



Harold Fry's London Pilgrimage

A circular walk in honour of The Unlikely Pilgrimage of Harold Fry theatre production. You never know what you might discover.

Distance 8.9 kilometers / 5.5 miles

Duration 2 hours and 30 minutes



Wildlife



Great views



Refreshments



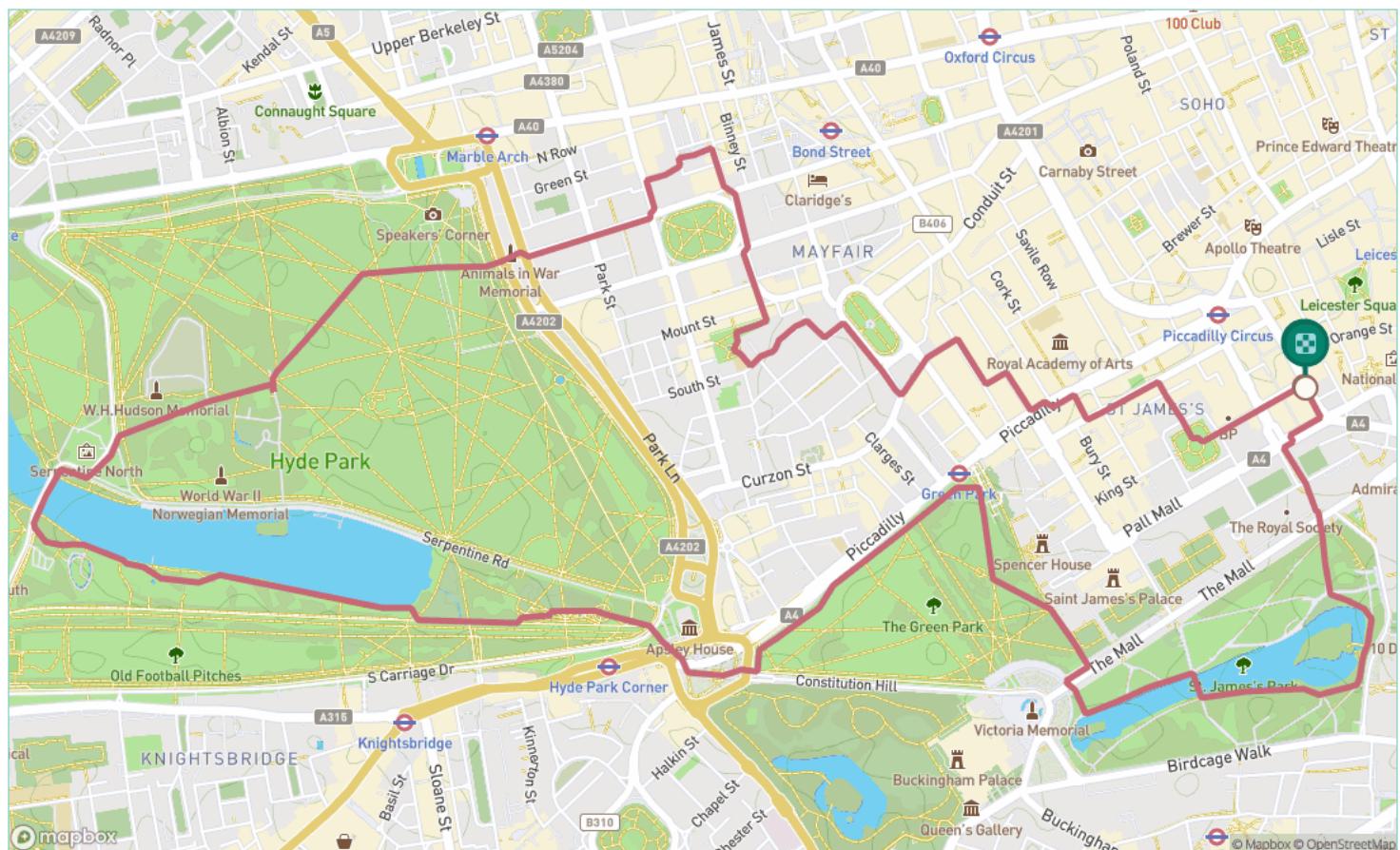
History

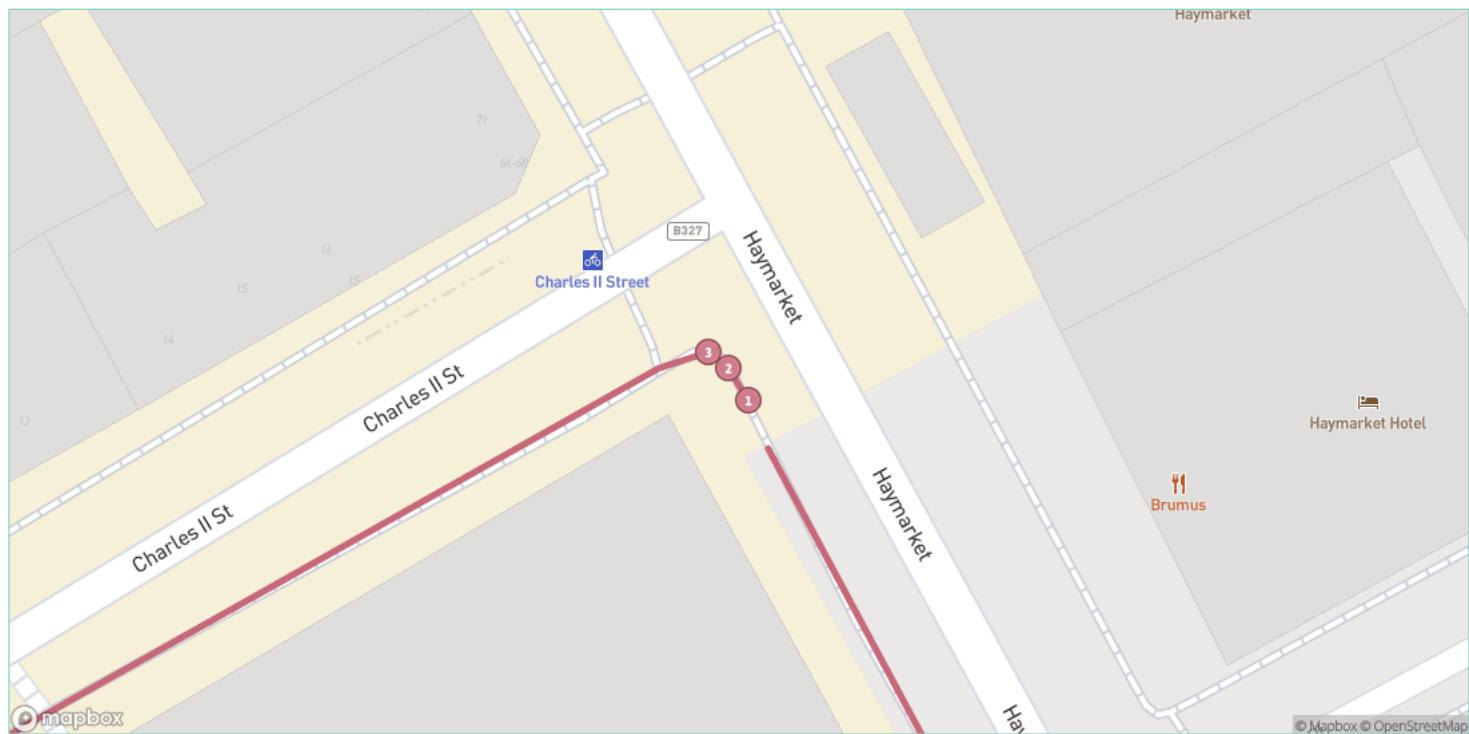


Dog friendly



Child friendly





Step 1: Welcome to our Harold Fry-inspired nature pilgrimage that starts opposite the Theatre Royal Haymarket. This is the long version of the walk. Expect urban nature, local history and behind the scenes gems from cast and crew.

Step 2: The Unlikely Pilgrimage of Harold Fry is a joyous new British musical at Theatre Royal Haymarket from 29 Jan-18 April 2026. Read more below for an exclusive Ticket Offer... [👉](#)

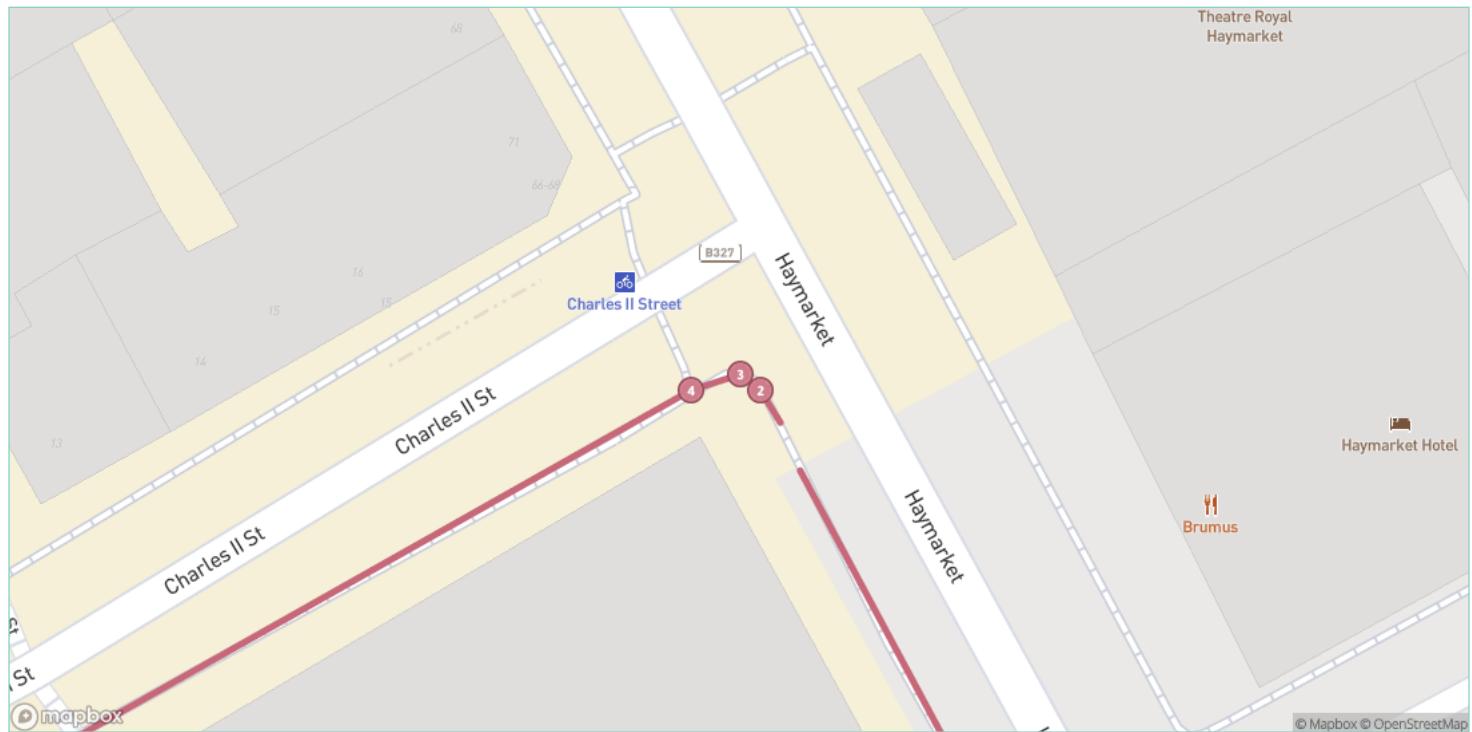
Exclusive Ticket Offer

THE UNLIKELY PILGRIMAGE OF HAROLD FRY is adapted by RACHEL JOYCE from her beloved bestselling novel, featuring 'a ravishing score' (THE TIMES) by chart-topping musician, PASSENGER. Harold Fry was never meant to be a hero. An ordinary man in an ordinary life until a letter from a long-lost friend sends him out the front door... and he keeps on walking. From Devon's quiet lanes to the windswept streets of Berwick-upon-Tweed, his journey becomes a pilgrimage of love, redemption, and second chances.

Strangers turn into companions, kindness appears in unexpected places, and the road reveals more than Harold ever imagined. Back home, his wife Maureen begins her own journey, one that might bring them together again.

The Unlikely Pilgrimage of Harold Fry is a moving celebration of the human spirit and a reminder it's never too late to start again.

Don't miss out on a great deal with £10 off Harold



Fry tickets, using the code Partner10 in person at the Box Office, or online at the checkout

Use the code

<https://haroldfrymusical.com/>

Step 3: Stand across the road from the theatre and take a look at the beautiful building designed by John Nash in 1871. Read more below.

Theatre Royal Haymarket

The Theatre Royal Haymarket dates back to 1720, making it the third-oldest London playhouse still in use.

Originally, the Little Theatre in the Hay was built right on the street, so that the audience entered through cramped corridors, barely wide enough for two to walk abreast. What is more, once inside, they remained just feet from the racket of the wild Haymarket street, clearly audible to all within. In 1820, deciding that London was looking tired and old, the Prince Regent instructed architect John Nash to enhance the appearance of the city, redesigning its shabby frontice-pieces with new awe-inspiring glamour. Nash had particular plans for the modest little Haymarket Theatre, envisaging a lofty, elegant frontage with a spectacular theatre behind. For optimum impact however, the architect insisted the whole building be shifted, south of where it stood, so that it may line up with St James's Square.

