrots when rubbed.



Step 9: Keep going along the main path.

Step 10: Take the path to your left.

Step 11: Follow the path along beneath the trees. Some welcome shade on a sunny day.

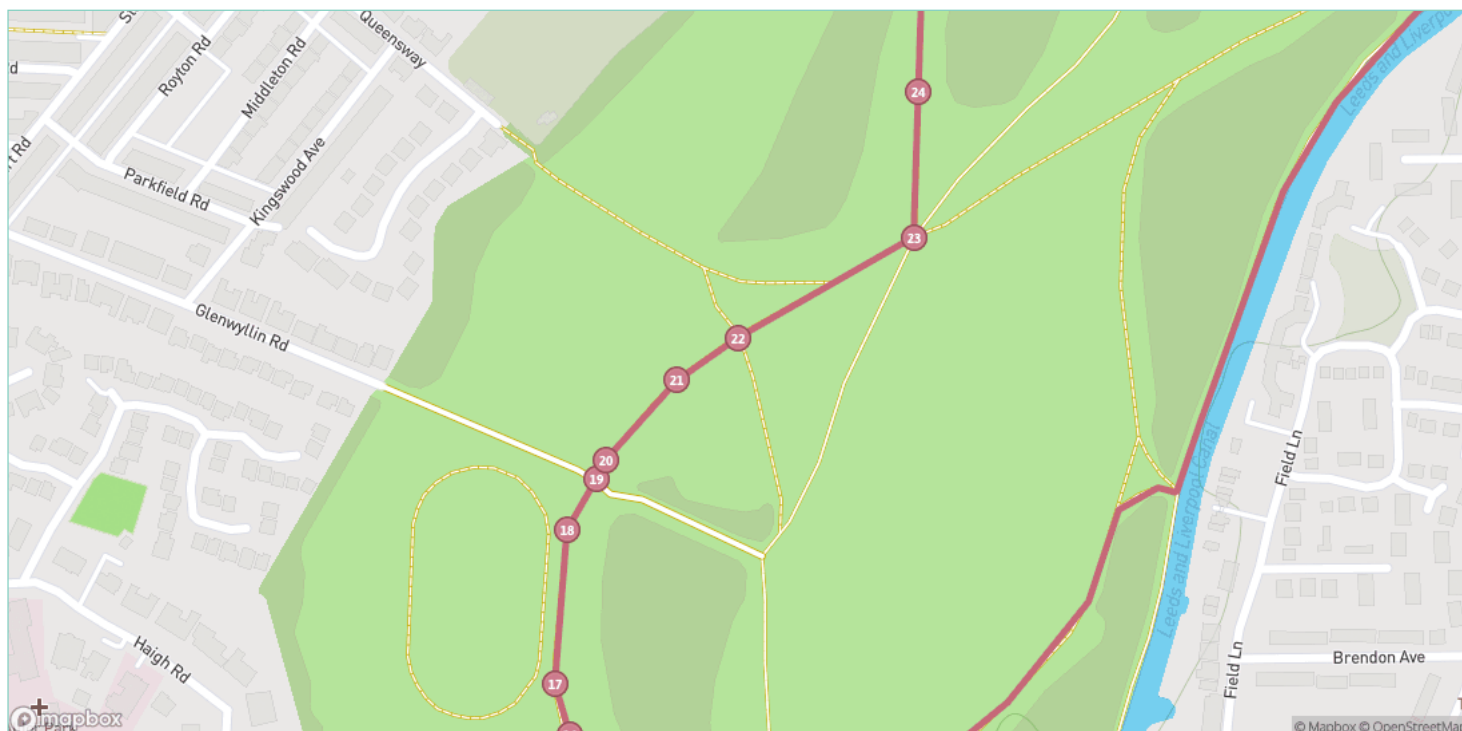
Step 12: At the next junction, take the grass path to your right. Be careful as the ground is uneven in some places.

Step 13: Follow the route through the long grass. At the crossed path section, carry straight on.

Step 14: The park is supported by a local community group called the Rimrose Valley Friends. They help keep the park lovely and cared for.

Step 15: While it is a fairly new park, there are some impressive trees helping to develop the woodland areas.

Step 16: Continue along the grass path. You'll spot some wider paths at the top. This is a running track.



Step 17: This is called Chaffers Running Track. It is well used within the community.

Step 18: Follow the path around, making your way toward the barriers.

Step 19: Cross over the path to rejoin the grass path on the other side.

