



# Thames Estuary Path Section 2

Take in rural lanes through the quiet and gorgeous natural spaces on this Thames Estuary walk from East Tilbury to Stanford-le-Hope.

**Distance** 5.7 kilometers / 3.5 miles

**Duration** 2 hours



Wildlife



Water feature



Great views



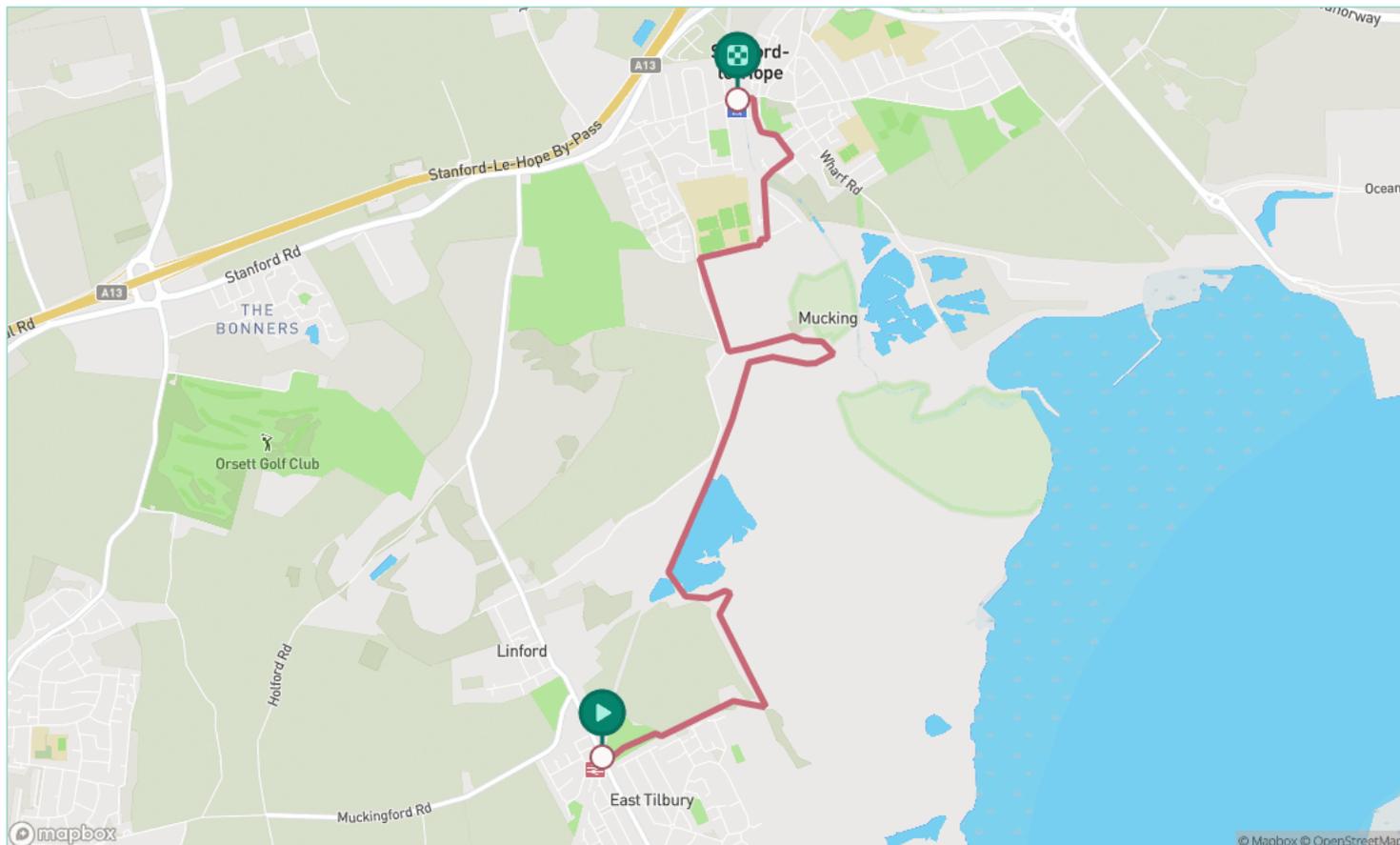
Public transport



Dog friendly



Botanics



Disclaimer: Directions are provided as guidance only. Weather, construction, closures or other factors may affect routes. Please take care when crossing roads and avoid private land. Always follow local signage and use common sense. Created by Go Jauntly Ltd © 2023. Last Updated: 06 October 2022.