On the 4th of July 1821, the new Theatre Royal



Haymarket opened, sporting what is now one of the few surviving raked stages, slanting away from the audience so that the actor, moving back, could be more clearly seen.

Step 4: Behind you is Charles II St. Walk along it, heading away from the theatre.

Step 5: Continue down Charles II St and cross Waterloo Place.

Step 6: Up ahead is St James' Square Gardens where we're headed to next. Cross the road and make your way into the square.

Step 7: The square is open to the public on weekdays from 7:30am to 4:30pm. If it's open head up the steps and take a peak inside.

Step 8: In the centre is an equestrian statue of William III by John Bacon (erected 1808). Head right around the centre.

Step 9: The square is predominantly Georgian & Neo-Georgian architecture. In the 1720s a whopping seven dukes and seven earls were local residents!

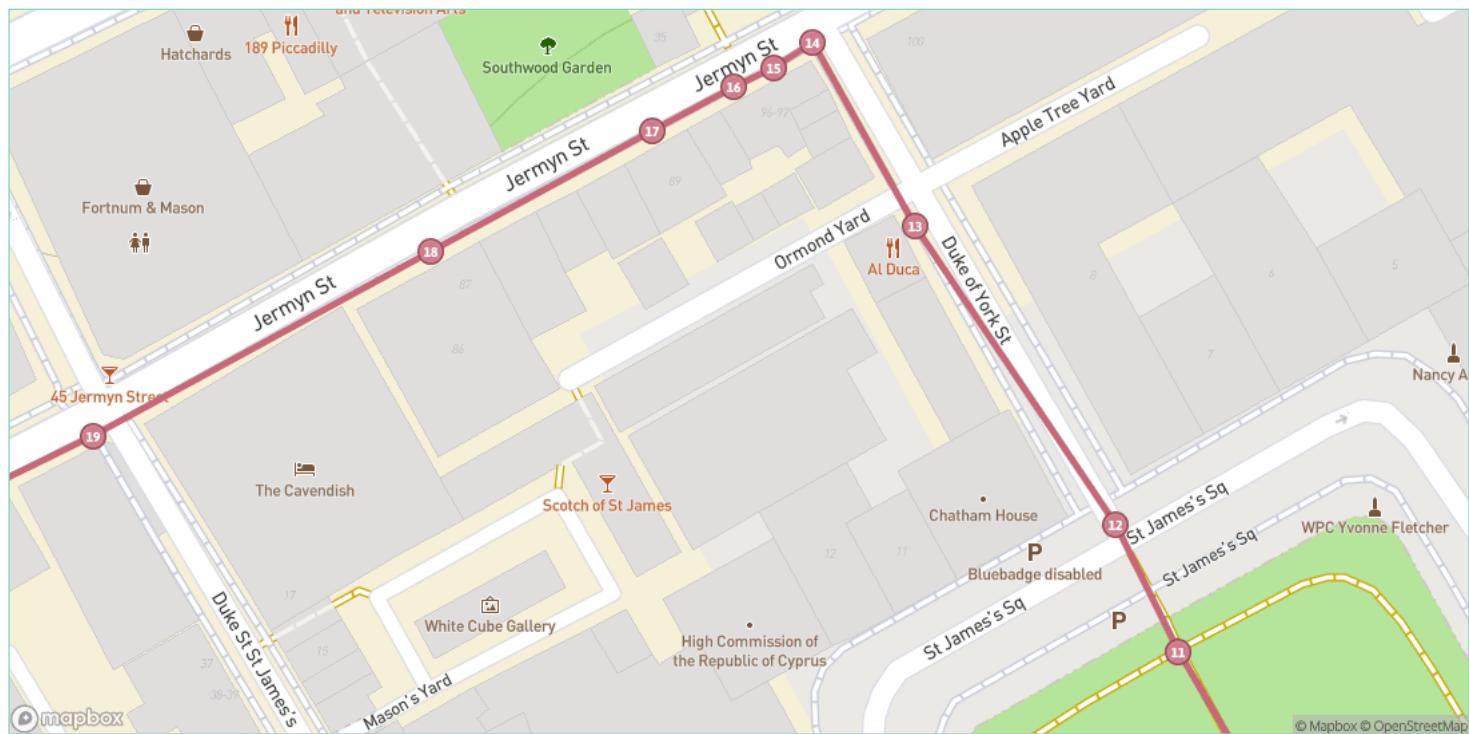
Step 10: If you want to relax for a couple of minutes, why not take a seat and watch a short video from Harold Fry author Rachel Joyce, and musician Passenger. Tap the Read More button to view...

Author Rachel Joyce

Author Rachel Joyce wrote the best-selling phenomenon *The Unlikely Pilgrimage of Harold Fry* inspired by a personal experience with her father. Watch a 2 min interview with her and Passenger about how the story was born, and how it became a hit West End show.

Watch video

<https://www.youtube.com/watch?v=O3ci1LHjaCo&t=40s>



Step 11: Exit the square to the right of where you entered, cross over the road and continue straight up Duke of York St.

Step 12: On your left is the think tank, Chatham House also known as Royal Institute of International Affairs. Do you know the Chatham House rule?

Step 13: Continue along Duke of York St and you'll come across The Red Lion pub. A great stop for refreshments.

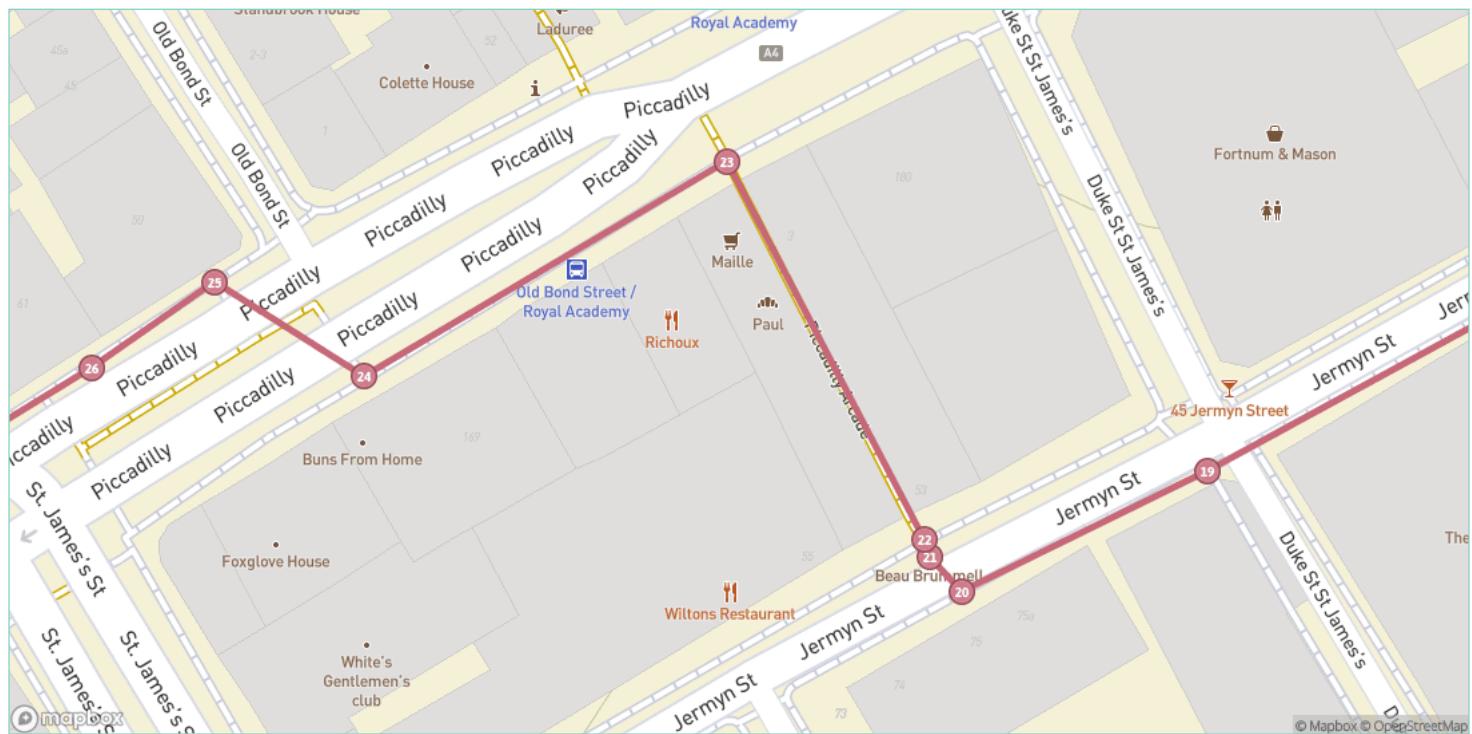
Step 14: At the end of the road, turn left onto Jermyn Street. It's a well-known street for gentlemen's clothing shops and boot-makers.

Step 15: How many pairs of boots do you think you'd need to walk to Berwick-Upon-Tweed like Harold Fry did? It's about 338 miles from here.

Step 16: Did you know that this road was established in 1664 and was named after Henry Jermyn, the 1st Earl of St Albans. King Charles II authorised Jermyn to develop this area due to its proximity to St James's Palace.

Step 17: Continue ahead but keep your eyes peeled for an upcoming blue plaque on the left.

Step 18: The famed Sir Isaac Newton used to live right here! He moved here after the great plague when he was appointed Master of the Mint.



Step 19: Continue up Jermyn St. The upmarket department store, Fortnum and Mason's is to your right.

Step 20: Look out for an archway on your right that takes you through Piccadilly Arcade where we are headed next.

Step 21: Don't miss the statue of 'dandy', Beau Brummell, a famous figure in Regency England who is said to have pioneered British men's fashion.

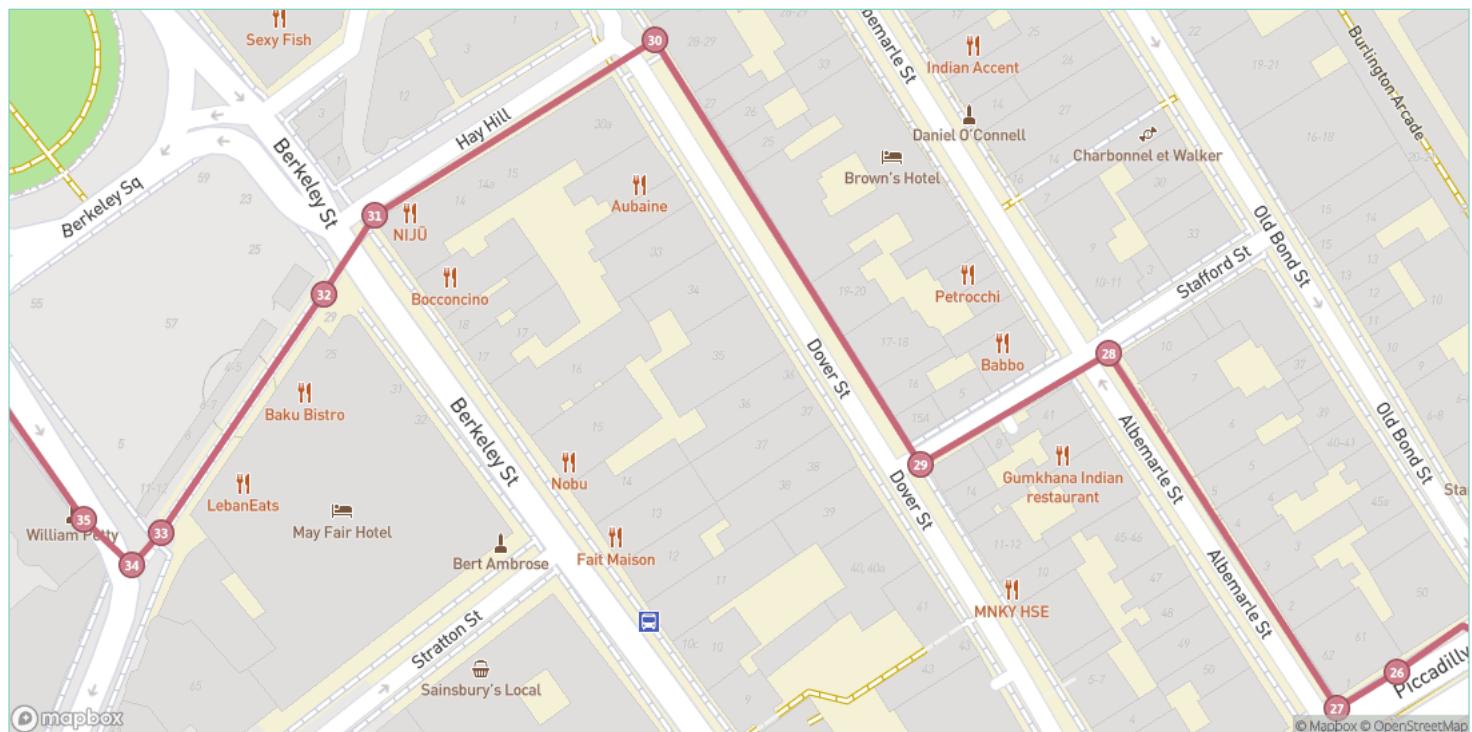
Step 22: Head up the steps and walk through the arcade which is home to trendy coffee shops, galleries and retailers.

Step 23: Up ahead is Piccadilly and opposite is the Royal Academy of Arts. Turn left here and make your way to the next pedestrian crossing.

Step 24: Cross over Piccadilly and turn left on the other side.

