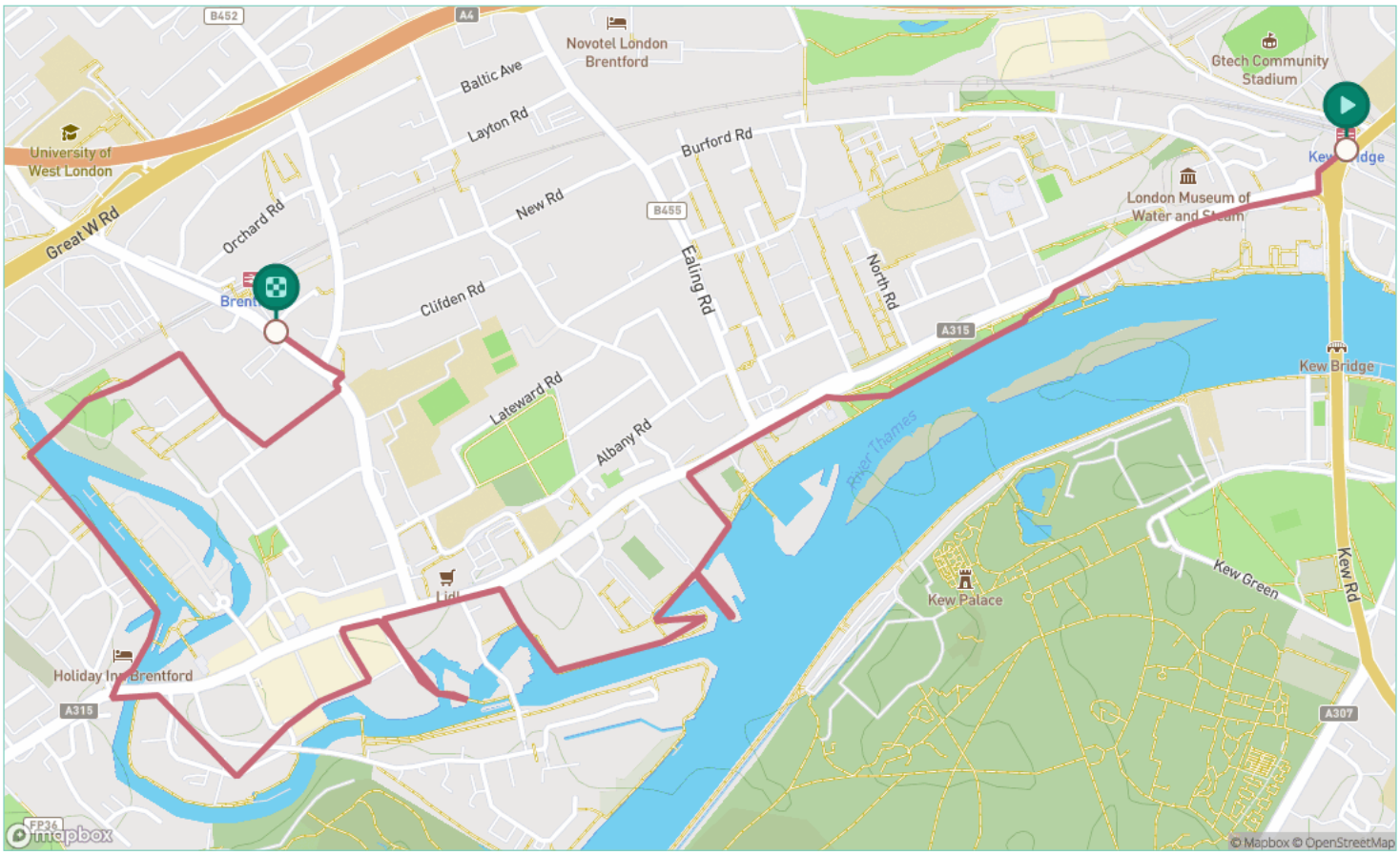
Brentford & Thames Path Step-free

A step free stroll along the Thames Path. Featuring views of Brentford Ait, waterside cafes and the river Brent.