**Step 1:** Welcome to the East Tilbury to Stanford-Le-Hope section of the Thames Estuary Path, which begins at East Tilbury train station.

**Step 2:** The Thames Estuary Path is a 30 mile route from Tilbury to Southend, taking you past Thameside Forts, ancient Churches, through Thames Marshes and along the sea wall overlooking internationally important marshes and mudflats.

**Step 3:** All Thames Estuary Path walks are shadowed by the C2C railway line, making it extremely accessible by train. Trains run between Shoeburyness and London Fenchurch Street, via Southend, Basildon and more local stations.

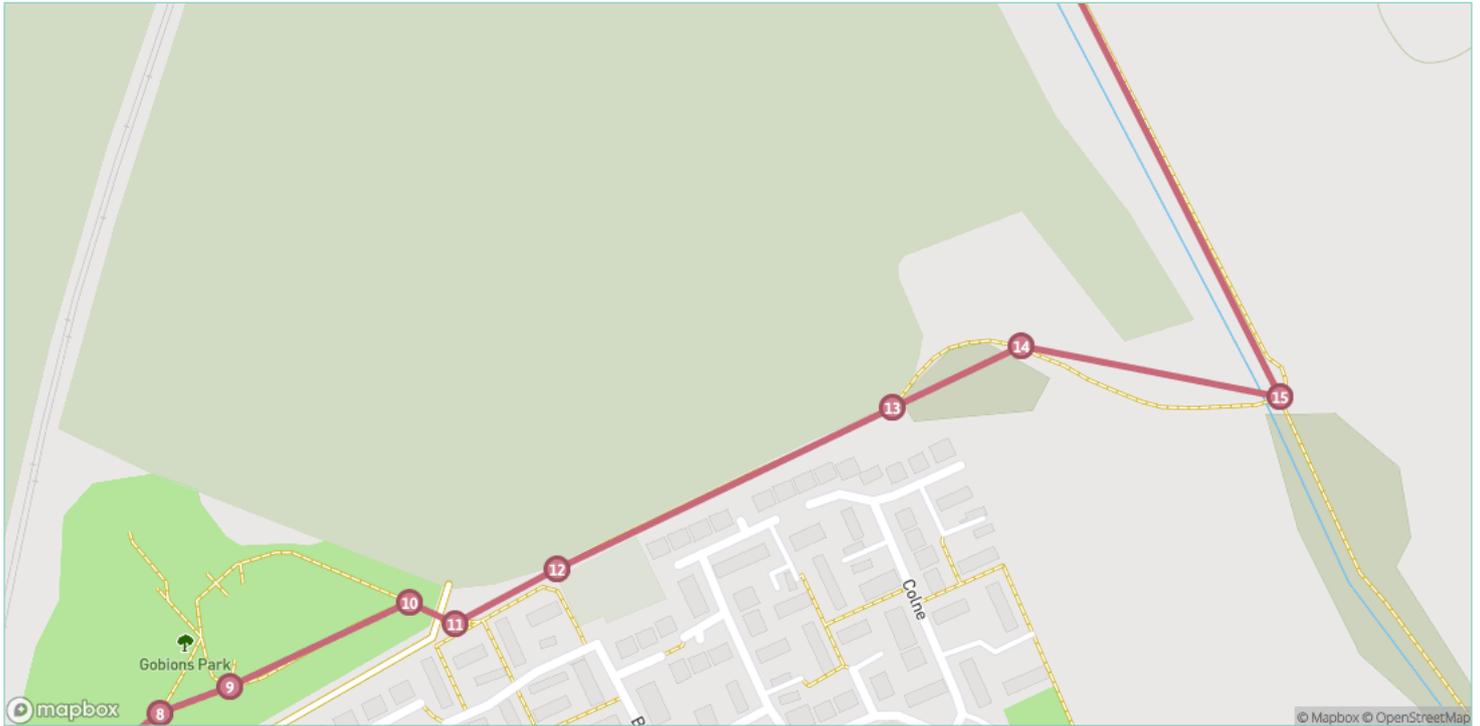
**Step 4:** This section follows mostly well-kept tracks through quiet natural open spaces. You'll pass by Thurrock Thameside Nature Park, Mucking Flats and Mucking Church.

**Step 5:** When you're ready, let's head out. Exit the train station onto Princess Margaret Avenue and turn right.

**Step 6:** At the median island, cross carefully to the opposite side of the road and continue to the right.

**Step 7:** Next turn left into Gobions Park.

**Step 8:** After passing through the gate, continue straight ahead. Take the path to the right here.



**Step 9:** Go straight through this little stone roundabout. There's a play area here as well, perfect for any little ones.