Step 25: Continue left for a few steps - we're headed away from the busy streets soon.

Step 26: Don't miss the consistently-amazing window display of Caffè Concerto on your right. Hard to resist the gorgeous cakes? Yes, we agree.



Step 27: Turn right onto Albemarle St.

Step 28: At the next side road, turn left and cross Albemarle St. Then walk ahead onto Stafford St. Notice the blue art deco windows on the corner.

Step 29: At the end of Stafford St., spot the ghost signage of the corner building. Turn right onto Dover St.

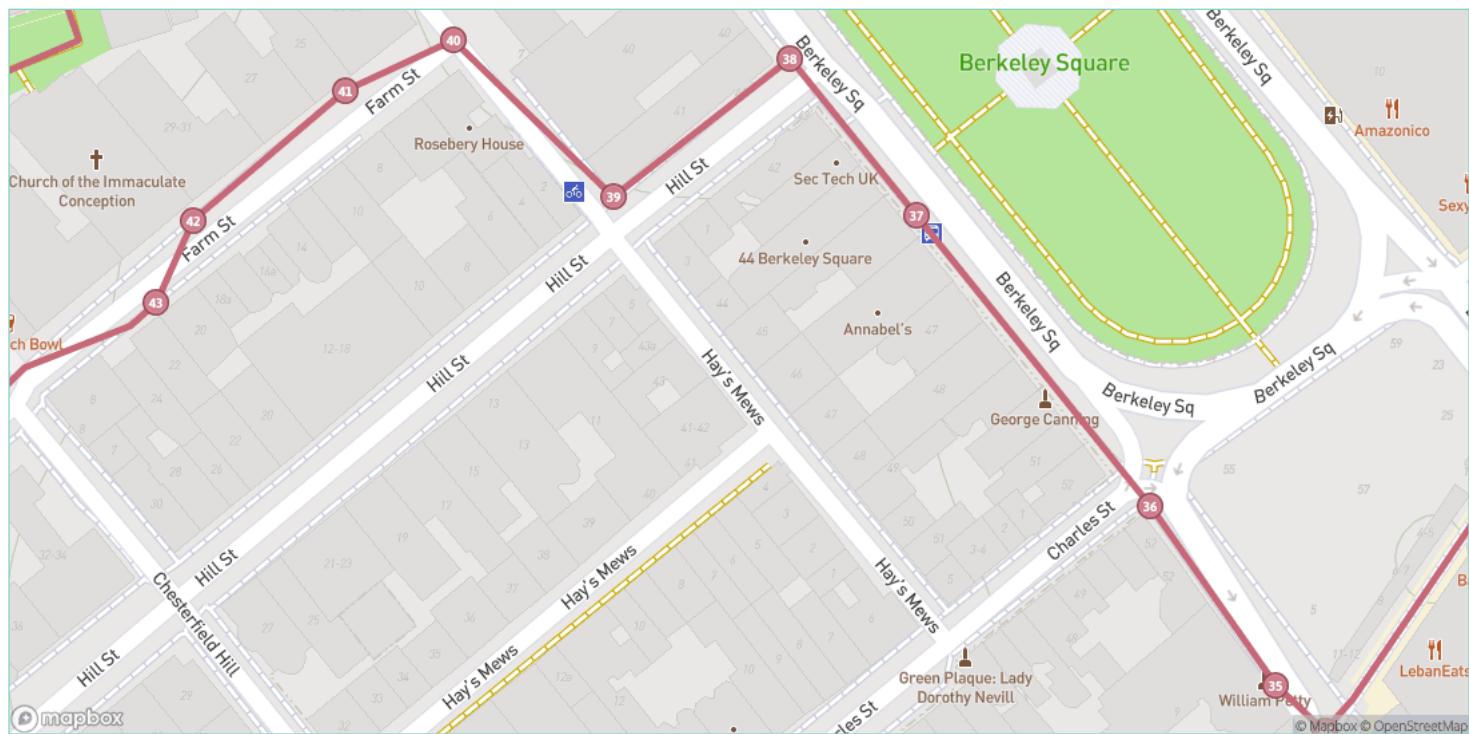
Step 30: At the zebra crossing on your right, cross over to turn left down Hay Hill Road.

Step 31: At the end of Hay Hill, use the pedestrian crossing to continue diagonally ahead into Lansdowne Row.

Step 32: Don't miss the cute florist as you go. Who was the last person you gave flowers to? Which unsung hero deserves a bunch from you?

Step 33: Continue to the end past the beautiful London plane trees and get ready to cross over.

Step 34: Cross Fitzmaurice Place. and turn right. Now look left for the next noteworthy blue plaque.



Step 35: The department store magnate Harry Gordon Selfridge of the upmarket Selfridges store lived here. We'll pass by the store soon.

Step 42: The street is also known for the Church of the Immaculate Conception, a 19th-century Jesuit church. Take a look inside if you like.

Step 36: At the end of Fitzmaurice Place use the pair of zebra crossings to continue straight into Berkeley Square.

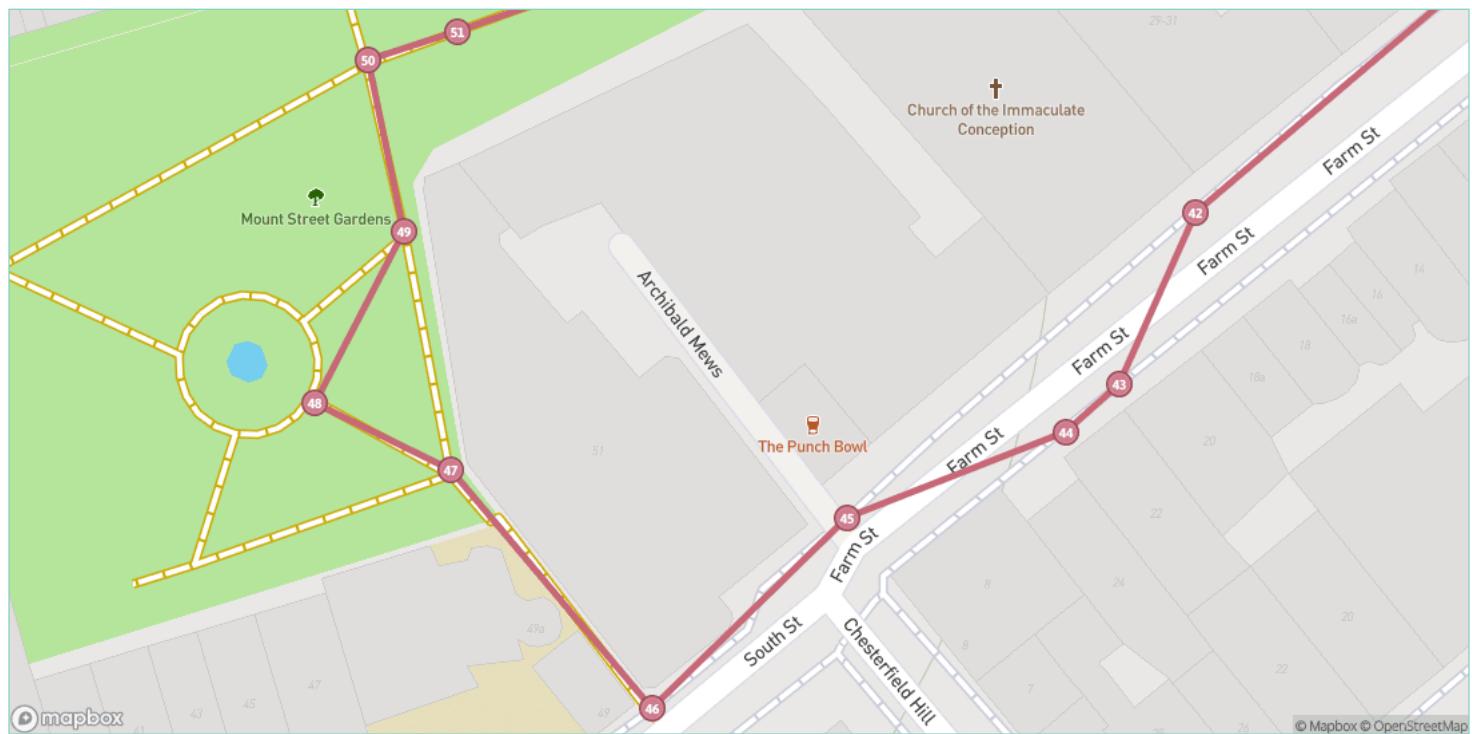
Step 37: Probably the most famous former resident of Berkeley Square is the writer Horace Walpole, who described the square as "a place of repose."

Step 38: At the next side road, turn left onto Hill Street.

Step 39: Take the next right onto Farm Street and follow it as the road curves around to the left.

Step 40: Farm Street's history began in the 1740s with the name derived from Hay Hill Farm, which once occupied the area.

Step 41: The street is picturesque and tranquil.



Step 43: On the opposite side you can find Farm House, a gothic-style house which dates back to the 1900s with notable former residents and...

Step 44: ...visitors such as former US President, John F Kennedy and Hollywood actress Gloria Swanson as well as other aristocrats and socialites including King Edward VIII.

Step 45: Continue past The Punch Bowl pub, a celebrity haunt which dates back to circa 1750. It used to be Madonna and Guy Ritchie's local pub!

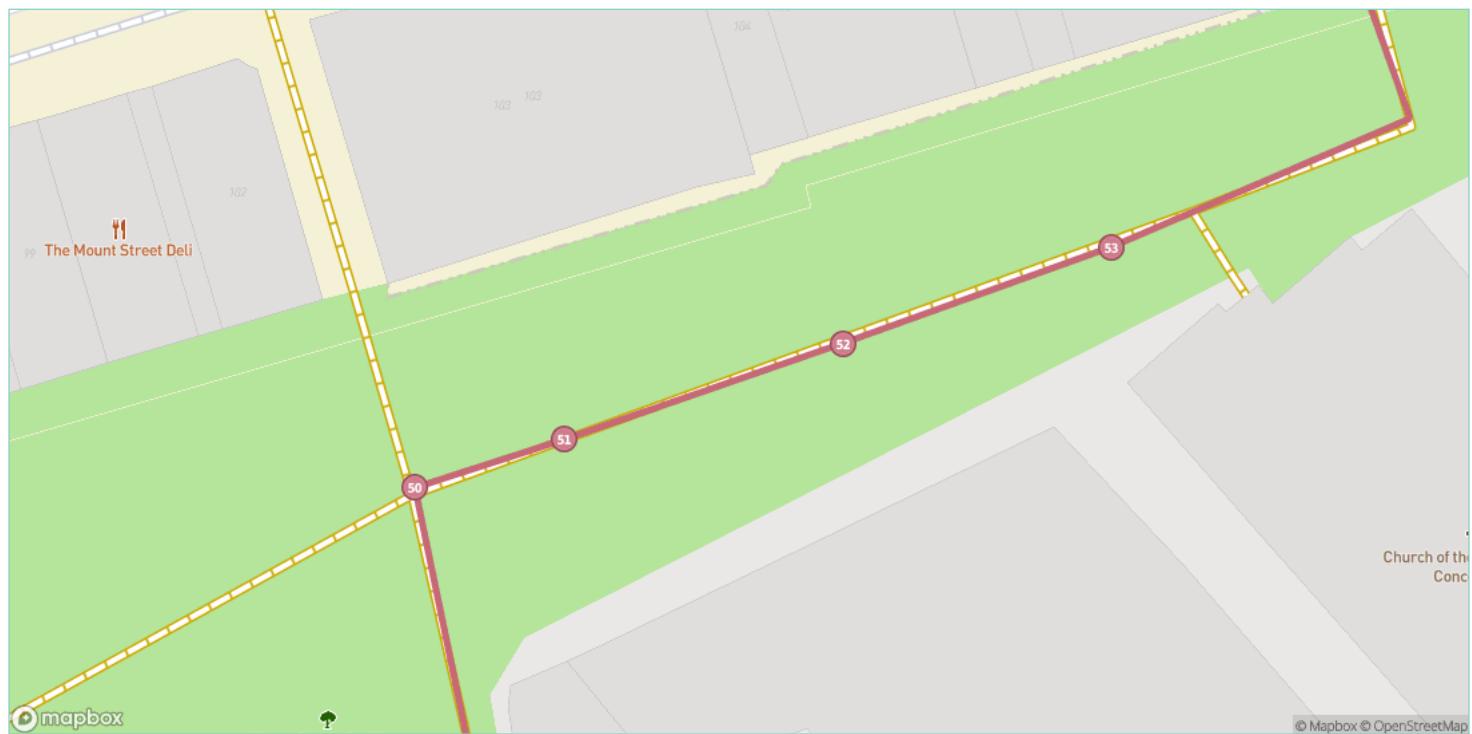
Step 46: Look for this flora-filled alleyway on your right and follow it to the end.

Step 47: The path leads to a hidden urban oasis in the middle of Mayfair, Mount Street Gardens. Wander as you wish...

Step 48: Enjoy the ornamental gardens. Tap the map pin on the bottom left and zoom in to see the tree species. 

Step 49: These gardens were a former parish burial ground and were eventually turned into a public park following an 1854 act of Parliament...

Step 50: ...which prohibited burials in central London on public health grounds. Continue walking through the park to the right of where you entered.



Step 51: During the Second World War, four bombs struck the houses nearby. On 11 May 1941 a final bomb landed right in the centre of the gardens! Thankfully there were no casualties resulting from any of the strikes.