Distance 4.2 kilometers / 2.6 miles
Duration 1 hour

Wildlife | Wheel friendly | Water feature | Refreshments | Public transport | Botanics



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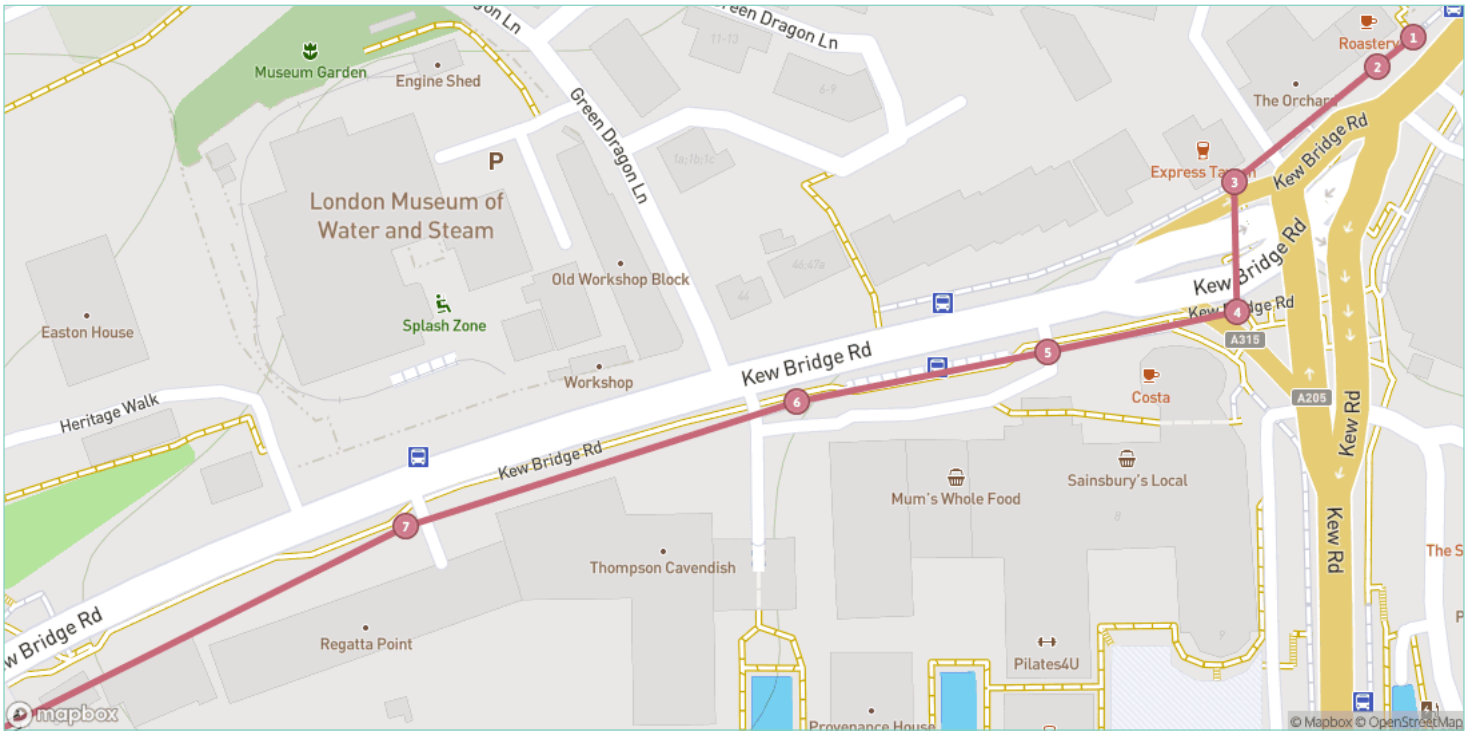

Step 1: The walk begins at Kew Bridge Station. The station is not step-free but various buses stop here.