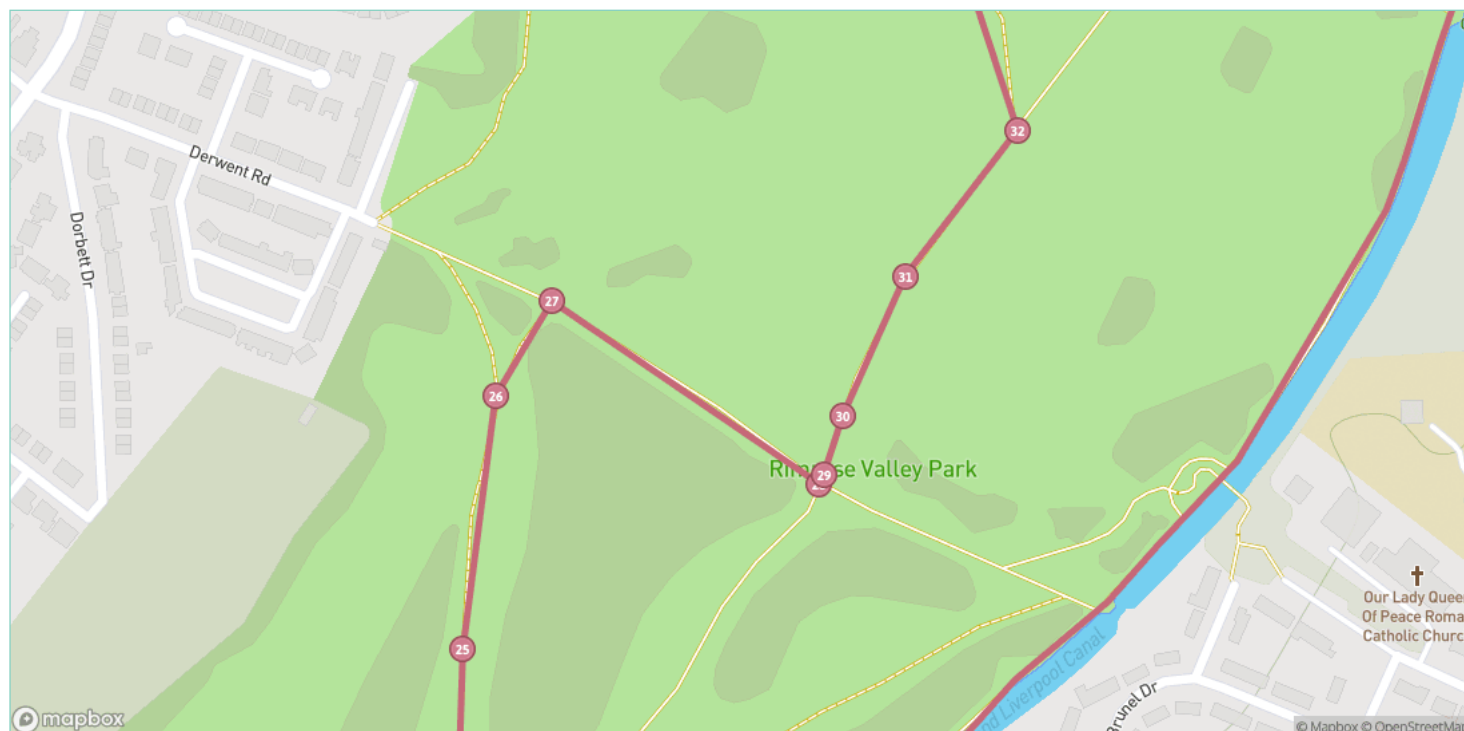
Step 20: Continue along the grass path. Be careful of your footing in places as it can be quite lumpy.

Step 21: This prehistoric looking plant is the broadleaf plantain. It has long been used in herbal medicine and for rubbing on nettle stings.

Step 22: Follow the path up the hill.

Step 23: When you get to the fork in the path, take the first path to your left and continue ahead.

Step 24: These lovely yellow flowers popping up in the grass are common ragwort. It is a flower loved by bees. Keep going along the path.



Step 25: If you're here early in the morning, or at dusk, you might be lucky enough to spot small deer around this part of the park.

Step 26: Continue ahead and ignore the path on the left.

Step 27: At the end of the dirt path, join the hard standing path and follow it to your right.