Step 52: Take a few minutes to relax. If you have headphones, you can enjoy listening to one of Passenger's songs from Harold Fry. Tap 

Walk Upon The Water

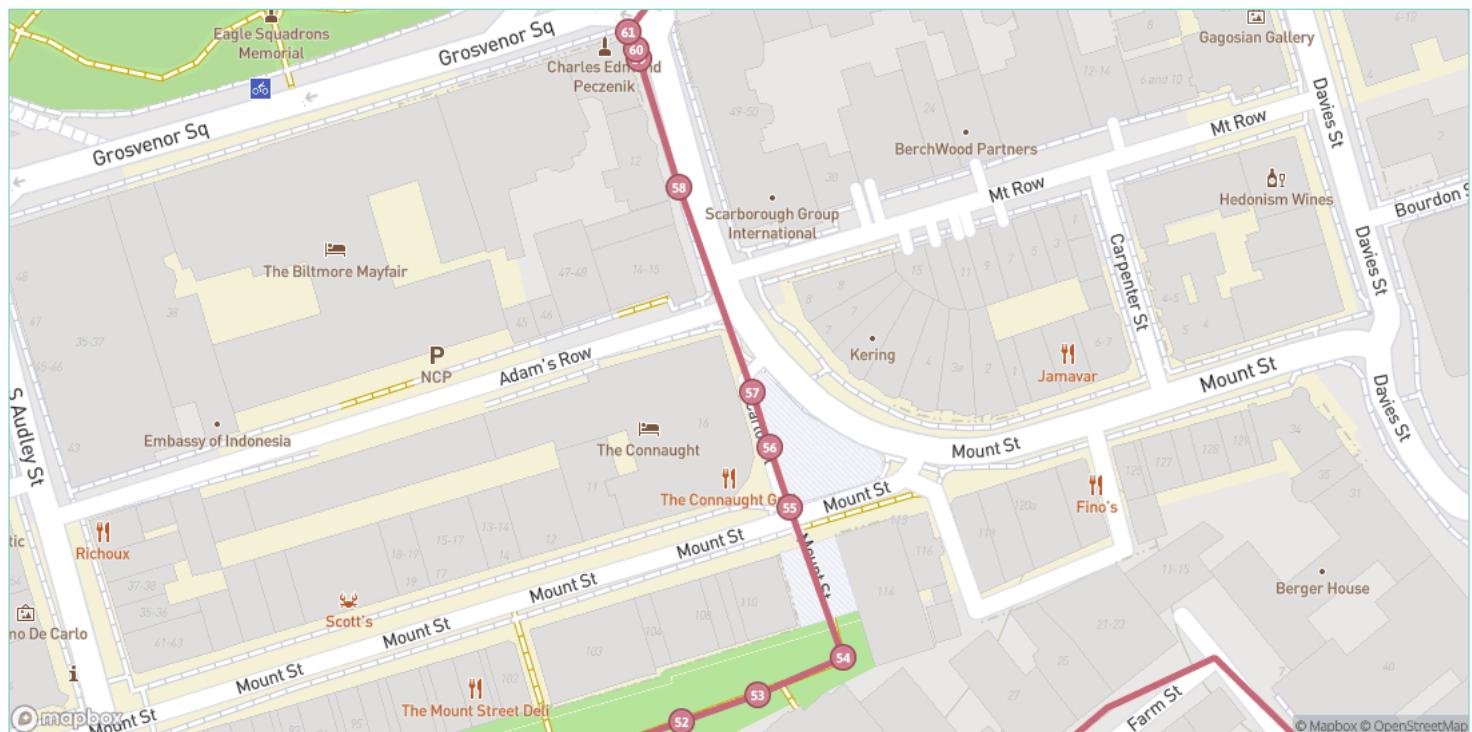
Michael David Rosenberg, better known by his stage name Passenger, is an English singer, songwriter and musician who wrote the 'ravishing score' (The Times) for The Unlikely Pilgrimage of Harold Fry.

The song 'Walk Upon The Water' marks the moment in the show where a friendly stranger inspires Harold to start his pilgrimage from Devon to Berwick-Upon-Tweed. Watch Passenger perform the song with London's Kingdom Choir in Shoreditch Church.

Can you hear the countryside singing? Now tune in to nature and enjoy the sights and sounds of nature.

Watch Video

<https://www.youtube.com/watch?v=dkZnCtPTpB0>



Step 53: When you're ready, let's keep going. Enjoy every moment of this tranquil oasis before we continue to our next stop.

Step 54: Exit the park by the red-brick buildings which were former workhouses.

Step 55: Cross over Mount St and continue towards the water fountain sculpture surrounded by London plane trees. Keep to the left hand side.

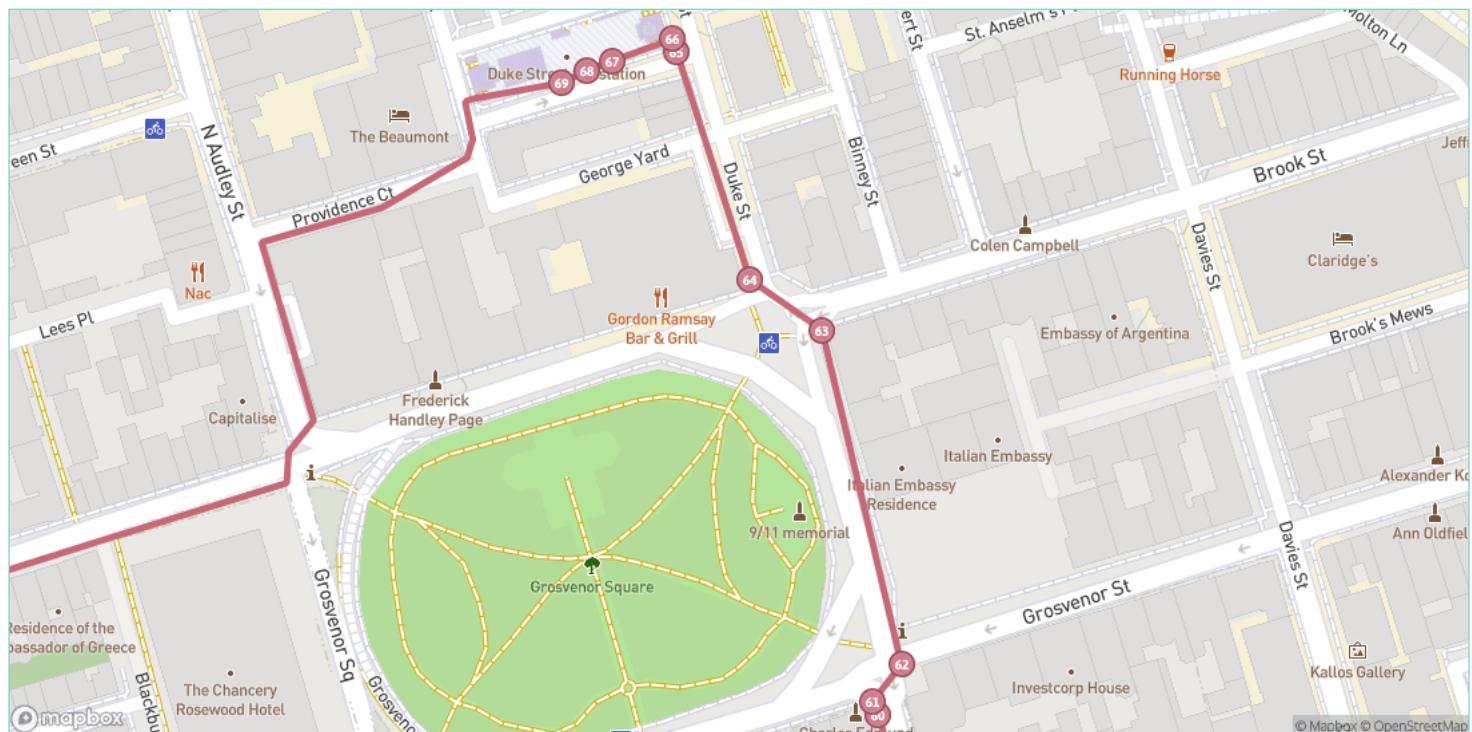
Step 56: 'Silence' was created by Japanese architect Tadao Ando and Blair Associates. Atomisers are hidden at the base of the trees...

Step 57: ...which create clouds of water vapour for fifteen seconds every fifteen minutes. At night, glass lenses below the surface of the water contain fibre optics that illuminate the basin. When you're ready, continue past the fountain.

Step 58: Cross over the side roads carefully as you walk ahead into Carlos Place.

Step 59: Here you'll find a classic red postbox. Postcards and letters are important to Harold Fry's story. Can you think of someone you've been...

Step 60: ...meaning to get in touch with for a while but haven't yet? Take inspiration from Harold Fry and drop them a letter or postcard. It's always great to reconnect with lost friends and connect with new ones.



Step 61: Use the pedestrian crossing to the right of the post box to cross Carlos Place.

Step 62: Use the next pedestrian to cross Grosvenor St and then continue straight.

Step 63: Cross Brook Street via the zebra crossing.

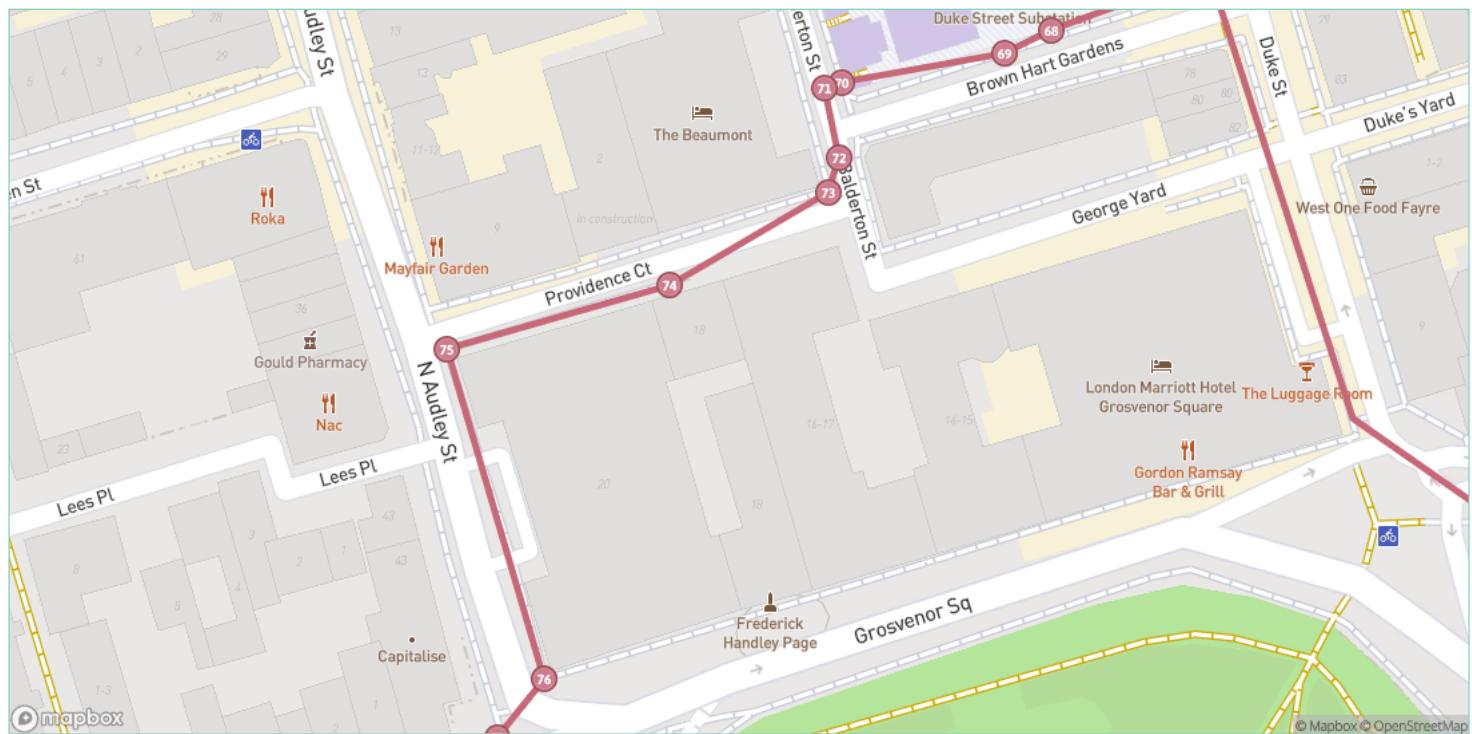
Step 64: Cross Duke Street and turn right on the opposite side.

Step 65: Just beyond the corner of Brown Hart Gardens...

Step 66: ...take the staircase up to this hidden garden which lives on top of an electricity substation!

Step 67: These gardens began life as the Duke Street Gardens for residents of what were then working class dwellings in Brown Street and Hart Street.

Step 68: The gardens were flattened in 1905 when the substation was built. The Duke of Westminster insisted that the local residents should be compensated. A paved Italian garden featuring trees in tubs on top of the substation resulted.



Step 69: The gardens are new but still speak to its historic past. Continue to the end and follow the steps down.

Step 70: Before you turn left, look right for an excellent view of Selfridges, the upmarket department store, which opened in 1909.

Step 71: Mr Selfridge wanted to create a department store that was a "temple of commerce," which transformed shopping into a fun and social activity. He famously popularised the phrase "the customer is always right".