Step 2: Turn right from the station onto Kew Bridge Road.

Step 3: Turn left to cross Kew Bridge Road towards the white and glass curved building on the opposite side.

Step 4: Turn right along Kew Bridge Road towards the big tower ahead.

Step 5: Bear slight left to take the pedestrian path, continuing forward.

Step 6: This big tower is part of the old Kew Bridge Pumping Station, now home to the Museum of Water & Steam. Worth a visit if you have time.

Step 7: Continue along Kew Bridge Road enjoying the shapes of the trees.

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Step 8: You'll also pass the Musical Museum which contains an amazing array of instruments. ♫

Step 9: Turn left to enter Waterman's Park. You're now on the Thames Path National Trail! 💚

Step 10: Continue into the park downhill with the Thames on your left. Follow the path left towards the river.

Step 11: Here you'll find Brentford Ait, an island in the Thames. Look out for the interpretation board to learn more about it.

Step 12: Brentford Ait is a long uninhabited ait (island) in the River Thames, with no buildings. Can you see any interesting birds?

Step 13: Continue along the Thames Path. There's a playground in the middle of the park for a fun stop with the kids.

Step 14: Look out for the information sign to read about the history of the park.

Step 15: After you've wandered through the park, head to the exit back onto Kew Bridge Road through the lovely ornate archway.

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Step 16: Turn left along Kew Bridge Road and continue for a few minutes.

Step 17: Turn left onto Goat Wharf, just before you get to the Premier Inn hotel, and head downhill towards the river.

Step 18: Turn right passing between the bollards to reach the Thames once again.

Step 19: Have you walked any other parts of the Thames Path? We have plenty more in-app.

Step 20: Continue with the Thames on your left and modern buildings on your right.

Step 21: Now we'll take a small detour to see a sculpture. Head left down this little cobbled path.

Step 22: Here you'll find the Liquidity sculpture by Simon Packard. A rippling sculpture, hand cut with patterns of curved lines and swimming fish.

Step 23: Get up close and admire the amazing carvings.