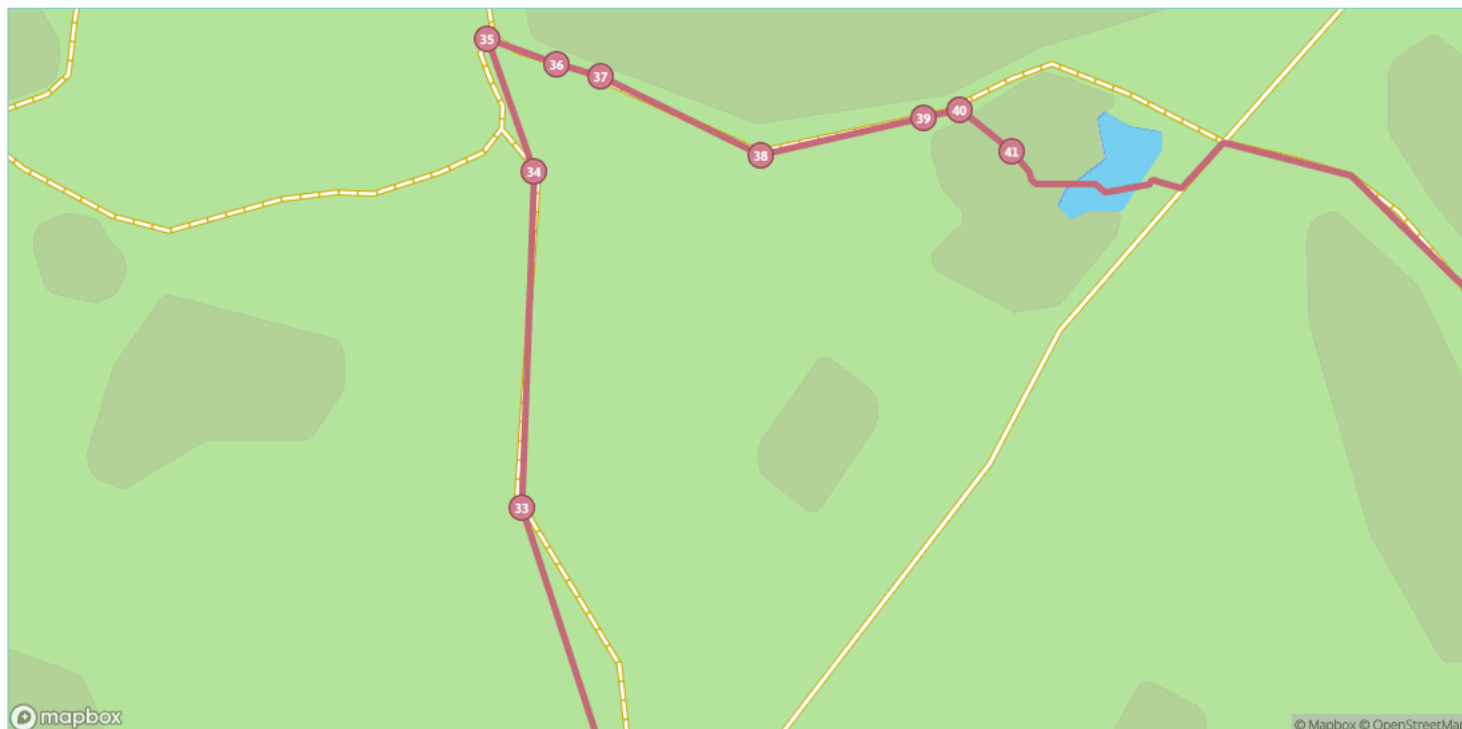
Step 28: Make your way alongside the pylon. If the weather is damp, listen out for the cracking sound. This is called "corona discharge".

Step 29: When you reach the finger marker, take the path to your left. If you're here in summer, why not listen out for crickets?

Step 30: This spicy plant is the gorse. In the spring, it's covered in pretty yellow flowers that have a light coconut scent to them.

Step 31: Keep going along the path. See if you can spot some butterflies enjoying fluttering through the grass.

Step 32: At the fork, take the dirt path to your left. Be careful of your footing as it can be a little uneven in places.



Step 33: The spikes of pink flowers popping up over the grass are willowherb. They're a common meadow flower in the UK.

Step 34: Continue along the dirt path to make your way towards the houses in the distance.

Step 35: Take the path to your right and continue ahead.