**Step 10:** As you come to the end of the park, at the junction here turn right.

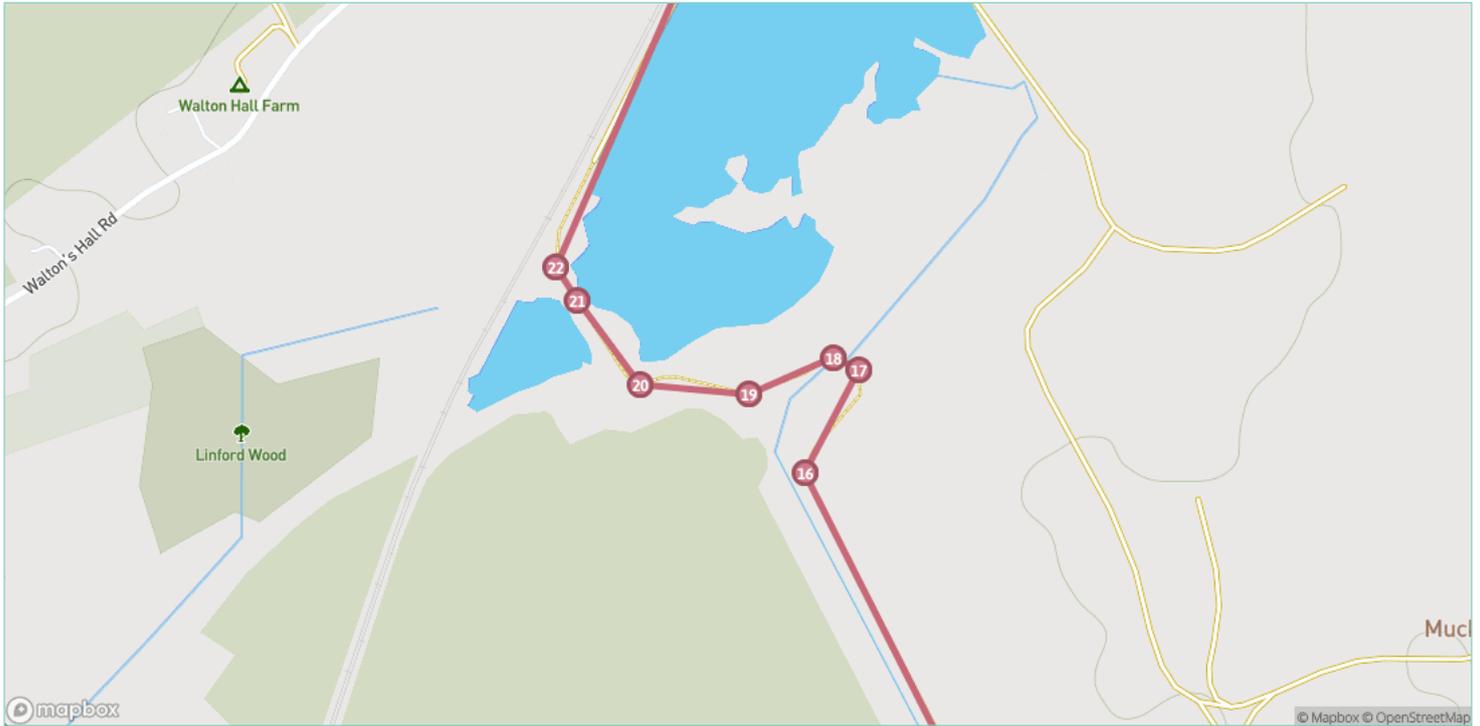
**Step 11:** Go straight through one gate. Then at the next gate to the left, follow the path to go through it.

**Step 12:** Now comes a long straight stretch away from town.

**Step 13:** The path here is a nice wide track of compacted dirt.

**Step 14:** Follow it round as it bends to the left and right.

**Step 15:** Soon you'll come to a junction. Our route continues through the gate and to the left.



**Step 16:** Follow this gravel path. There's a long straight stretch, which then bends to the right.

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**Step 17:** At the corner follow the path to the left.

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**Step 18:** Have you spotted any England Coast Path markers? When complete, it'll stretch for 2,800 miles round the whole coast of England!

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**Step 19:** As you follow the path through the vegetation, a patch of water appears on the right.