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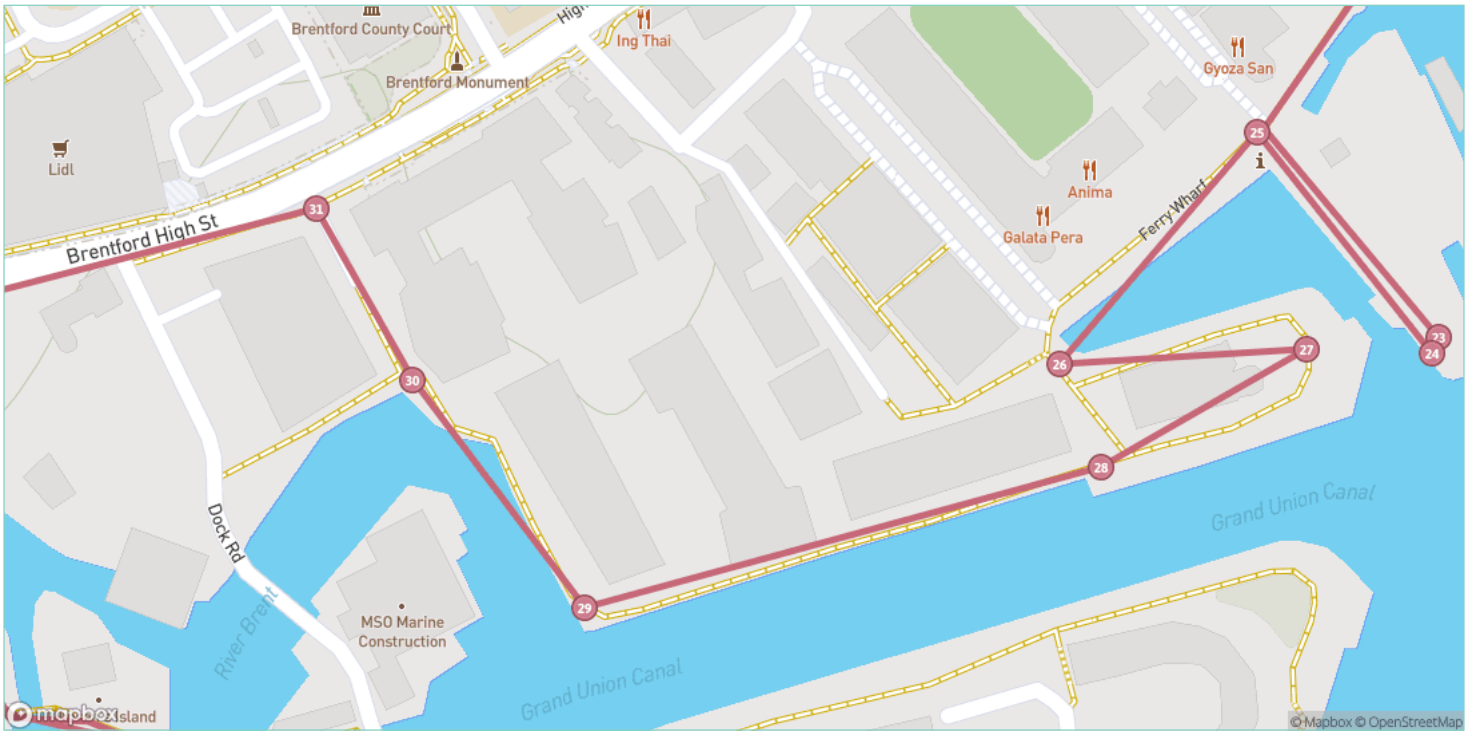

Step 24: Head back in the direction you came from to continue the walk.

Step 25: Turn left to stay on the Thames Path.

Step 26: Follow the path as it turns left, then left again around the boat yard.

Step 27: From here you can get another view of the sculpture.

Step 28: Continue along the Thames Path with the river to your left.

Step 29: Keep following the Thames Path to the right. Check out the boat warehouses across the river.

Step 30: Continue ahead as the path leads past some modern buildings. Keep straight ahead towards Brentford High Street.

Step 31: Turn left onto Brentford High Street and continue until you reach Catherine Wheel Road.