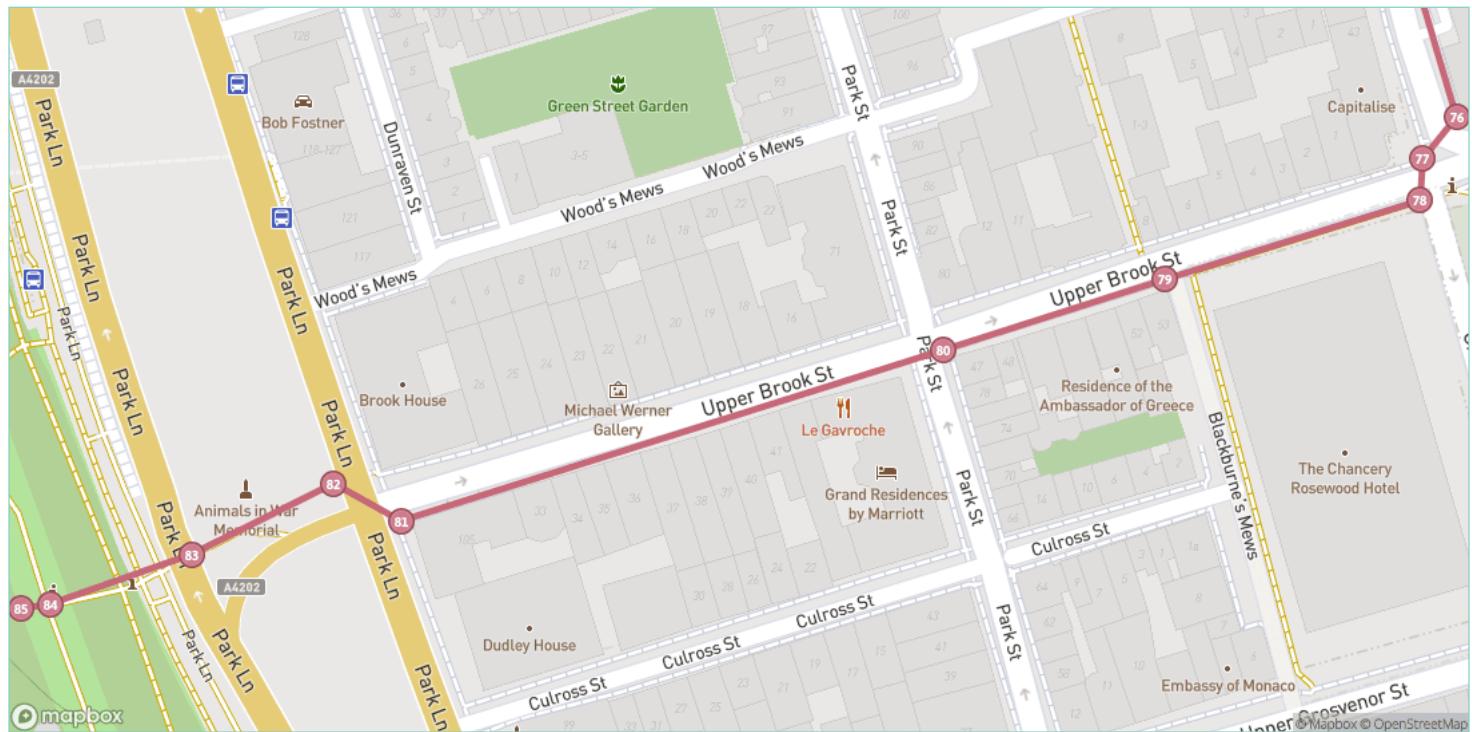
Step 72: Turn left and pause. Now look up. Here you'll find the artwork, 'Room' by Sir Antony Gormley (2014). It's also a hotel room you can book. 😊

Step 73: Walk past the Room and turn right onto Providence Court.

Step 74: Cross over to the left hand side where the pavement continues and turn left at the main road.

Step 75: The planters brighten up the street and provide new habitats for local wildlife, improving biodiversity.

Step 76: Use the zebra crossing on your right to cross North Audley Street and get ready to cross again at the next zebra.



Step 77: Use the next zebra to cross Upper Brook Street and turn right on the other side.

Step 78: Continue up Upper Brook St.

Step 79: You'll soon walk past the Greek Embassy, former home to George Seferis, diplomat and one of the most important Greek poets of the...

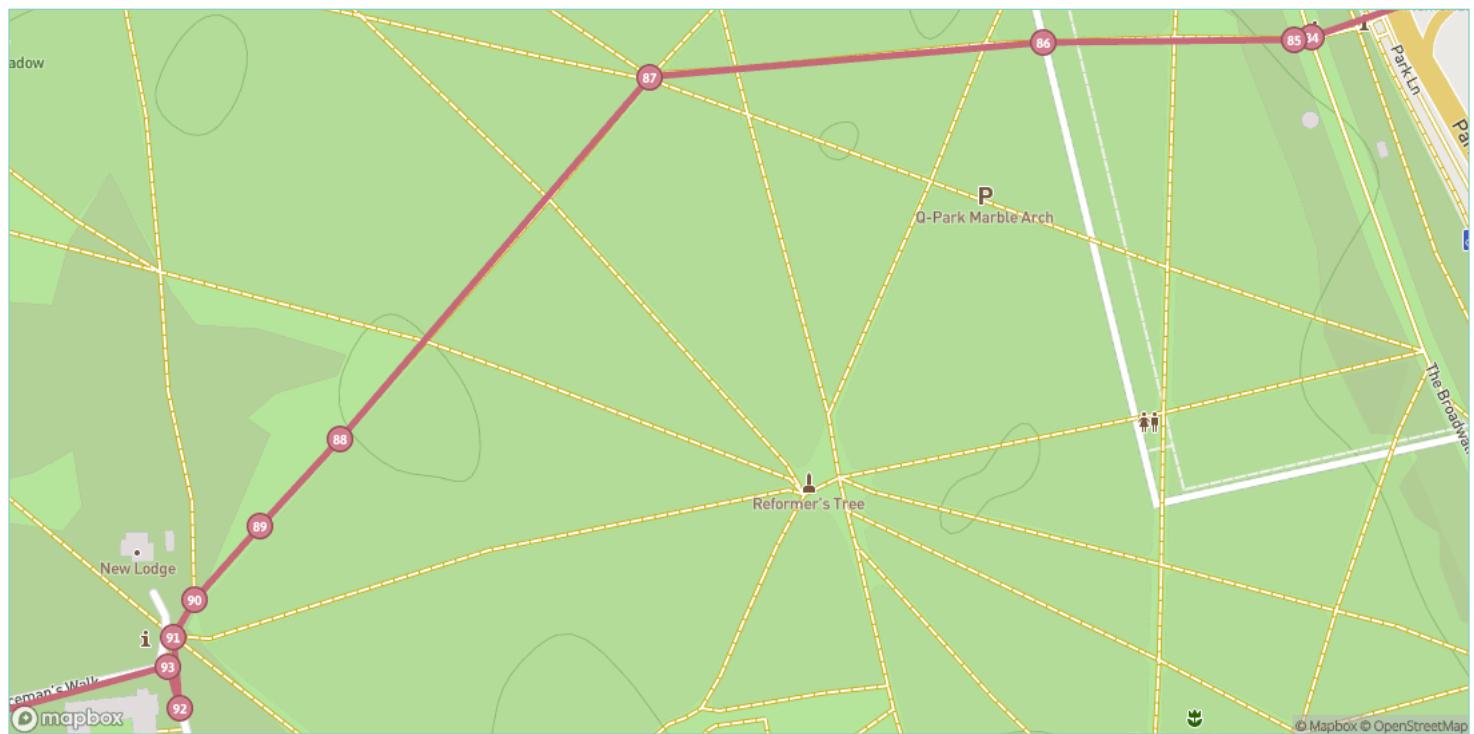
Step 80: ...20th century and a Nobel laureate. Use the pedestrian crossing to cross over Park St. and continue straight.

Step 81: Cross over Upper Brook St at Park Lane. Use the pedestrian crossing to make your way over this busy road that also features on Monopoly.

Step 82: To your right is the Animals in War memorial.

Step 83: Straight ahead, cross over the next junction of Park Lane and get ready to enjoy some tranquility away from this busy main road.

Step 84: Welcome to Hyde Park and Speakers' Corner which is right here. Have you got anything to say? Now's the time to get on your soap box.



Step 85: Did you know that Speakers' Corner has been a public speaking spot and centre for free speech since 1872! Through the ages it's attracted notable speakers and figures such as Karl Marx, Vladimir Lenin, and George Orwell.

Step 86: Continue straight ahead through the park.

Step 87: At this path junction (check the map pin bottom left), turn left. Follow the tree-lined path.

Step 88: Enjoy the sights and sounds of the season as you go. You might even spot some Egyptian geese like us.

Step 89: Continue to the end of the path where you'll come across a grand building.

Step 90: Beware of cyclists as you continue towards the Old Police House.

Step 91: The Grade II police house was built in the 1870's and remains a working police station to this day. Its creation was off the back of...

Step 92: ...social unrest and large demonstrations in the park. Don't miss the police lamppost out the front.



Step 93: When you're ready, continue to the right of the police house, heading downhill along the walkway known as Policeman's Path.

Step 100: At the other side of the bridge you'll see a cafe. Turn left here or, to extend the route, cross over to visit Serpentine South gallery.

Step 94: You may see shire horses travelling along this path and do be mindful of the occasional vehicle.

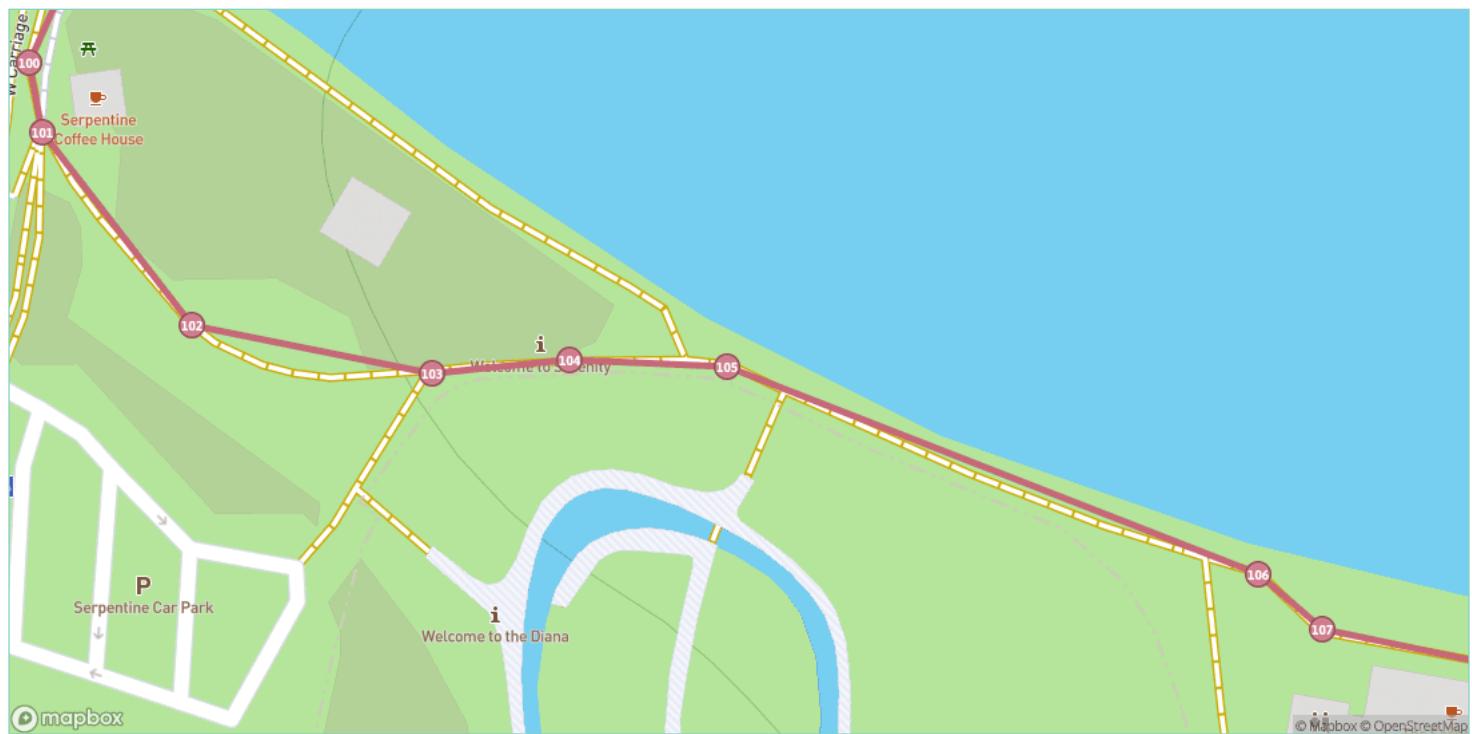
Step 95: At the end of the path, turn left. Be careful of cyclists and moving vehicles.

Step 96: Follow the path as it bends.

Step 97: The Serpentine North Gallery is opposite where you can also find toilets and a nice cafe.

Step 98: Turn left to walk over the bridge.

Step 99: Don't miss views over the Serpentine Lake and the lido.



Step 101: To continue with us, turn left. The Diana Princess of Wales memorial plaques help guide walkers on that memorial route.

Step 102: Continue slightly downhill.