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**Step 20:** Keep following the path round and the pond comes more in view.

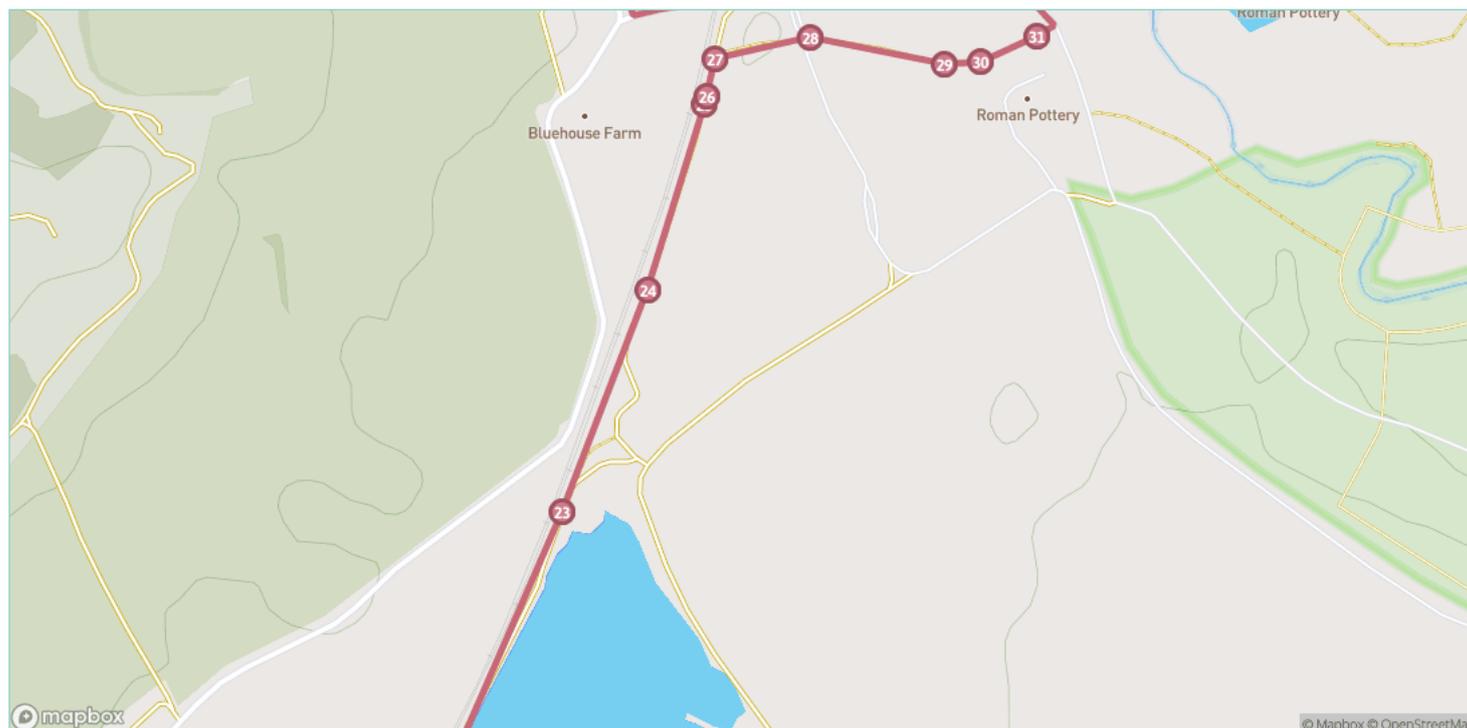
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**Step 21:** No need to rush, take a few minutes to appreciate the peaceful serenity.

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**Step 22:** The path bends to the right here.

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**Step 23:** Along this stretch, walk parallel to the rail tracks. The path bends briefly away from the tracks before returning to them.

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**Step 24:** Continue ahead.

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**Step 25:** At the end of the path, go through the metal gate.

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**Step 26:** Just a little further following the tracks.

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**Step 27:** At the path junction here, turn right.

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**Step 28:** Head straight through the wooden gates here.