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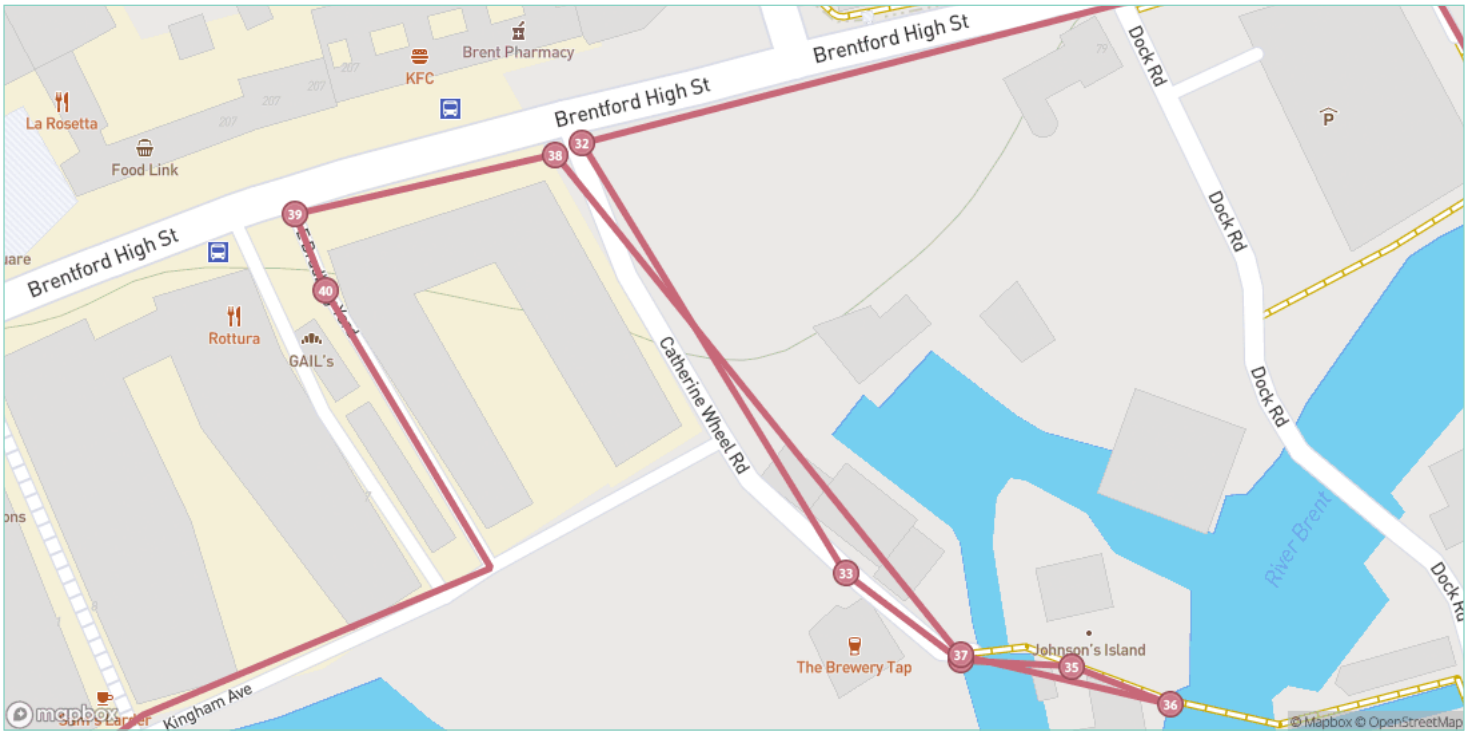

Step 32: Turn left onto Catherine Wheel Road and continue until you reach The Brewery Tap.

Step 33: Pop into The Brewery Tap if you fancy a pub stop.

Step 34: Just after the pub you'll see a little footbridge that takes you on a small detour to Johnson's Island.

Step 35: Johnson's Island is an artist's community set on a tiny island on the Grand Union Canal.

Step 36: Walk to the end for a great view of the Thames Lock.

Step 37: Head back towards the pub.

Step 38: Continue back up Catherine Wheel Road towards Brentford High Street.

Step 39: Take the first left onto Bradbury Yard.