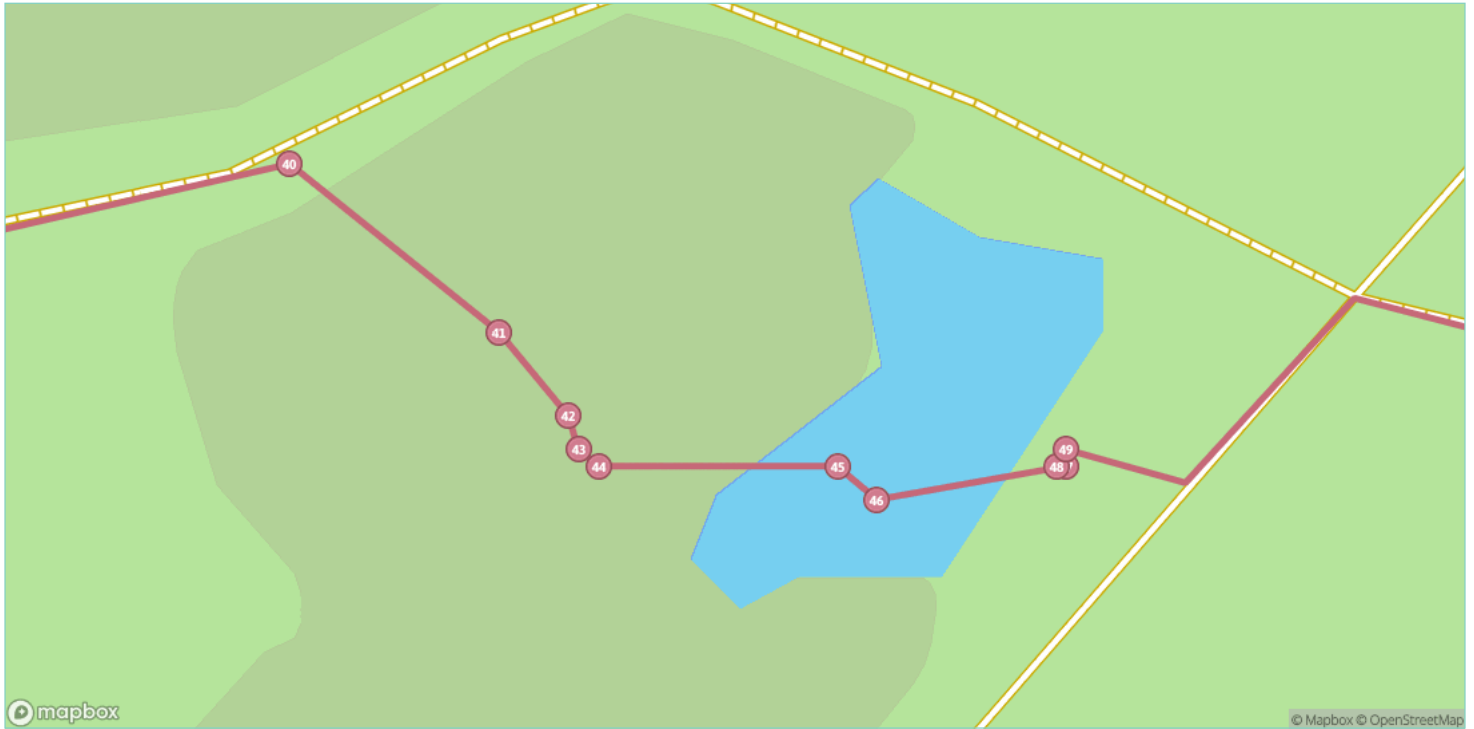
Step 36: Look around you as you make your way down the path. It's nice to see so much of the sky.

Step 37: Do you recognise the wavy leaves of the oak tree?

Step 38: Carry on making your way along the path. We are on the hunt for a couple of secret sculptures.

Step 39: Make your way onto the woodland.

Step 40: Take the little path to your right to head deeper into the trees.



Step 41: You'll spot a small toadstool! Make your way over to have a closer look.

Step 42: The toadstool is a well known landmark in the park and the Friends group use it as a meeting point.

Step 43: It has been made using local metalwork and fabrication skills to celebrate the park's vibrant natural fungi and wildlife. It stands as a symbol of pride and resistance against industrial encroachment to ensure a green corridor.