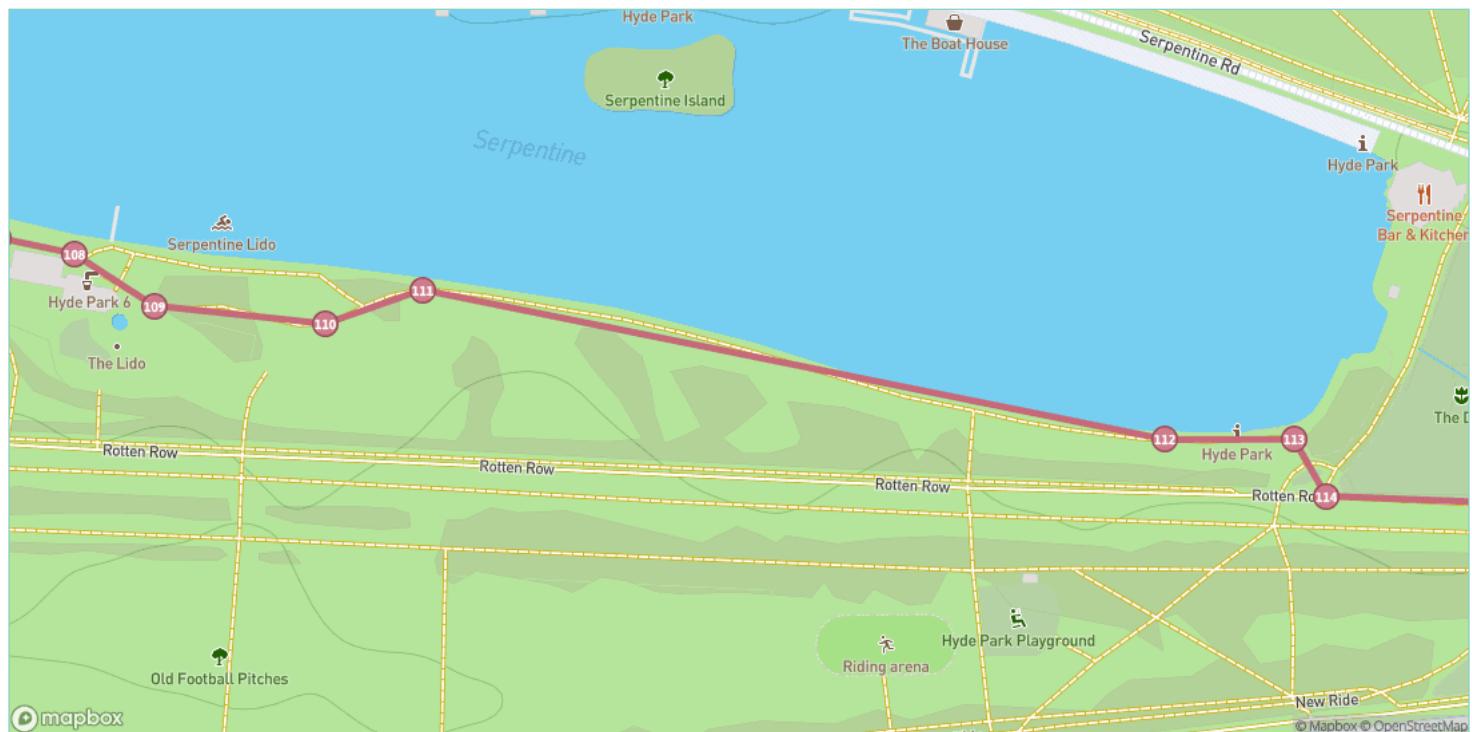
Step 103: On your right is the Diana Memorial Fountain. The design was inspired by Diana's life and symbolises Diana's openness.

Step 104: To your left is the 'Serenity' sculpture by Simon Gudgeon which is inspired by the Egyptian goddess of nature.

Step 105: With the lake on your left, continue ahead.

Step 106: The upcoming Serpentine Lido Cafe has toilets and is a great place to perch for a tea or coffee.

Step 107: Don't miss the plaque to George Lansbury. The former Labour leader and MP who spearheaded the creation of the lido for Londoners.



Step 108: Before you continue ahead, take a couple of minutes here to listen to 'Song for the Countryside' from Harold Fry. Tap below for more.

Song for the Countryside

The 'Song for The Countryside' celebrates the healing power of nature and features in The Unlikely Pilgrimage of Harold Fry at the point when Harold Fry is on his walk deep in the English countryside. He is struggling with grief and issues from his past. This pilgrimage on foot through the country he was born in but rarely explored, helps to open him up to the healing power of being outdoors and communing with the nature around him.

Watch Passenger's music video for 'Song for The Countryside' which was filmed on location at Devil's Dyke in the South Downs. It also stars Jack Wolfe who was in the original Chichester Festival Theatre production of the show.

Watch video

https://www.youtube.com/watch?v=IUHnJT_BJLQ

Step 109: Can you hear the countryside singing? Now tune in to nature and enjoy the sights and sounds of nature.

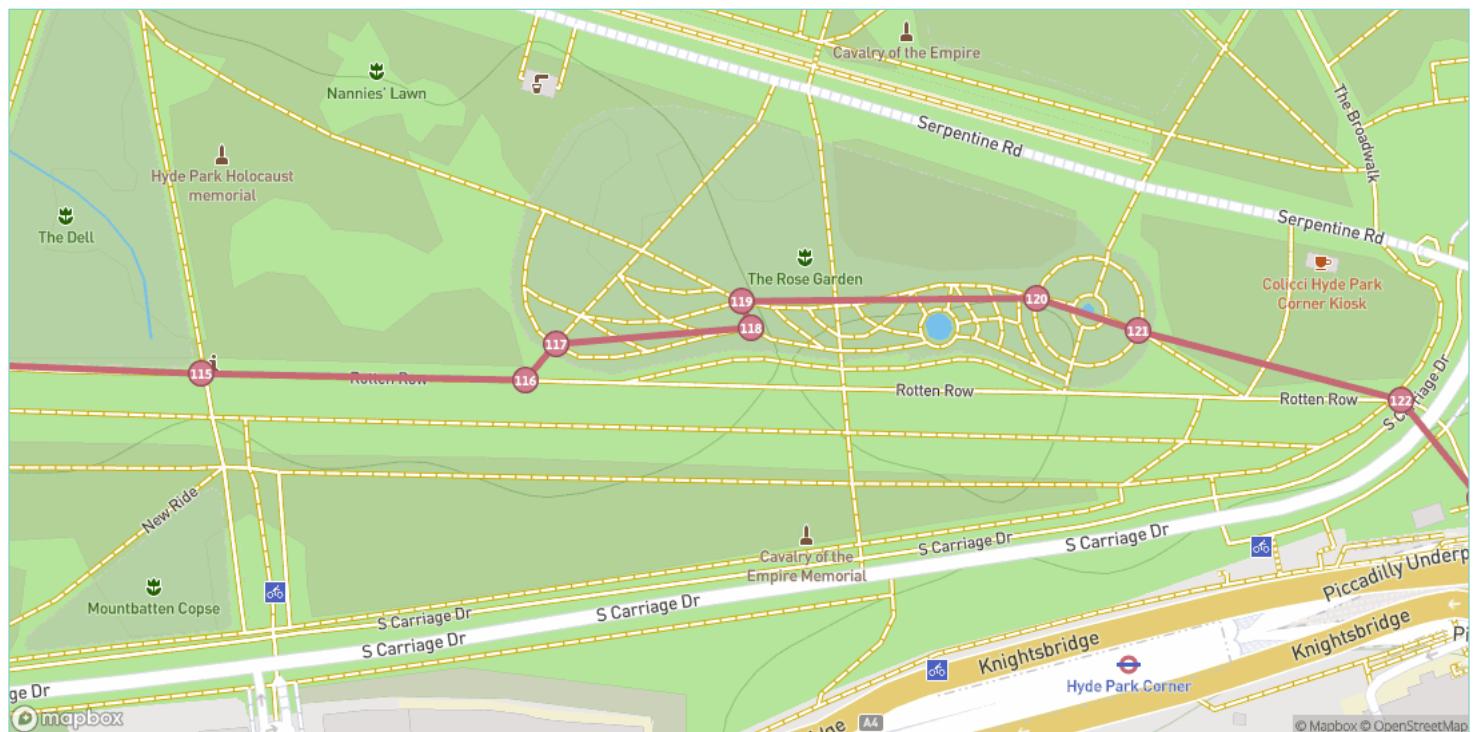
Step 110: It can bring about clinically significant improvements to your mental wellbeing and it's good for the planet too.

Step 111: The science shows that the more connected to nature you are, the more likely you are to want to preserve it.

Step 112: What good things in nature can you see or hear today?

Step 113: At the end of the lake, bear right and then turn left to head to the lower path.

Step 114: You're now on the path known as Rotten Row. It was originally created for King William III to travel between palaces and was the first...



Step 115: ...road in Britain to be lit by lamps. The name comes from "Route du Roi" (King's Road) in French, which over time, has been corrupted to Rotten Row. In the 18th & 19th century it was a popular spot for the gentry to ride horses.

Step 116: Look left for the entrance into The Rose Garden. Make your way in.

Step 117: We recommend wandering as you wish. The planting happens twice a year and whilst summer is the best season to view in full glory...

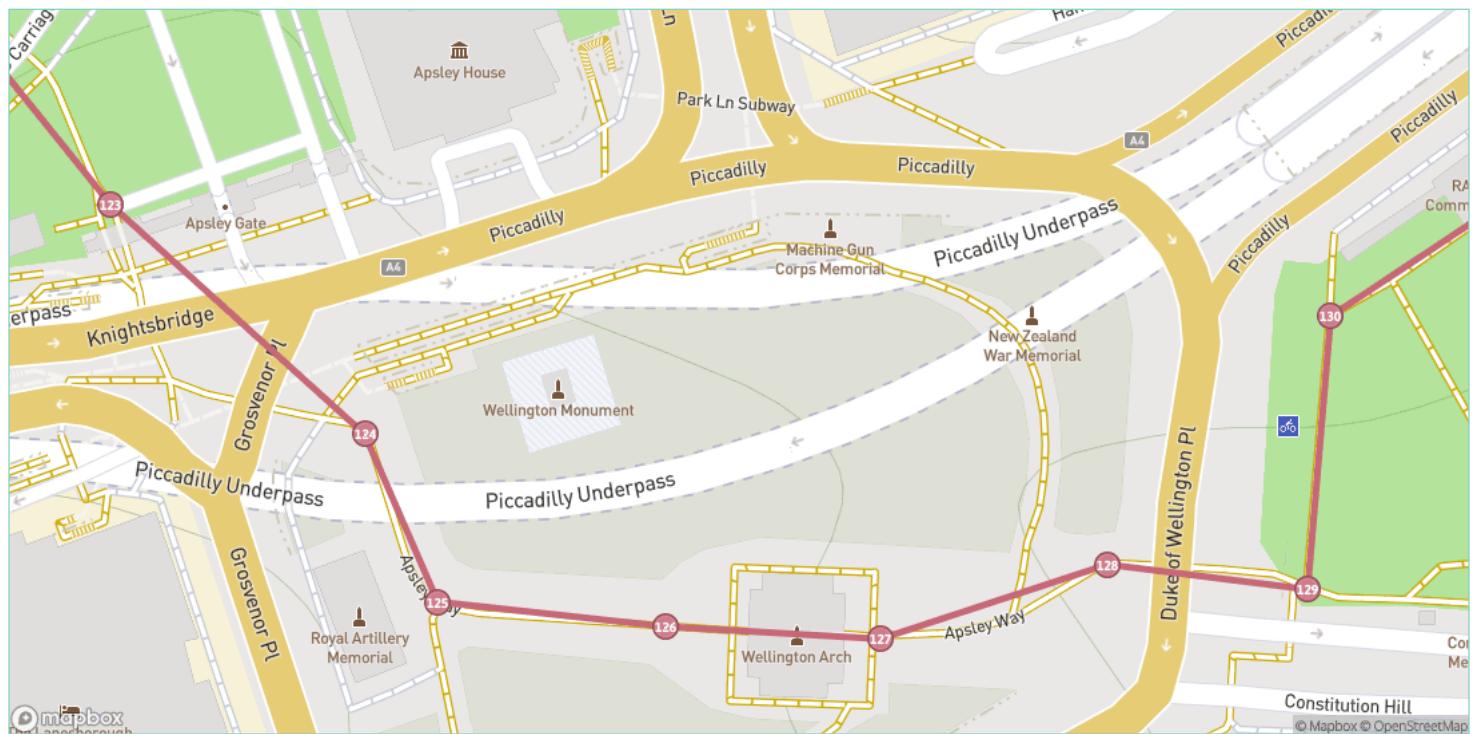
Step 118: You can still spot beautiful roses up until the first frost.

Step 119: The borders are beautiful!

Step 120: Head past the marble 'Boy and the Dolphin' sculpture by Alexander Munro (1862) and continue ahead between the bushes.

Step 121: It's that sculpture's third home, having moved from Park Lane and Regents Park to this spot. Follow the path towards the road up ahead.

Step 122: Cross the road at the pedestrian crossing.



Step 123: Keep crossing at the traffic islands to make your way towards the Wellington Arch, slight left.

Step 124: You'll pass the Royal Artillery Memorial as you go. Pause to take a look if you like.

Step 125: Continue through or around Wellington Arch. It was originally designed as an entrance to Buckingham Palace but was moved here in the 1880s.