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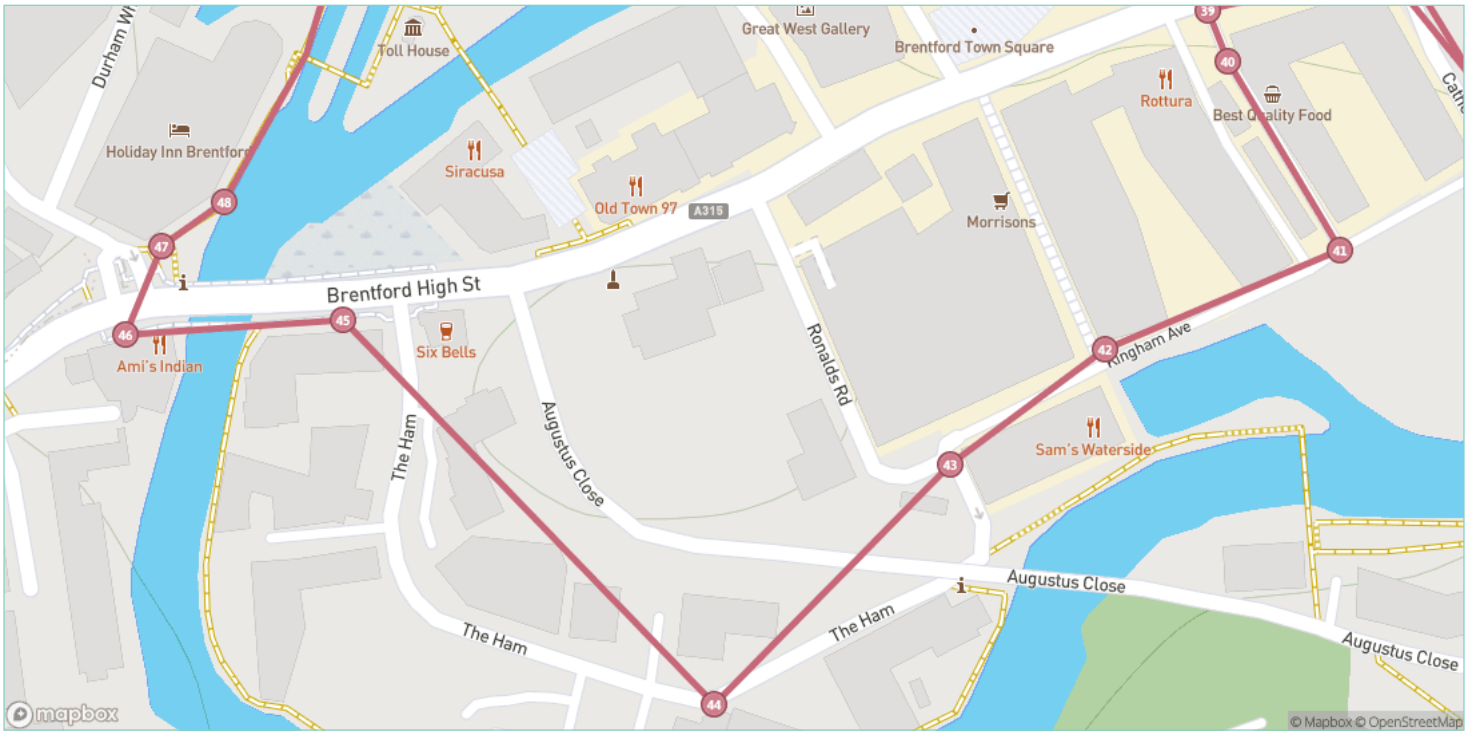

Step 40: There are lots of cafes and shops here if you want a break.

Step 41: Turn right onto Kingham Road. There is waterside seating and great eateries around here in Workhouse Dock.

Step 42: Check out the public art/unique bench and continue ahead.

Step 43: Turn left onto Boar's Head Yard, go under the rail bridge.

Step 44: Turn right and then continue along the quiet residential road called The Ham.

Step 45: Turn left onto Brentford High Street and cross the bridge over the Grand Union Canal.

Step 46: Cross the road towards the Holiday Inn and bear right on the other side to head down to the canal.

Step 47: You are now at Brentford Lock with the Grand Union Canal on your right.