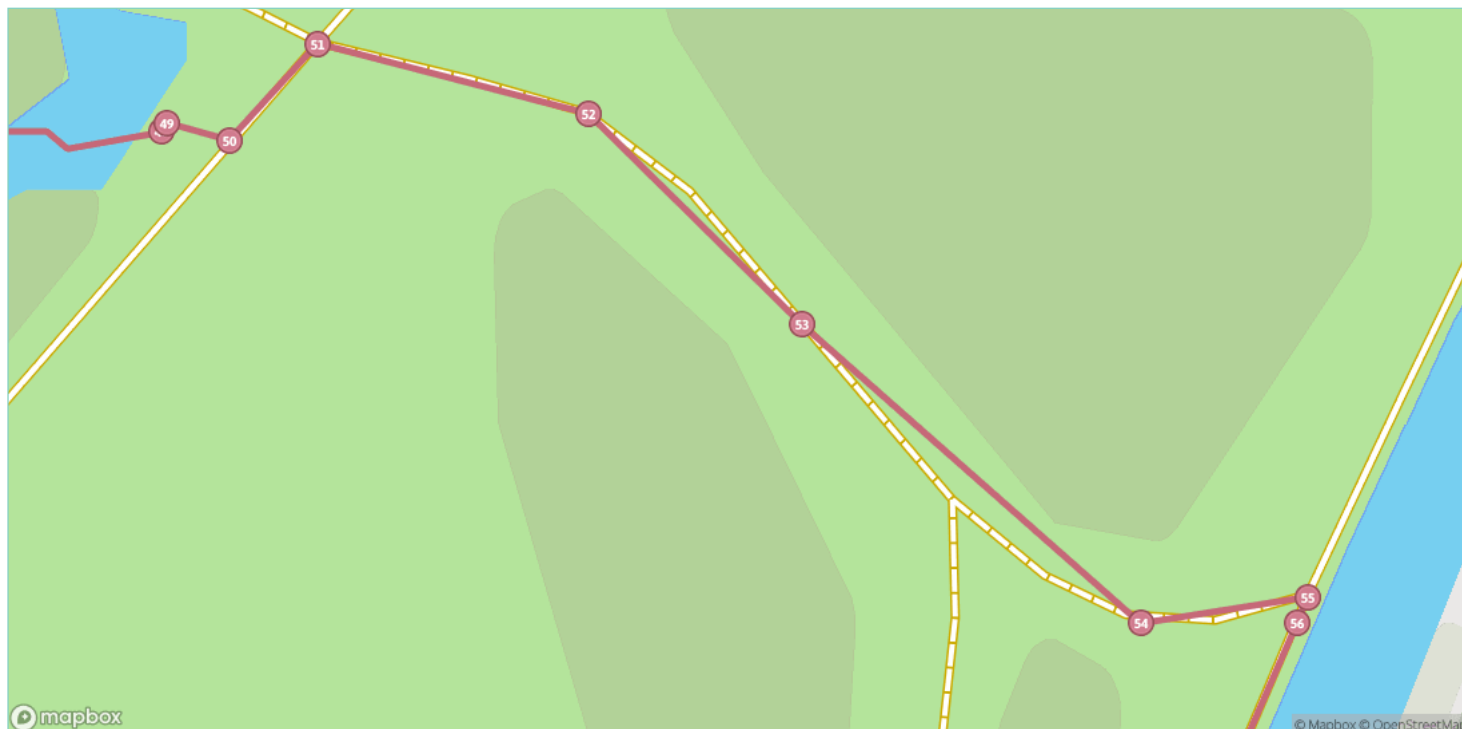
Step 44: Make your way through the trees towards the metal arch on the left in front of you.

Step 45: There are a couple of metal sculptures dotted around this area. They all share images of the local wildlife and nature in Rimrose Valley.

Step 46: Carry on to make your way out from the trees.

Step 47: Be sure to look down as you go to see some more beautiful metalwork.

Step 48: This one shows some bugs.



Step 49: Carry on to make your way back to the main path.

Step 50: Turn to your left and follow the path.

Step 51: Take the grass path to your right as we start making our way towards the canal towpath.

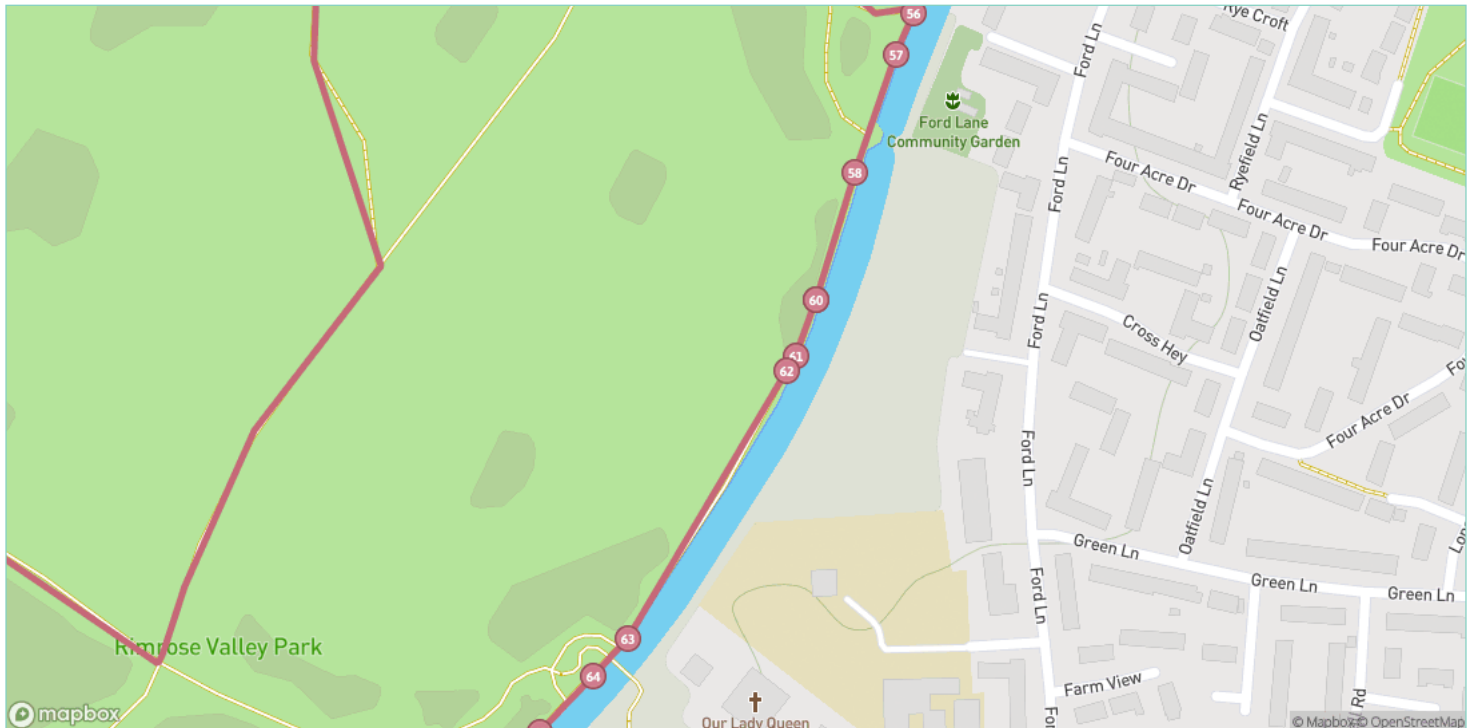
Step 52: Make your way through the grasses along the dirt path.