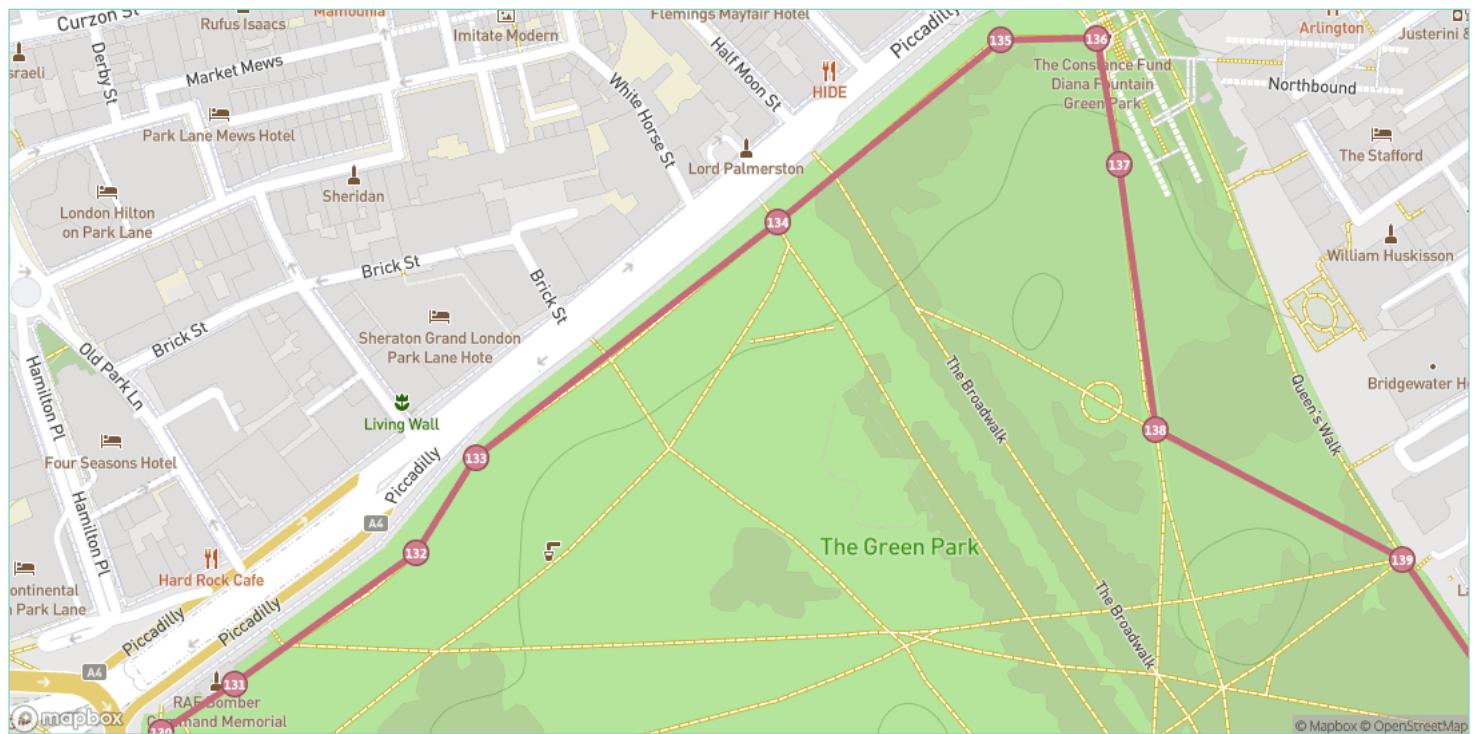
Step 126: Designed by Decimus Burton in 1825. Atop is one of the largest bronze sculptures in Europe, depicting the Angel of Peace. The arch used to house one of the smallest police stations and you can now book tours to visit the inside.

Step 127: Follow the path towards the next pedestrian crossing. More monuments to the fallen are on your left hand side.

Step 128: Cross over the main road and make your way into Green Park.

Step 129: Turn immediately left to walk around the outskirts of the park.

Step 130: Turn right here to walk past the upcoming memorial.



Step 131: This one commemorates the crews of RAF Bomber Command who embarked on missions during the Second World War.

Step 132: Continue following this path, enjoying the dappled light from the trees as you go. Here's an interesting fact for you. A legend suggests...

Step 133: ...that this park was named Green Park and has no formal flowerbeds because King Charles II's wife, Queen Catherine of Braganza was unhappy...

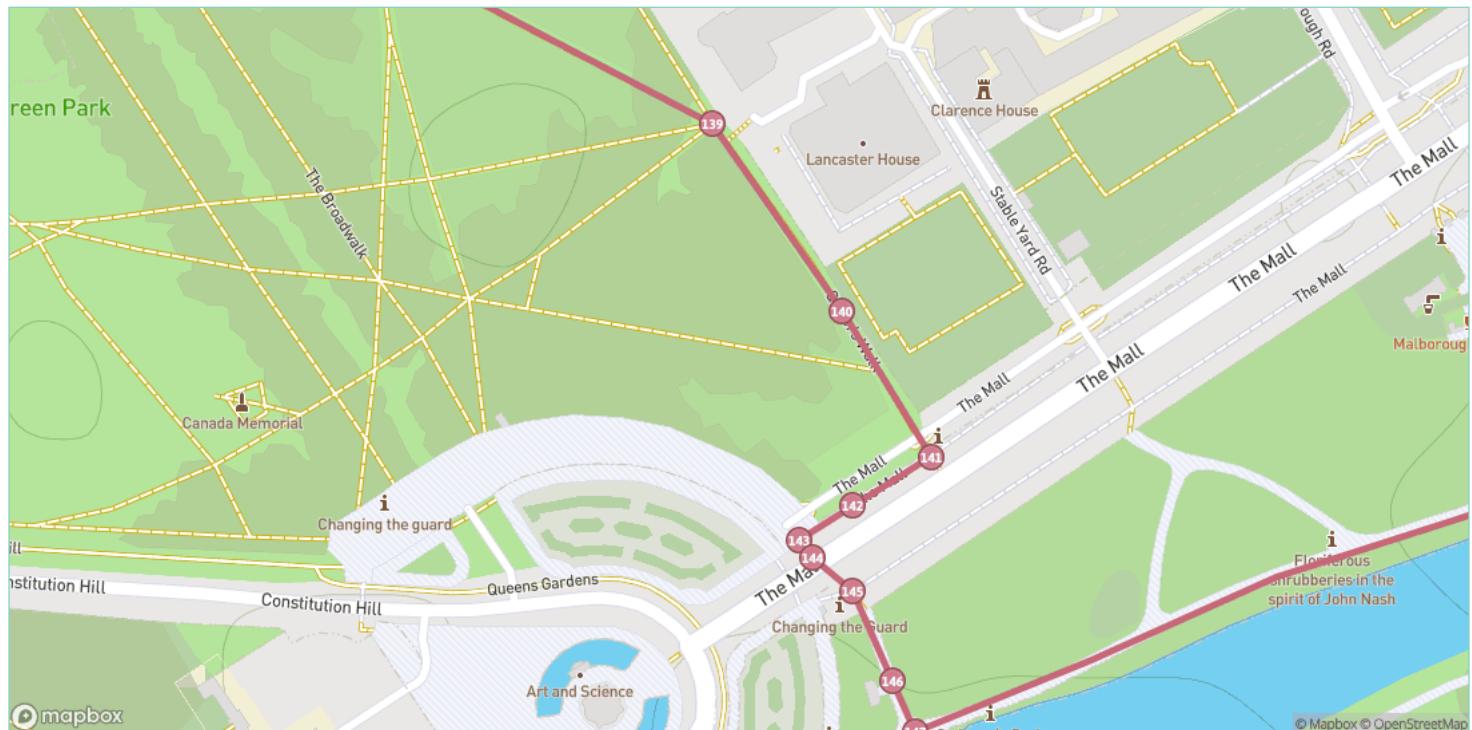
Step 134: ...to discover he had picked flowers from the park for one of his mistresses so she ordered all of the flowers to be pulled up!

Step 135: That's why there remains no flower beds to this day. What do you think? Urban legend or tall tale?

Step 136: Follow the path towards the end and continue as it bears right. Green Park tube station is on your left.

Step 137: Keep going, enjoying the sights and sounds of the season as you go. Get ready to take the next left when the park forks.

Step 138: Follow the path left at the junction. At the end turn right onto the footway known as Queen's Walk. Let's learn about another Queen...



Step 139: This path was originally created for Queen Caroline (wife of King George II) in 1730. Apparently it was her favourite place to promenade.

Step 140: Did you know the park around you used to be a royal hunting ground that was enclosed by King Charles II? It's great it's now for the people.

Step 141: At the end of the path turn right onto The Mall, a ceremonial route that was created in honour of Queen Victoria.

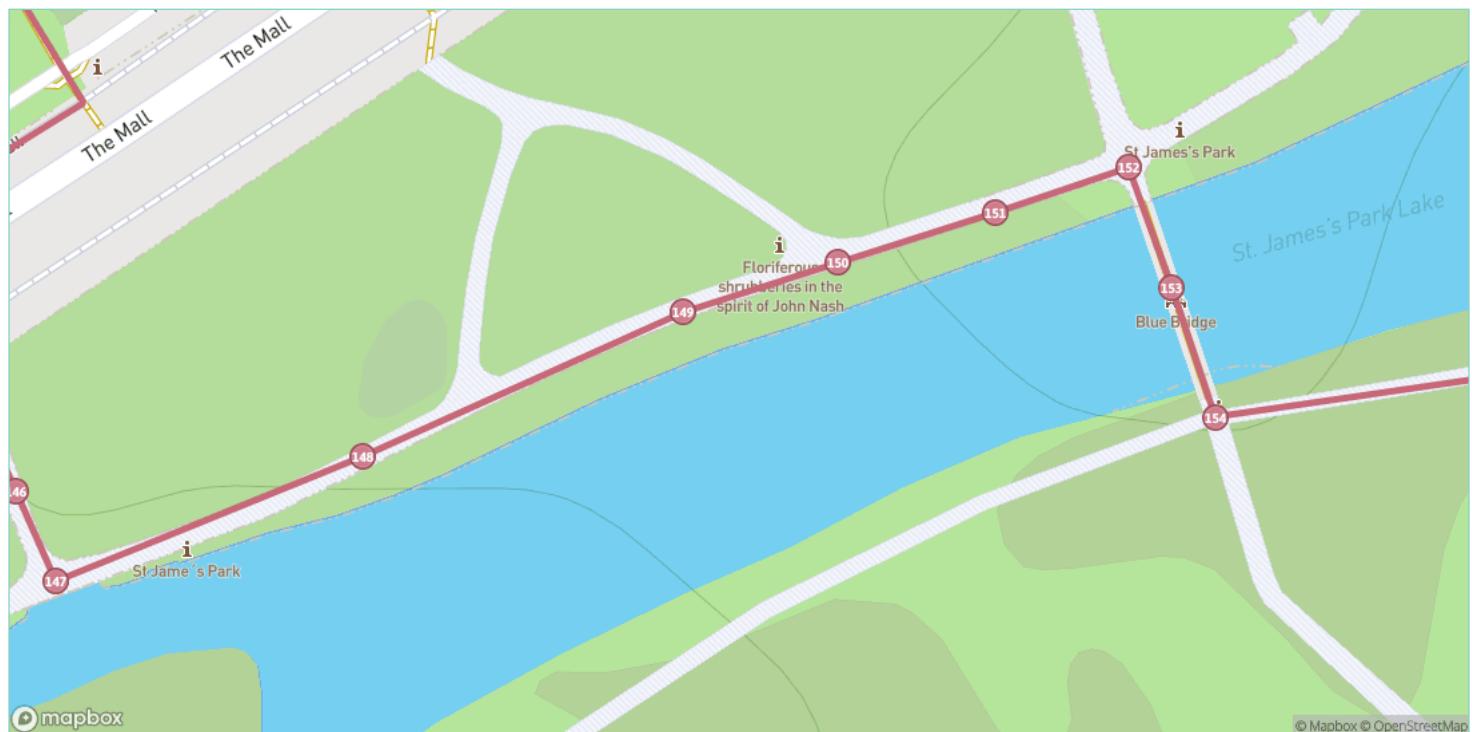
Step 142: Continue and you'll see Buckingham Palace up ahead.

Step 143: You can't miss the golden Victoria Memorial for Queen Victoria by sculptor Sir Thomas Brock.

Step 144: On your left, cross The Mall at the pedestrian crossing and turn left on the other side for a few steps.

Step 145: Take the path almost immediately right and head downhill into our next park, St James's Park.

Step 146: Look left for views of the London Eye in the distance.



Step 147: When you reach the water, turn left. It's time for some slow mindful walking, enjoying the calming scenery as you go.

Step 148: Take a moment to pause, perhaps on one of the many benches and find out more about the show from cast members Mark Addy & Noah Mullins. 

Mark Addy

Acclaimed screen and stage actor Mark Addy (The Full Monty, Game of Thrones) stars as Harold Fry in the West End production. Watch a short video where Mark talks to fellow cast member Noah Mullins about starring in the hit new show.

Watch video

<https://www.youtube.com/watch?v=sjV4DolKLXM>

Step 149: Don't be surprised if you come across some intriguing birdlife in St James's Park... it's home to 40 pelicans!