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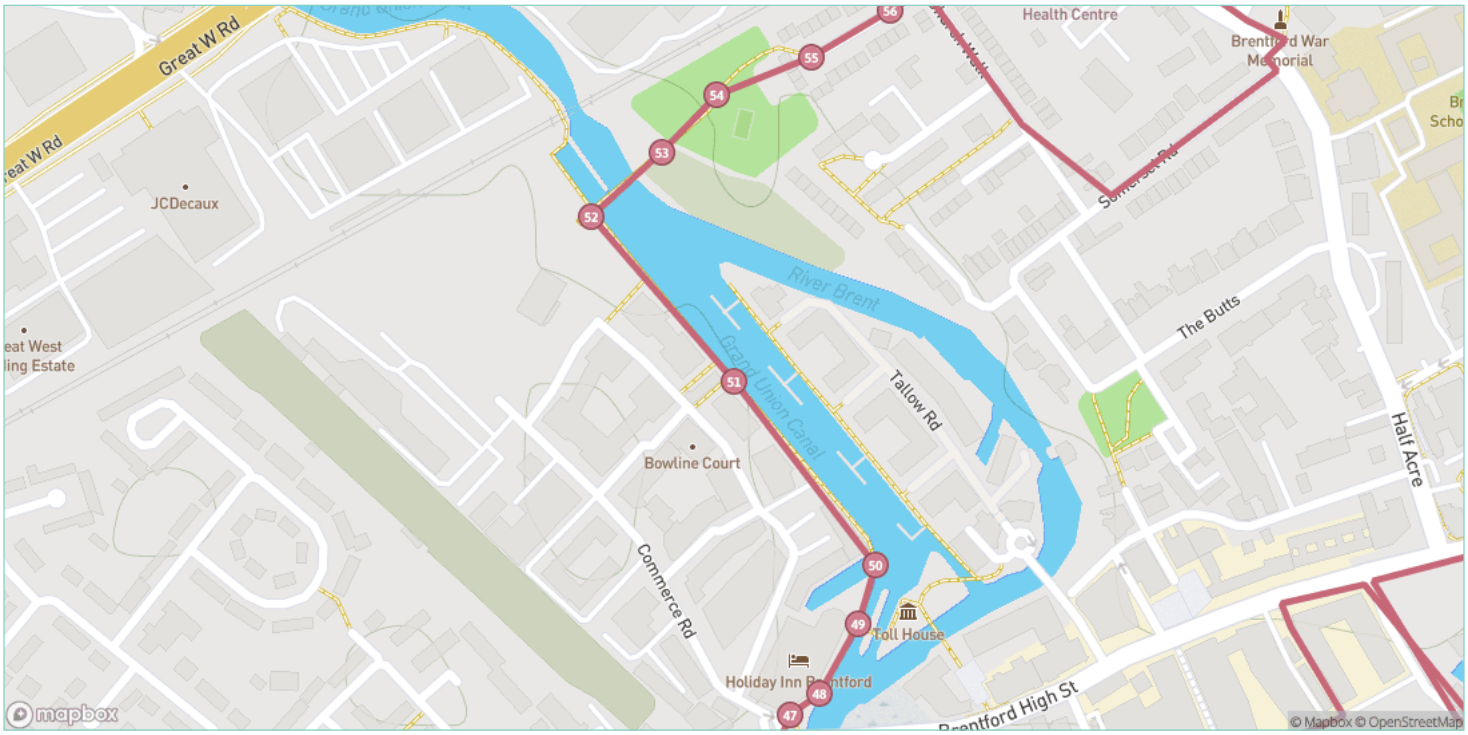

Step 48: Continue along this canalside path.

Step 49: Look over the canal to see the lock and old toll house, which is now home to a tiny museum.

Step 50: Cross the pedestrian bridge to continue on the path.

Step 51: Continue towards the bridge ahead with the canal on your right.

Step 52: Head up the ramp to cross Cornelius Bridge.

Step 53: Go straight ahead into Robin Grove Recreation Ground which has a newly planted orchard.

Step 54: Follow the path ahead. There's a play area here too! 🙏

Step 55: Exit the park onto Robin Grove and walk to the end of the road.