Step 53: Keep going. It's not far now!

Step 54: You'll see some houses at the end of the path. They overlook the canal.

Step 55: Make your way onto the towpath.

Step 56: Turn to your right and make your way alongside the Leeds and Liverpool canal.



Step 57: The Leeds and Liverpool canal is the longest continual canal in Britain and measures 127.25 miles (205 km)

Step 64: Make your way beneath the bridge and carry on along the towpath.

Step 58: It was proposed in the 1760s and took 46 years to build by hand. It was fully opened in 1816.

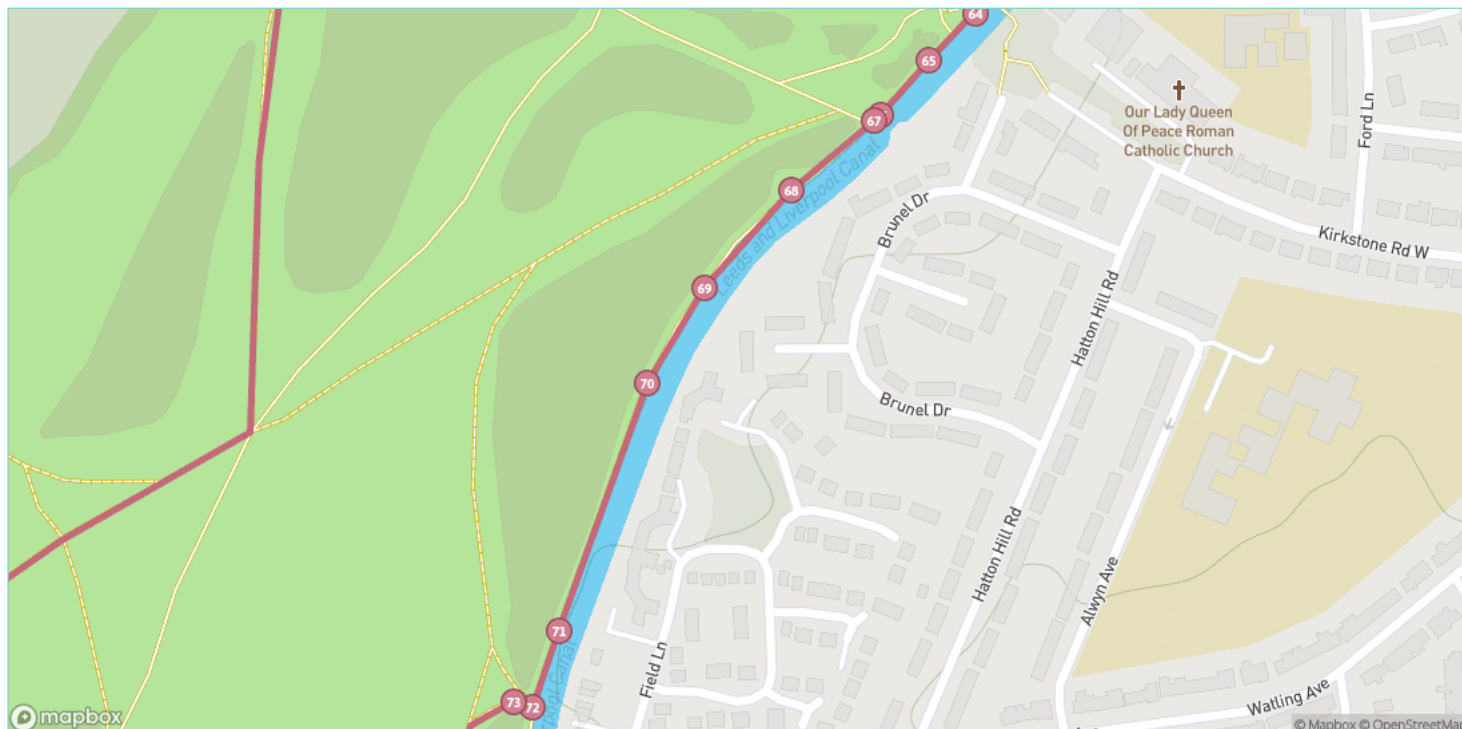
Step 59: It's a haven for wildlife and water plants. See what you can spot among the reeds and water lilies.