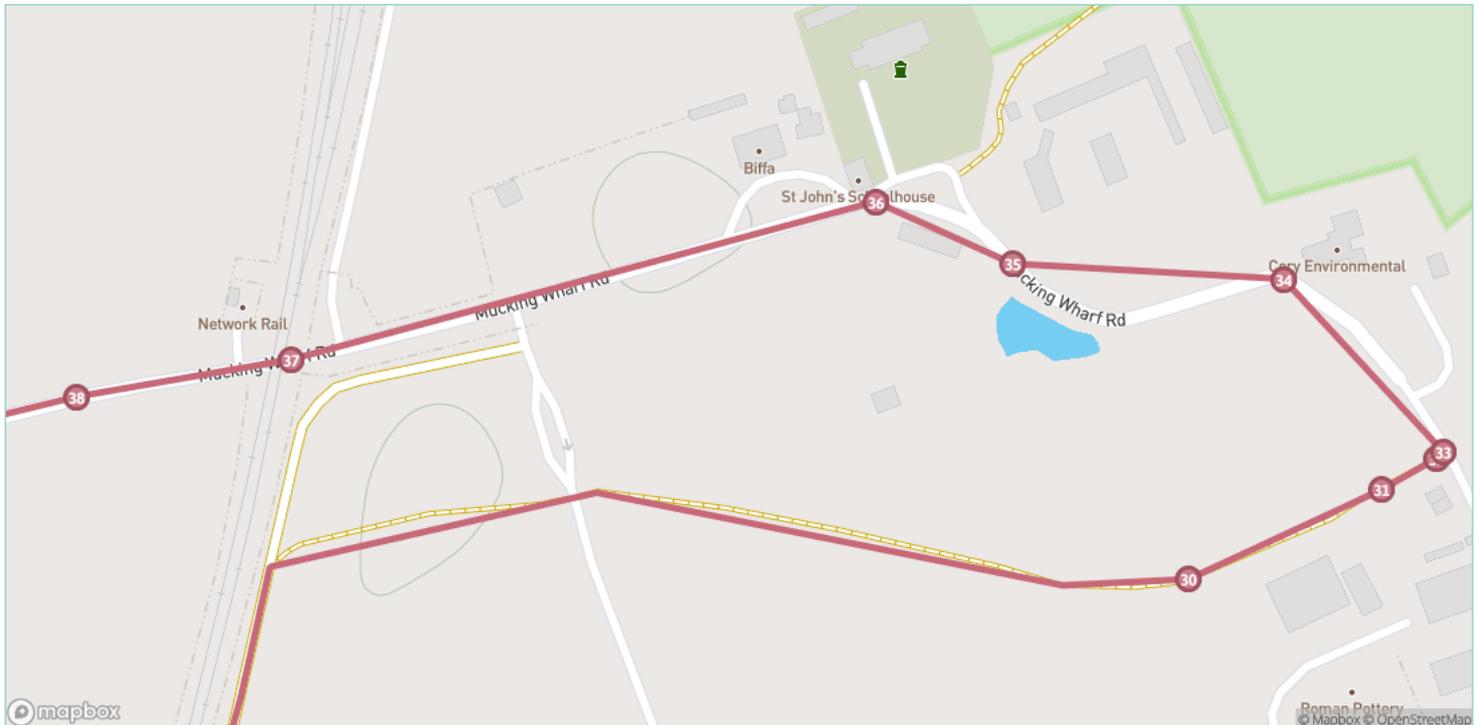
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**Step 29:** We loved this section of the route. It felt so quiet and rural.

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**Step 30:** Follow the path round towards the car park up ahead.

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**Step 31:** Cross directly through the car park.

**Step 32:** To the right is the Thurrock Thameside Nature Park, which the Thames Estuary Path Section 3 explores in much more detail.

**Step 33:** At Mucking Wharf Road turn left, heading towards Stanford-le-Hope.

**Step 34:** Continue along Mucking Wharf Road. There's no pavement here so be aware of vehicles along this stretch.

**Step 35:** Continue following the road. You're getting close to Stanford now!

**Step 36:** Just a bit further along the road. If there's time you could explore Mucking Church: Mucking Parish Church and The Green Man of Mucking.

### Mucking Church History

The Parish Church was dedicated to St John the Baptists. It was largely demolished and rebuilt in the middle of the 19th Century. It is now redundant and used as a private dwelling. The Green Man, who is sometimes called Jack-in-the-Green, has a long history in traditional custom and art. The foliage that surrounds him shows that he is a spirit of the woods and he is particularly associated with growth and fertility. The 'Green Man' emblem is to be found on a 13th. Century sculpture which decorates the top of a stone pillar within Mucking Church.