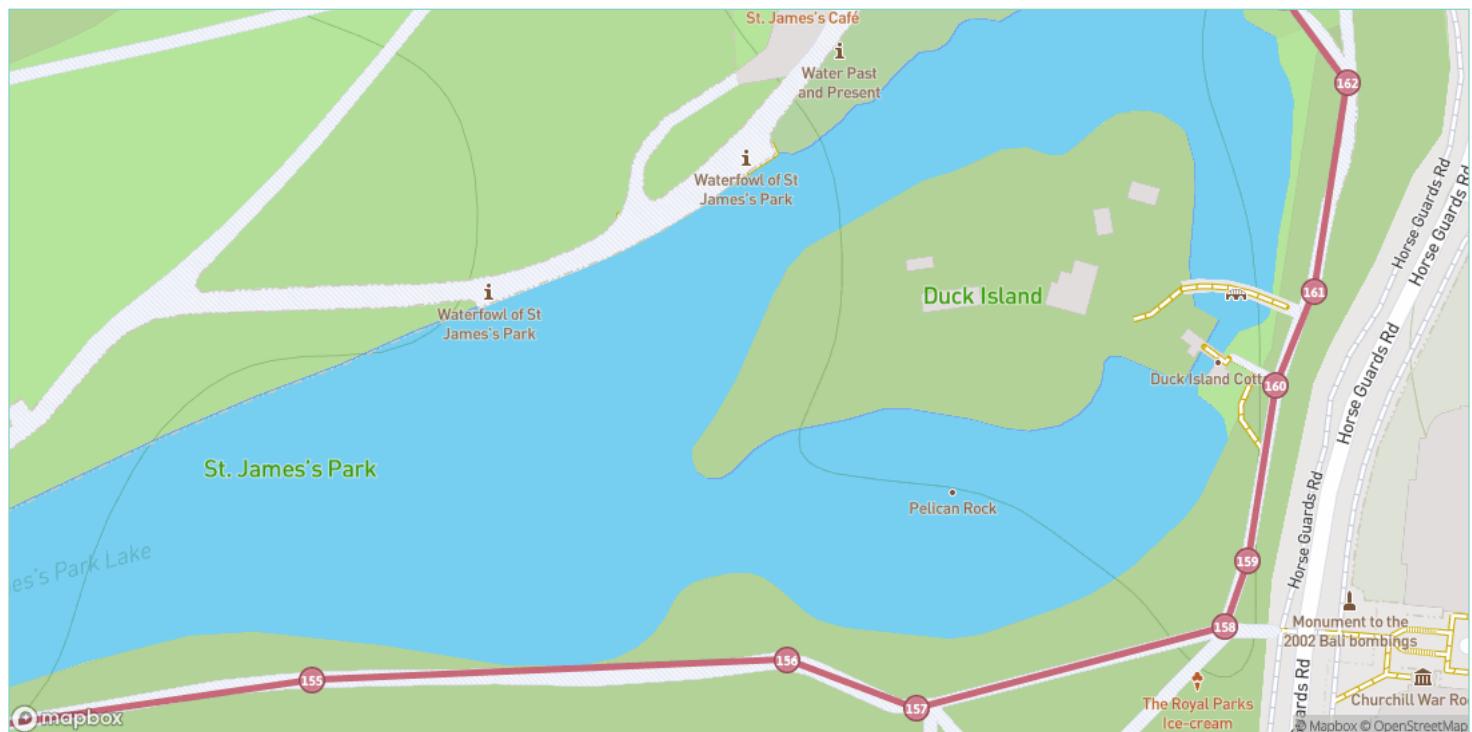
Step 150: They were first introduced to the park in 1664 as a rather quirky gift from the then Russian Ambassador. The pelicans are free to roam wherever they like and might even come and sit next to you on a bench if you're lucky.

Step 151: Continue walking alongside the lake. A blue bridge is up ahead and we're going to cross over it soon.

Step 152: Turn right onto the bridge and mind the bollards as you go.

Step 153: It's a stunning spot for pictures so get the camera phone out! 

Step 154: At the other side of the bridge, turn left to continue with us. The lake should be on your left. Keep walking right to the end.



Step 155: Whatever the season, take notice of the colours, sights, smells and sounds of nature. Does anything stimulate your senses here today?

Step 156: Look left for the fountain near Duck Island.

Step 157: We are so lucky to have so much green space in London. Did you know that London is actually 47% green space?

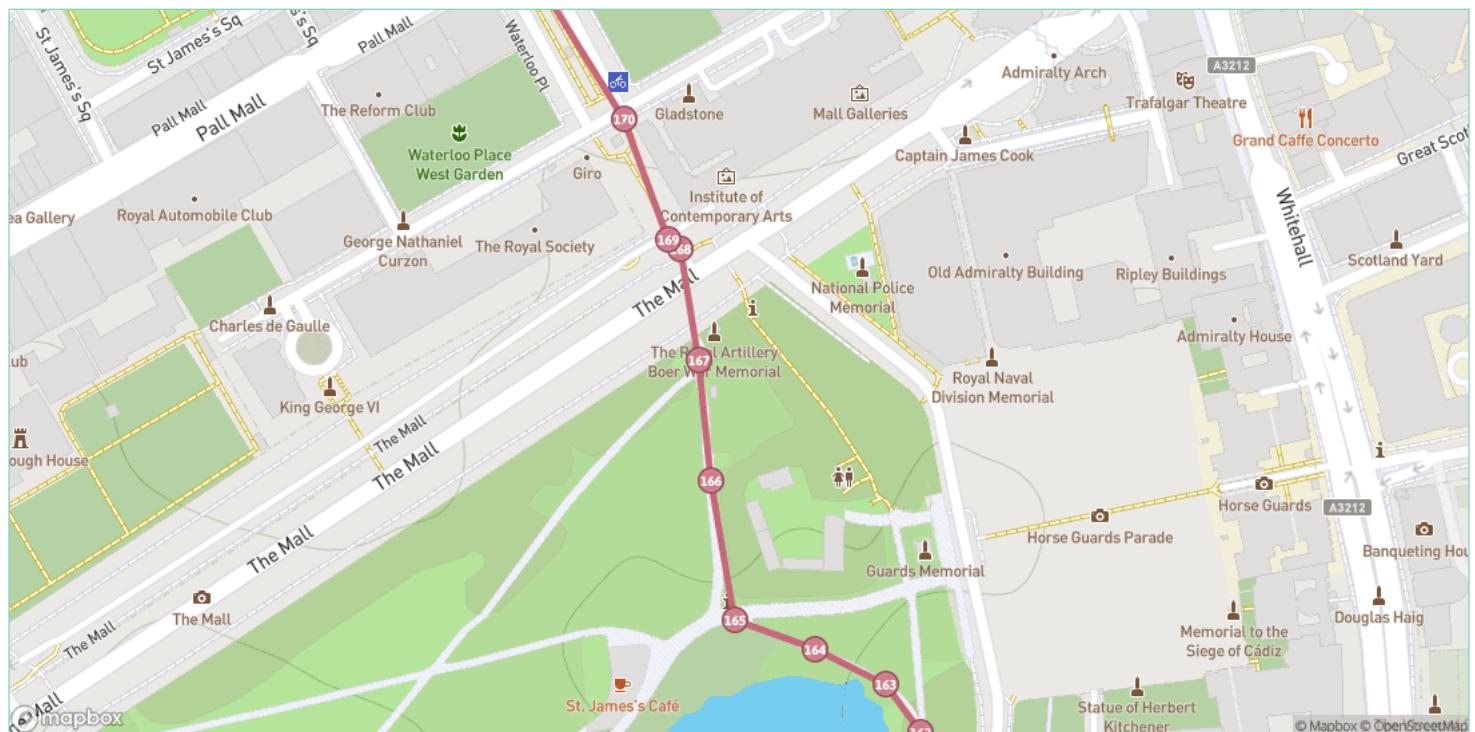
Step 158: Look out for these plaques on the ground. The Jubilee Greenway and Jubilee Walkway are other routes you can also find on the app.

Step 159: Follow the path as it bears left around the lake. Can you see a little gingerbread cottage?

Step 160: This is Duck Island cottage. Thursdays - Sundays you can visit the sustainable shop inside or enjoy the pretty garden outside anytime.

Step 161: Did you know that there are approximately 17 bird species that regularly breed in the park? You might be lucky enough to spot a heron!

Step 162: Continue walking around the outskirts of the lake. Enjoy this calm and tranquil moment before we head to the hustle and bustle of the city.



Step 163: Keep following the path around the lake. Do you have a favourite tree that you can see in the park?

Step 164: Up ahead you might spot a Ginkgo tree lining the path. They have beautiful green leaves that turn a spectacular gold in autumn.

Step 165: At the junction, take the second path on the right.

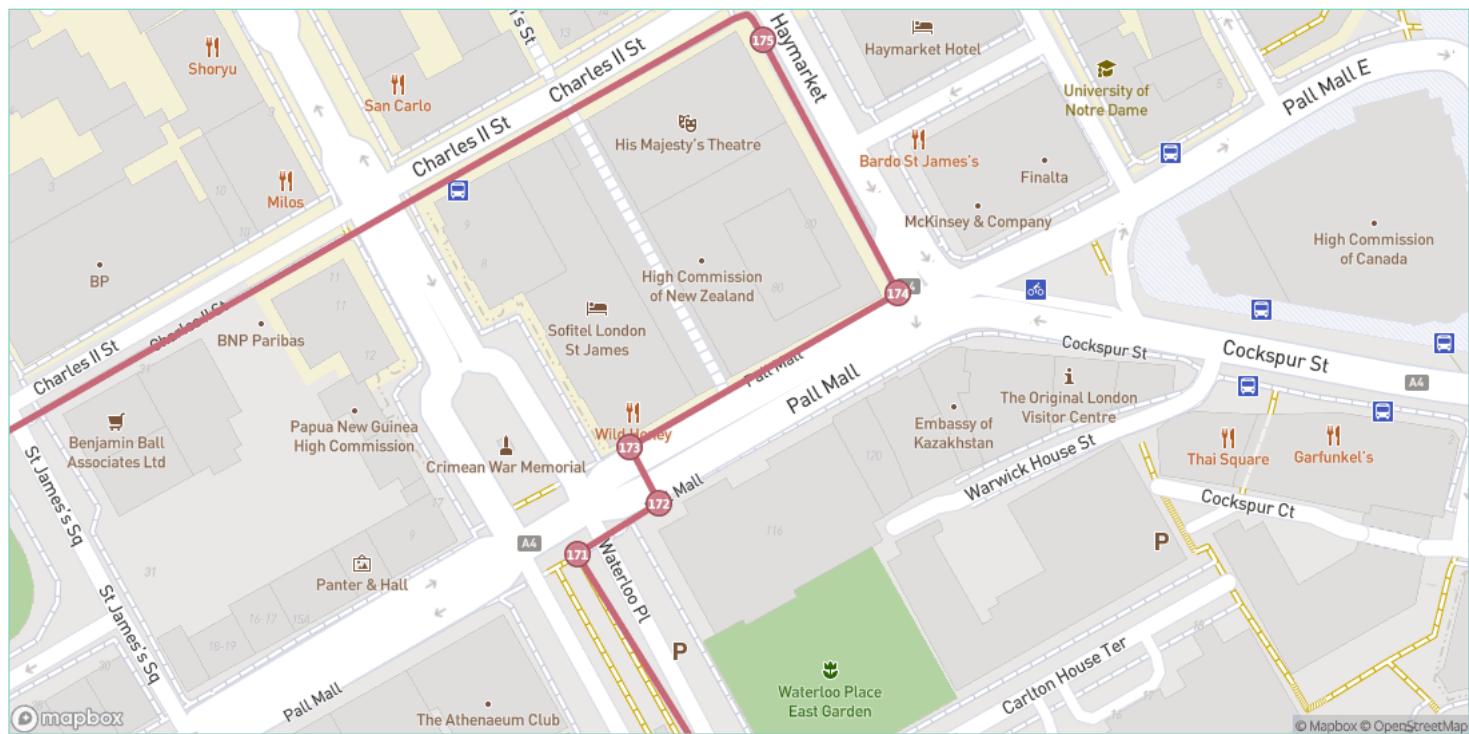
Step 166: Continue to the end of the path as we begin to make our way back to the start.

Step 167: Exit St James' Park and bear right. Make your way to the pedestrian crossing to cross The Mall.

Step 168: On the other side of The Mall you'll see the Institute for Contemporary Arts which has a cafe and toilets.

Step 169: To the left is the Duke of York column. Make your way up the steps.

Step 170: Cross over the road and continue ahead on the large island.



Step 171: At the end of the pedestrian island, turn right to cross the side road known as Waterloo Place and look for the pedestrian crossing.

Step 172: Then turn immediately left to cross Pall Mall at the pedestrian crossing. Turn right on the other side.

Step 173: Here you'll find another classic red postbox. Do you remember who you promised to write to earlier? Good! Don't forget. ☺

Step 174: At the next corner at the junction to Haymarket, turn left. Continue straight ahead to finish the walk at the theatre where we began.

One For the Road

To celebrate the end of your London Pilgrimage, 'Here's One For The Road'!

This song features in The Unlikely Pilgrimage of Harold Fry, and is performed by Noah Mullins who stars as 'The Balladeer' who helps narrate Harold's epic journey in the West End production. Noah sang the song at a special launch event preview in 2025 to celebrate the musical transferring to London in 2026.

Watch the performance

<https://www.youtube.com/watch?v=C7mm4cl4Fys>

Step 175: We hope you feel relaxed and rejuvenated after this urban nature pilgrimage! If you enjoyed it, please share the walk with friends and don't forget to get your tickets for The Unlikely Pilgrimage of Harold Fry!