Step 60: There are plenty of moorhens who nest and raise young along the canals.

Step 61: You'll also find plenty of trees, berries and fruits along the canal. If you're not sure what something is, don't try it!

Step 62: Follow along the towpath.

Step 63: You'll notice boats along the canal. It's now used for leisure rather than business. It's cared for by the Canal and River Trust.



Step 65: Canada Geese love the UK canals. If you want to feed them, take some bird seed or tinned sweetcorn. You can also buy special bird food.

Step 72: When you reach a path on your right, turn in and follow it back into the park.

Step 66: Can you spot the garden with all the stars? ☆

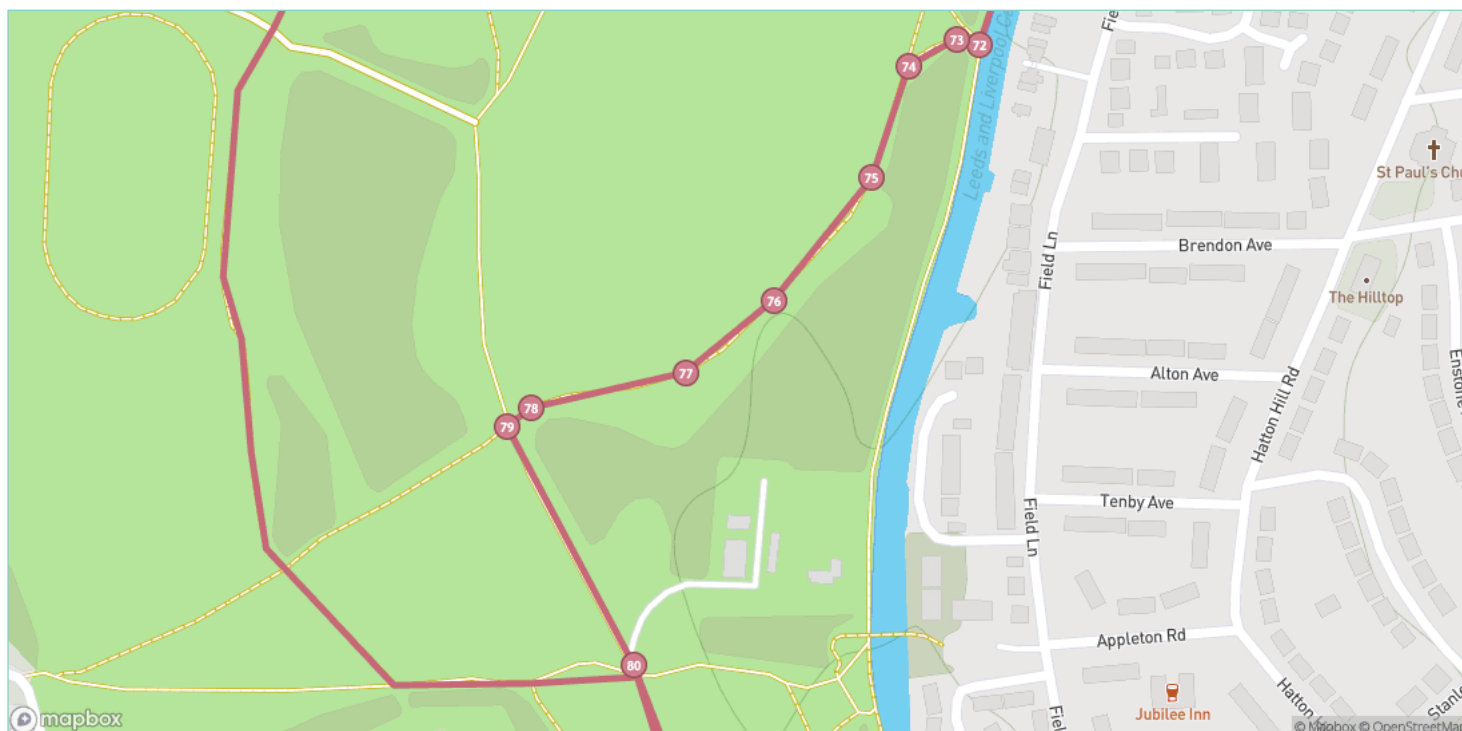
Step 67: Continue through the railings.

Step 68: Pass by the curly bench, or take a seat to enjoy the tranquility of the canal. When ready, follow alongside the towpath.