**Step 37:** Cross the rail tracks after looking and listening for any trains.

**Step 38:** Just before you reach the junction up ahead.



**Step 39:** Turn right to follow this path parallel to Butts Lane.

**Step 40:** At the other end come out to a paved path along a fence. Turn right.

**Step 41:** Go through the barrier and across the bridge.

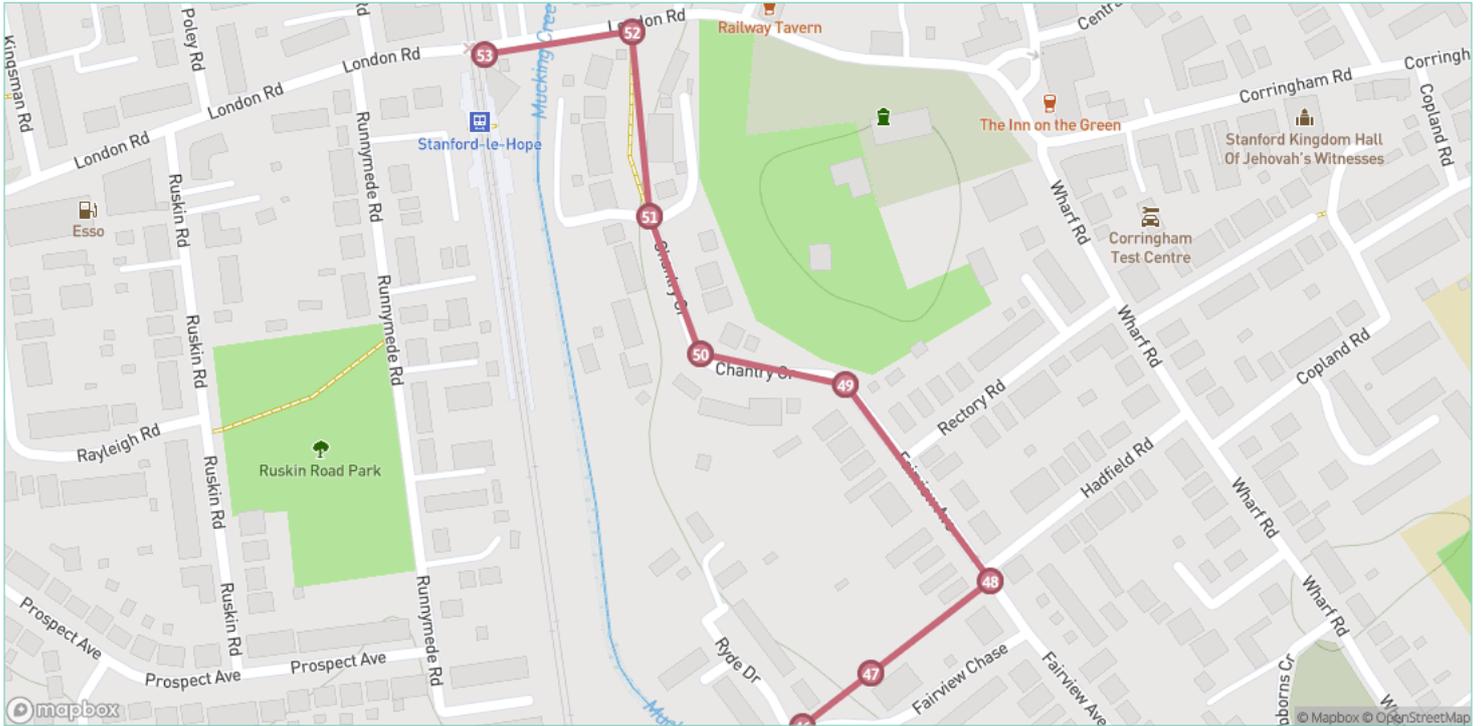
**Step 42:** On the other side of the bridge, turn left.

**Step 43:** Then turn right.

**Step 44:** You'll then need to turn left onto St Margaret's Avenue.

**Step 45:** Continue along St Margaret's Avenue. This fingerpost in a lovely patch of green shows you're still on the right track.

**Step 46:** As the road bends away to the right, go straight here, up the concrete track.



**Step 47:** There's a nice uphill slope here, so take your time.

**Step 48:** As you emerge onto Fairview Avenue, turn left.

**Step 49:** Now continue following the pavement as the road turns into Chantry Crescent. Head downhill and to the left.

**Step 50:** You're nearly at the end! Just a little bit further.

**Step 51:** At the end of Chantry Crescent, go straight ahead along this paved footpath.

**Step 52:** At the end, turn left onto London Road.

**Step 53:** And here we are at Stanford-le-Hope station! Why not continue on to Pitsea to the next section of the Thames Estuary Path.