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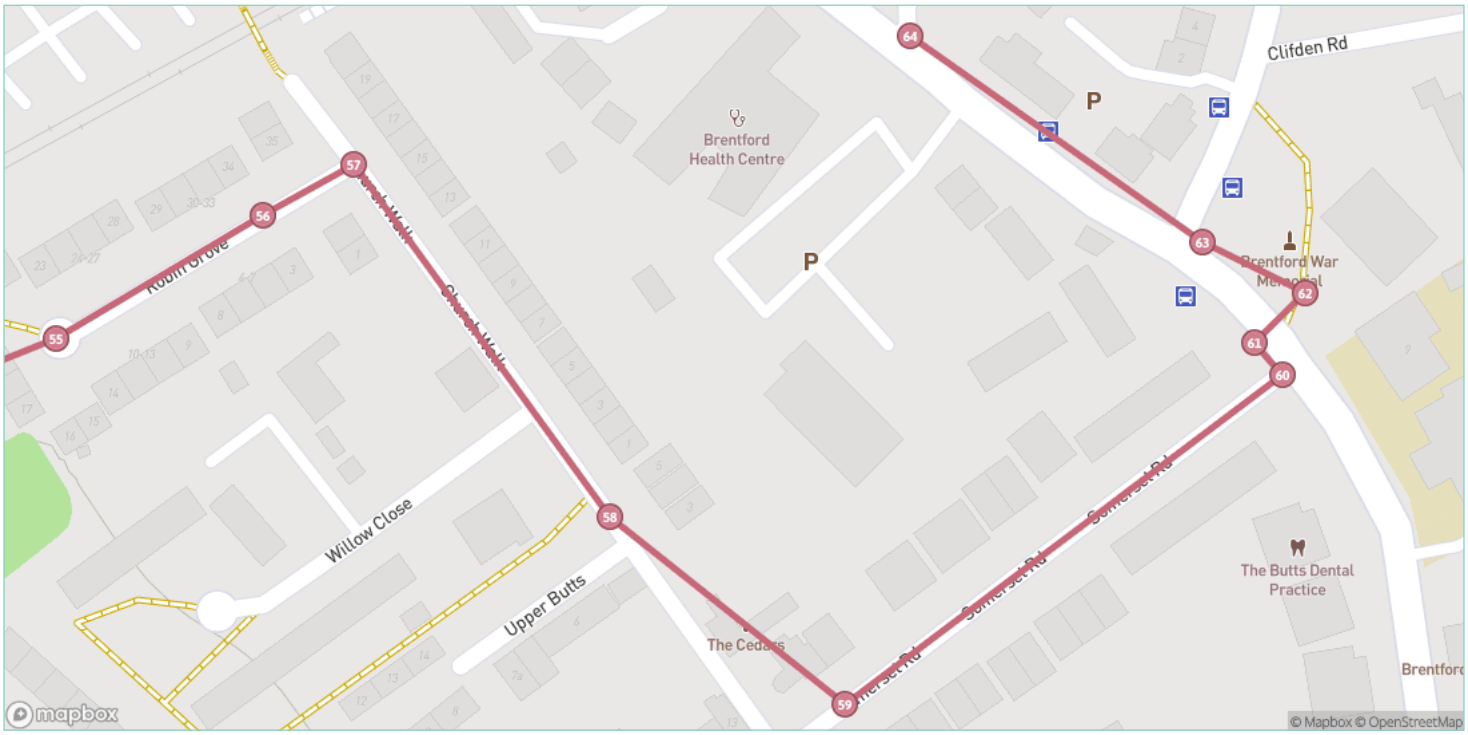

Step 56: Can you see any nice trees here?

Step 57: Turn right onto Church Walk.

Step 58: The pavement ends here so be careful on the road.

Step 59: Turn left and use the dropped kerb to cross Somerset Road then continue to the end of the street.

Step 60: Cross Somerset Road again onto Boston Manor Road by the traffic island.

Step 61: Cross Boston Manor Road towards Brentford Library.

Step 62: The library is in a beautiful Grade II listed building built in 1903.

Step 63: Continue left along Boston Manor Road. We are heading towards Brentford Station.

Step 64: The walk ends here at Brentford Station. We hope you enjoyed being waterside.

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