Step 69: The Leeds and Liverpool canal was mainly used to transport cargo like coal and limestone. It would also take sugar from the Liverpool port.

Step 70: Continue along the path.

Step 71: You might spot some buddleia. It is commonly called the butterfly bush because of how much butterflies love the nectar in the flowers.



Step 73: Make your way through the brambles. Be careful for any stretching out over the path as they can be thorny.

Step 74: Take the path to your left and carry on ahead.

Step 75: If you look at the ground, you'll notice patches of green weeds. They are called spotted spurge.

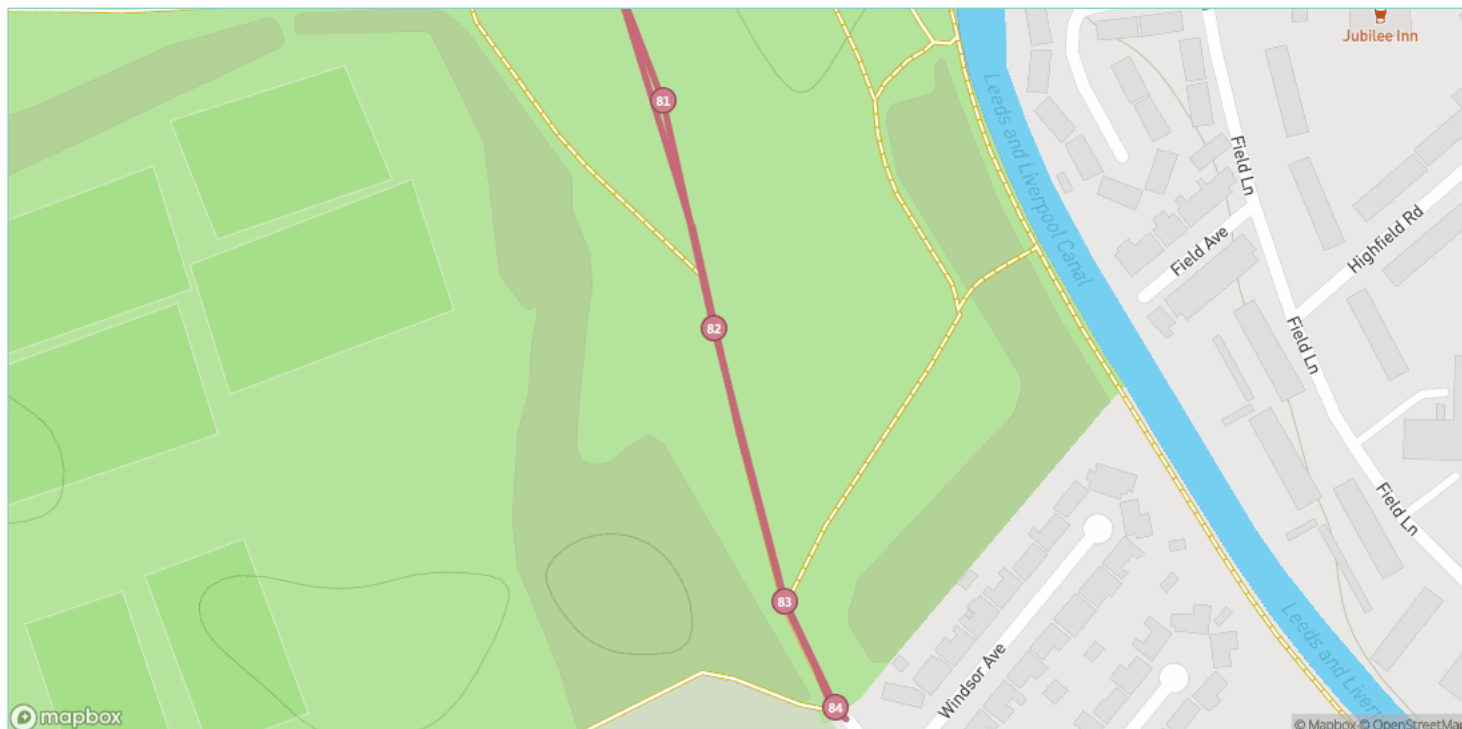
Step 76: This plant thrives in hot weather, so enjoyed the UK heatwaves in 2026. It can spread up to 3 feet in diameter.

Step 77: Carry on along the dirt path.

Step 78: When you reach the hard standing path, rejoin it and walk to your left.

Step 79: Continue along the tarmac path.

Step 80: You'll start to recognise some of the sights from the beginning of your walk.



Step 81: If you look carefully in the distance, you can see some of the dockyard cranes peeping over the trees.

Step 82: Carry on along the path to make your way back to the start.

Step 83: You'll reach the entrance barriers.

Step 84: Make your way around the blue barriers to return to Beach Road. We hope you enjoyed this walk! Come and find your next walk in the app.